



LENT PRAYER BOOK

POWERFUL LENTEN RETREAT



MARY OUR HELP



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MARY OUR HELP LENTEN RETREAT

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MARY OUR HELP

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Wednesday, February 22nd, 2023
**MY AGONY IN THE GARDEN OF
GETHSEMANE**
Matthew 26:36-38

"Then Jesus went with his disciples to a place called Gethsemane, and he said to them, Sit here while I go over there and pray. He took with him Peter and the two sons of Zebedee. Grief and anguish came over him, and he said to them, The sorrow in my heart is so great that it almost crushes me. Stay here and keep watch with me." Matthew 26:36-38.

Word of the Lord:

My passion for the salvation of the human race started in the garden of Gethsemane.

The first pains of passion were felt in my Sacred Heart in the garden of Gethsemane.

Grief and sorrow were much in my Sacred Heart because of the bitter pains and suffering I was to pass through for your sake.

I could see how the world was going to have no regard for my sacrifice and passion at the expense of their souls.

Be conscious of my Sacred Heart always and avoid all that will cause me pain.

Be devoted to my Sacred Heart which suffered greatly for your sake.

The world has abandoned me, will you abandon me too?

Prayer:

Lord Jesus Christ, I adore the holy wounds of your Sacred Heart.

I thank you for your death for me, overtaking me from death and destruction.

Lord Jesus Christ, help me to always dread all that will hurt your Sacred Heart.

I give myself totally to you and your Sacred Heart.

Jesus, I love you, all I have are yours, yours I am and yours I want to be, do with me whatever you will.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to the Sacred Heart of Jesus Christ.



Thursday, February 23rd, 2023
WAKE UP FROM SLUMBER
Matthew 26:40-41

"Then he returned to the three disciples and found them asleep; and he said to Peter, How is it that you three were not able to keep watch with me for even one hour? Keep watch and pray that you will not fall into temptation. The spirit is willing, but the flesh is weak."

Word of the Lord:

My child, I am always available for men to pray with me, but only very few pray to me.

I am neglected and alone, abandoned by the ones I love.

I am lonely in the empty chapel of adoration in many churches.

I am abandoned and left in grief when those I love do not receive my most precious body and blood in the Holy Eucharist.

How much time do you spend praying to me daily?

How much time do you spend with the things of the world?

Keep watch and pray to me always, that way you will be able to overcome the temptations of the devil.

How can you achieve my will when you don't communicate with me often?

Wake up and pray to me because time is short.

Wake up and pray, pay attention to the time you put into prayer.

Give me your quality time and not your spare time.

Do not seek me only when there is trouble, pray with me every day in this evil world.

Wake up and pray because time is short.

Prayer:

Lord Jesus Christ, please give me your Holy Spirit to strengthen my mortal body for prayer.

Help me to always spend quality time with you every day.

Lord Jesus Christ, please transform my prayer life.

Please wake me from my spiritual slumber and help me to pray.

(Mention all your intentions here).

Exercise:

Say the Holy Rosary and ask Jesus to have mercy on you.

Ask Him to wake you up from all forms of spiritual slumber.

Ask Him to give and sustain hunger for prayer in your soul.



Friday, February 24th, 2023

FRIDAY PRAYER AND FASTING

Prayer:

- (Mention all your intentions here).
- Say the Stations of the Cross
- Fast from food and water (6am - 12pm, 1pm, 2pm, 3pm, 6pm) according to your capacity.
- [Click here to view the prayer point for today.](#)
- Please make sure you give alms today.



February 25th, 2023

DO NOT EXCHANGE ME WITH VAIN THINGS OF THIS WORLD

Matthew 26:46-50.

"Get up, let us go. Look, here is the man who is betraying me! Jesus was still speaking when Judas, one of the twelve disciples, arrived. With him was a large crowd armed with swords and clubs and sent by the chief priests and the elders. The traitor had given the crowd a signal: The man I kiss is the one you want. Arrest him! Judas went straight to Jesus and said, Peace be with you, Teacher, and kissed him. Jesus answered, Be quick about it, friend! Then they came up, arrested Jesus, and held him tight." Matthew 26:46-50.

Word of the Lord:

The ones I love are betraying me for worthless things.

Those I chose to serve on my altar are betraying me because of the flesh and pleasures of this world, things that fade away.

Men betray me by killing their neighbours for money and wealth.

Men betray me by taking bribes and perverting justice.

Men betray me each time they chose to go the way of the world instead of staying with me.

I am betrayed when men use my blessings and gifts to promote themselves and to seek material gains.

I am betrayed when no one speaks my real word to this sinful world but twists it to please men.

Will you betray me too or will you stand by me?

Will you abandon my cross and walk away too?
Will you sell me off like my beloved apostle for money?
Will you trade me and things that are of me?

Prayer:

Lord Jesus Christ, I am sorry if I have ever betrayed you.
I pray for the repentance of all those who betray you.
Give me the grace to love you with all my heart and soul.
Help all those who serve you on the altar not to betray you
and the office you have given to them.
Lord Jesus, I love you, all I have are yours, yours I am and
yours I want to be, do with me whatever you will.
(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus Christ in
consolation.



Sunday, February 26th, 2023

DO NOT FORSAKE ME, MY CHILD

Matthew 26:56

"Then all the disciples left him and ran away."
Matthew 26:56.

Word of the Lord:

They all left me and ran away because they were afraid.
My beloved ones ran away from me at the time I needed them the most.

People tend to run away from me in a bid to preserve their lives; they do not know that staying with me is the source of preservation.

Was there anyone that followed me to Calvary that was hurt?

John the beloved was with me; he was preserved and was the only apostle that was not martyred.

Do not forsake me in this sinful world; it is the only source of your preservation.

Anyone who tries to save his life will lose it, but anyone who loses his life for my sake will save it.

You save your life by deciding to let it go for my sake.

People forsake me because they do not want to follow the way of the cross with me.

Will you forsake me too?

Will you leave me and run away, especially now that I need you the most at this time when the world hates me the most?

Prayer:

Lord Jesus Christ, I will never leave you nor forsake you.

Lord Jesus Christ, I will follow the way of the cross for the preservation of my soul.

Give me the grace to carry my cross and follow you.

Give me the grace to stand for you in this sinful world.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus Christ, and ask Him to help you to walk in the way of the cross all your life.



Monday, February 27th, 2023

CONSOLATION TO THE HOLY FACE OF JESUS CHRIST

Matthew 26:67-68

"Then they spat in his face and beat him; and those who slapped him said, Prophecy for us, Messiah! Guess who hit you!" Matthew 26:67-68.

Word of the Lord:

My beloved, for your sake my creatures slapped me on my face.

They slapped the face of the one through whom all things were made.

They punched me in my face and asked me to prophesy in mockery of my identity.

Men spat on the face of the God who sustained their lives.

The world is still doing this to me; even my people are still doing this to me.

They strike me right in my face and mock me, they are taking my patience for granted.

I love that you and all men console my Holy Face which suffered humiliation for your sake.

Prayer:

Lord Jesus Christ, I console you for the sorrow that I and the world cause you.

I adore your Holy Face which bore many insults from men and is still bearing many insults from men.

Lord Jesus Christ, have mercy on us and spare us.
Lord Jesus Christ let your Holy Face shine upon me and the
whole world.
(Mention all your intentions here).

Exercise:

Say the Holy Rosary, offer it to the Holy Face of Jesus
Christ.



Tuesday, February 28th, 2023

DO NOT DENY ME

Matthew 26:69-75

"Peter was sitting outside in the courtyard when one of the High Priest's servant women came to him and said, You, too, were with Jesus of Galilee. But he denied it in front of them all. I don't know what you are talking about, he answered, and went on out to the entrance of the courtyard. Another servant woman saw him and said to the men there, He was with Jesus of Nazareth. Again Peter denied it and answered, I swear that I don't know that man! After a little while the men standing there came to Peter. Of course, you are one of them, they said. After all, the way you speak gives you away! Then Peter said, I swear that I am telling the truth! May God punish me if I am not! I do not know that man! Just then a rooster crowed, and Peter remembered what Jesus had told him: Before the rooster crows, you will say three times that you do not know me. He went out and wept bitterly. Matthew 26:69-75.

Word of the Lord:

Men deny me in this age to get favour from the rulers of the world.

Many of my beloved ones deny me out of fear of persecution and trials.

My child, will you deny me?

Will you deny me through your way of life?

Will you deny me by being ashamed to be identified as a

Christian?

Will deny me by turning against your faith and belief?

Do not be afraid to proclaim my name and to identify as my own.

You are the light of the world; standing for me will affect the lives of those who do not know me.

If you refuse to deny me, I will be there to cover and protect you from the anger of the enemy.

Prayer:

My Lord Jesus Christ, forgive me for all the times I have denied you knowingly and unknowingly.

Help me to live for you alone.

Help me to proclaim you with my life in every possible way.

Lord Jesus Christ, give me the grace never to deny you in this life.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus Christ, asking for the grace to live for him, proclaim him and never deny him in this life.



Wednesday, March 1st, 2023

THEY CHOSE THE THIEF OVER ME

Matthew 27:20-21

"The chief priests and the elders persuaded the crowd to ask Pilate to set Barabbas free and have Jesus put to death. But Pilate asked the crowd, which one of these two do you want me to set free for you? Barabbas! They answered." Matthew 27:20-21.

Word of the Lord:

My heart grieved so much when my creatures chose to spare a thief and kill their Lord.

The choice made, shows the world choosing their enemy over me.

The thief they chose is synonymous with the devil who is known as a thief.

They preferred the thief to their own God.

The world has abandoned me and has chosen the devil over me.

The world runs after the thief and sells their souls to him for the crumbs he has stolen for nations, kingdoms and destines.

They have chosen to dine with the enemy and embrace him with open arms.

They have become one with him and have chosen him to lord over them.

My beloved, will you choose me today as your lord or will you choose the thief who goes around with empty

promises?

Will you choose life or death?

The thief was released then into their midst, but at the end, he shall be bound with all his followers in the deepest depth of hell, where there will be perpetual agony.

Prayer:

Lord Jesus Christ, I choose you this day as my Lord and my God.

I reject the devil and all that has to do with him.

I reject the empty promises of the devil.

I go against the crowd of this age to choose you as my Lord and God.

Preserve me Lord Jesus in you.

Help me to hate the devil and all his ways.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus Christ, tell Him that you have chosen Him with your heart as your Lord.



Thursday, March 2nd, 2023

WHAT WILL YOU DO WITH ME?

Matthew 27:22

"What, then, shall I do with Jesus called the Messiah? Pilate asked them. Crucify him! they all answered."

Word of the Lord:

I gave myself to the world but they threw me away along with my sincere love for them.

What gift can ever be greater than that which I have to the world?

I came down from heaven, giving everything to the world and they threw it away.

They threw away my incarnation.

They threw away the act of love which made me leave my throne and come down to earth.

I was born amid animals for the sake of man but the world threw it away.

I walked about to teach and bring back their soul, I fed them and made available my body and blood for them.

The world disregarded all my sacrifices.

My child, what will you do with me?

The best they could do was to crucify me, will you crucify me too?

I expect that you make the most of me.

I expect that you make the most out of my passion.

I expect that you make the most out of my body and blood.

I expect that you enter deeper into me and explore my

power.

I expect that you make the most of me and the sacrifice I have offered for your sake.

Prayer:

My Lord and my God, I thank you for offering yourself to me.

I refuse to crucify or reject you and all you did for my sake.

My lord Jesus Christ, help me make the most of your passion, your wounds, your blood, your death, your resurrection and your power.

I refuse to crucify or reject you but treasure you in the deepest part of my heart.

Jesus, I love you, all I have are yours, yours I am and yours I want to be, do with me whatever you will.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus, telling Him how much you love him. Offer the Rosary in appreciation for all He has done for you.



Friday, March 3rd, 2023

FRIDAY PRAYER AND FASTING

Prayer:

- (Mention all your intentions here).
- Say the Stations of the Cross
- Fast from food and water (6am - 12pm, 1pm, 2pm, 3pm, 6pm) according to your capacity.
- [Click here to view the prayer point for today.](#)
- Please make sure you give alms today.



Saturday, March 4th, 2023

THE SCOURGING AT THE PILLAR

Matthew 27:26

"Then Pilate set Barabbas free for them; and after he had Jesus whipped, he handed him over to be crucified."
Matthew 27:26.

Word of the Lord:

My child, do you remember the word in the book of Isaiah 52:14 which says: "Many people were shocked when they saw him; he was so disfigured that he hardly looked human."?

It was the scourging that disfigured me to a point where I hardly looked like a human being.

They beat me mercilessly all over my body because of you. With each blow, my flesh was torn away from my body and so much blood gushed out from my wounds.

I was scourged until I was deformed until I hardly looked like a human being because of you my child.

My child, the world is still scourging me with the evil atrocities they commit every minute.

I am in grief because my children beat me up daily.

Many people don't care about the sacrifice offered for their sake.

I want you to always think about my passion.

I want you to bear my marks on your body.

As I suffered for your sake, are you willing to suffer for me?

Are you willing to bear the blows the enemies will throw at you for my sake?

Prayer:

I adore the holy wounds of your most precious body scourged at the pillar mercilessly for my sake.

I adore the most precious blood that gushed out in abundance for my sake during your painful scourging.

Lord Jesus Christ let the marks of your scourging be imprinted in my life and on my soul forever.

Help me never to scourge you with my sins.

I give myself to you Lord Jesus, and I console you for all the agony and pains you feel.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to the wounded body of Jesus Christ scourged mercilessly at the pillar.



Sunday, March 5th, 2023

THE SCARLET ROBE

Matthew 27:28

"They stripped off his clothes and put a scarlet robe on him." Matthew 27:28.

Word of the Lord:

My child, I want you to love me the way I love you.

I want you to consider the sacrifice offered for your soul, which was lost and on its way to eternal destruction.

My child, no one can love and care for you as I do.

My child, I was stripped of my clothes by my children whom I created and clothed.

They tore off my clothes from my flesh which caused me great agony and pains.

Blood gushed out from my body as my wounds were opened again.

The world had great delight in stripping me of my clothes to humiliate me.

To further mock me, they clothed me with a scarlet.

Do you remember the book of Revelation 17:4-5, about the woman dressed in scarlet? It says: "The woman was dressed in purple and scarlet, and covered with gold ornaments, precious stones, and pearls. In her hand, she held a gold cup full of obscene and filthy things, the result of her immorality. On her forehead was written a name that has a secret meaning: Great Babylon, the mother of all prostitutes and perverts in the world."

My child, you can see the significance of the scarlet robe they put on my body.

I, your God who is the model of purity was mocked with the garment of iniquity and evil of the world.

I want you never to clothe yourself with iniquity or perversion of any kind.

Hate sin, run away from it.

Do not allow yourselves to be clothed with the filthy garment of sin and iniquity.

Tear off from your body, every filthy garment that may be in your life and never put it on again.

Prayer:

My Lord Jesus Christ, I console you for the insult, humiliation and great pains you suffered.

My lord Jesus Christ, I tear off with sorrow in my heart every scarlet garment of sin in my life.

Lord Jesus, I give you my whole life.

Put on me your garment of purity, holiness and righteousness.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus Christ, asking Him to clothe you with the garment of holiness.



Monday, March 6th, 2023

THE CROWNING WITH THORNS

Matthew 27:29

"Then they made a crown out of thorny branches and placed it on his head" Matthew 27:29.

Word of the Lord:

My child, no aspect and part of my life was not afflicted by the wickedness of the world for your sake.

For my sake, a crown was made from sharp piercing thorns and placed on my head.

The thorns were so much in hundreds and very sharp, piercing my head and causing deep injuries in my Sacred head.

They pressed the thorns deeper and deeper into my head out of wickedness.

They pierced the temple of divine wisdom with sharp thorns, abundant blood poured out of my sacred head for the sins of the world.

The crown of thorns was a mockery of my divine kingship. The world does not want me to be their king and has rejected me.

Will you reject me too?

Are my truly the king of your life?

Do I have the highest authority over you, or is there something else that is ruling over your life?

Prayer:

My Lord Jesus Christ, I adore the holy wounds of your sacred head crowned with thorns.

I adore the most precious blood that gushed out of your sacred head.

I accept you as the king and the lord of my life.

Lord Jesus, help me to advance your kingdom on earth by your grace.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to the sacred head of Jesus Christ crowned with thorns.



Tuesday, March 7th, 2023

THEY MOCKED MY SCEPTRE OF POWER AND AUTHORITY

Matthew 27:29

"They put a stick in his right hand; then they knelt before him and made fun of him. Long live the King of the Jews! they said." Matthew 27:29.

Word of the Lord:

My child, do you remember the book of revelation 12 verse 5? "Then she gave birth to a son, who will rule over all nations with an iron rod."

The iron rod is a symbol of my authority over all the nations of the world.

To make a mockery of me and my authority, they gave me a stick which is useless and irrelevant.

They mocked my authority and kingship for your sake.

The children of the world do not want me to have authority over their lives.

My child, as your shepherd and your God, do I have authority over your life?

Do you keep my commandments, does my word have authority over your life?

If you place yourself under my authority, my iron rod will defend and protect you, striking a deadly blow to your enemies.

Prayer:

Lord Jesus Christ, I ask that you rule over me with your power and great authority.

Give me also measures of your authority to adequately represent and promote you in this sinful world.

Jesus, I love you, all I have are yours, yours I am and yours I want to be, do with me whatever you will.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus Christ, praying for the reign of His authority over your life.



Wednesday, March 8th, 2023

CONSOLATION TO THE SACRED HEAD OF JESUS

Matthew 27:30

"They spat on him, took the stick and hit him over the head." Matthew 27:30.

Word of the Lord:

For your sake, the enemies spat on my face and hit my sacred head violently with a stick, the head upon which rest the crown of thorns.

They hit my head causing me great pain and sorrow.

They spat on my face with spittle, the face of their God.

Humanity spits on my face through rebellion in response to my love and sacrifice for them.

Many people don't want to hear my name.

Men do not care that I died, they try all they can to suppress everything about me from their society.

Moses struck the rock in the wilderness and lost the Promised Land.

Many are striking the cornerstone in this age and are on their way to eternal damnation.

Do not strike the wisdom of God made available in my death and resurrection for the salvation of mankind.

I want you to console me by first living for me.

I want you to console me by being close to me, and praying to me always.

Prayer:

My Lord Jesus Christ, I console your holy face spat on by the enemies.

I console you for the pain you felt when men struck your head violently with a stick.

I am sorry for all the times I have stuck you with my sins.

Give me the grace to console with my life and never strike you.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus Christ, in consolation to His sacred head.



Thursday, March 9th, 2023

**REMEMBER WHERE YOU CAME
FROM**
John 19:9

"He went back into the palace and asked Jesus, Where do you come from? But Jesus did not answer."

Word of the Lord:

Pilate wanted to know where I came from, but I decided not to answer Him.

Where I came from is beyond man's comprehension.

A place so beautiful and glorious from where the devil was cast away.

Nothing impure can enter this place and I am the door of this wonderful kingdom.

No one can enter without me, and no one who rejects me can pass through.

Remember your original home where you will find true rest.

Do not forget that you are on a journey in this world, this world is a wilderness.

Heaven is the Promised Land; do not allow anything or anyone to deceive you.

If it was not real, I wouldn't have come down to die for you.

Prayer:

Lord Jesus Christ, give me the grace to make it to heaven.
Help me to live a life required and befitting to make heaven.

Plant a longing for heaven in my soul.

Lord Jesus Christ, I give you my soul that it may never be lost in this wilderness.

I want to be where you are forever.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus Christ, asking him to give you all the graces needed to make heaven.



Friday, March 10th, 2023

FRIDAY FASTING AND PRAYER

Prayer:

- (Mention all your intentions here).
- Say the Stations of the Cross
- Fast from food and water (6am - 12pm, 1pm, 2pm, 3pm, 6pm) according to your capacity.
- [Click here to view the prayer point for today.](#)
- Please make sure you give alms today.



Saturday, March 11th, 2023
THE EMPEROR'S FRIENDS
John 19:12

"If you set him free, that means that you are not the Emperor's friend! Anyone who claims to be a king is a rebel against the Emperor!"

Word of the Lord:

The emperor wants to be the sole ruler.

A creature that turned against his own master,

A creature that fell out of glory and was cast into the earth.

Anyone who is a friend of the devil cannot be a friend of God.

You cannot serve the Creator and His creature at the same time.

Anyone who lives in sin is a friend of the emperor; such a person is on the road to eternal destruction.

The emperor wants to rule over everyone on earth, that is why he offered me his kingdom during my temptation.

My child, do not bow to the emperor, do not be a friend with darkness.

As co-heir with me, you are a king; do not cast your crown away to the evil one.

I died for you because you are my friend, and I want this friendship to last forever.

Prayer:

Lord Jesus Christ, I accept your friendship and all you have done for me.

I acknowledge you alone as my Lord and personal saviour.

Help me to seek you daily as my best friend.

Give me the grace never to sin against you or breach our friendship.

Help me to press deeper and deeper in intimacy with you.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus Christ, asking Him to take you into a deeper intimacy with Him.



Sunday, March 12th, 2023

THEY CHOSE THE KING OF THE WORLD IN PLACE OF ME

John 19:15

"They shouted back, Kill him! Kill him! Crucify him! Pilate asked them, Do you want me to crucify your king? The chief priests answered The only king we have is the Emperor!" John 19:15.

Word of the Lord:

My creatures shouted; kill him, kill him! Though I committed no crime and did no wrong to anyone.

Crucify him! They shouted as they looked at me with disgust and wickedness.

Once more they rejected my kingship and chose to be under the emperor, the ruler of this world.

What have I done to my people that made them hate me with so much disgust?

They try to crucify me at every slightest chance.

They try to kill me at every slightest chance.

They make a mockery of me at every given opportunity.

Reject the emperor of this world the way I rejected him when he came to tempt me three times in the wilderness.

He has nothing to offer to you that will last.

Do not be aligned with the will and kingdom of the ruler of this world because his reign will come to an end and everything will vanish.

Do not be attached to the material things of this world.

Do not sell your birthright in heaven to the devil for

porridge that will be forgotten in no time.

Prayer:

Lord Jesus Christ, I renounce the devil and all his empty promises.

I choose you over and over again as my lord and God.

Remove every love for the world and the flesh in my life.

Lord Jesus Christ, rule over me and all that belongs to me as the true king of heaven and earth.

Jesus, I love you, all I have are yours, yours I am and yours I want to be, do with me whatever you will.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus, renouncing the devil and accepting Him as the only king in your life.



Monday, March 13th, 2023

JESUS TAKES UP HIS CROSS

John 19:17

"He went out, carrying his cross, and came to The Place of the Skull, as it is called. (In Hebrew it is called Golgotha.)"
John 19:17.

Word of the Lord:

I carried my cross bearing you in mind, you ought to carry all your crosses bearing me in mind.

The cross I carried for you was very large and heavy.

It caused great pain in my shoulder; it bruised and caused great injury to my shoulder.

The heavy cross was on me because of the sins of mankind. Even with the loss of blood and weakness, I refused to give up because of your soul.

The cross is a sign of my love for you; it is an altar where the only Lamb of God was sacrificed for you.

Carry your cross and follow me.

Prayer:

Lord Jesus Christ, I thank you and venerate your holy cross which you carried for me.

I console you for the holy wounds of your shoulder; bruised, injured and battered for my sake.

I adore the most precious blood that gushed out from your shoulder.

Lord Jesus Christ, help me to carry my cross and follow

you.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus, in veneration of His holy cross.



Tuesday, March 14th, 2023

HELP ME TO CARRY MY CROSS

Matthew 27:32

"As they were going out, they met a man from Cyrene named Simon, and the soldiers forced him to carry Jesus' cross." Matthew 27:32.

Word of the Lord:

It was not easy for me to carry the heavy cross on my shoulder to Calvary.

A man named Simon was forced to carry my cross.

Do not be like Simon who had to be forced to carry my cross.

Be willing to take my yoke upon yourself for it is easy and light.

Be willing always to help me carry my cross by carrying your cross.

Your crosses are things you pass through, or the efforts you make to proclaim the good news to lost souls.

Each time you make effort or contribute to the spread of my gospel, you help me carry my cross.

It was for the salvation of your soul and that of the whole human race that I carried the cross.

Anything that comes to you for the sake of knowing and believing in me is also a cross.

Carry them and follow me daily in prayers.

Do not throw away your cross, it is meant to make you better and not to destroy you.

It is an opportunity for you to emerge victorious in this life.

Prayer:

My Lord Jesus Christ, I willingly accept to carry your holy cross.

Preserve my soul that it may never be lost.

Assist me to carry my cross each day of my life.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus Christ, asking for the grace to carry your cross along with Him.



Wednesday, March 15th, 2023
**CRY FOR YOURSELF AND YOUR
CHILDREN**
Luke 23:28

"Jesus turned to them and said, Women of Jerusalem! Don't cry for me, but for yourselves and your children." Luke 23:28.

Word of the Lord:

My child, why should you cry for me?

I have lost nothing but have overcome all things.

You are to cry for yourself and your children who have a lot to do to ensure that you come out victorious from this wilderness.

Truly, the earth is not a place to waste away your life eating, drinking and living life to the fullest.

Men ought to be sober and to cry like a woman in labour, who is about to bear the fruit of a child.

Cry for the children of this generation that are lost in the wilderness.

Cry for the children of this age who make strange laws and uphold perversion.

Many will not be able to cross over from the wilderness because they chose to go back to Egypt.

Cry for the children of this age who are immersed in corruption and evil.

Cry because the world does not regard me and has deliberately made my death and passion be in vain in their lives.

Prayer:

Lord Jesus, have mercy on me and the whole world.

Eternal Father, for the sake of the sorrowful passion of my

Lord Jesus Christ, have mercy on the world.

Bring back all souls that are rushing to hell.

Let the death of Jesus never be in vain in my life and the lives of your children all over the world.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus Christ, for the conversion of sinners in the world.



Thursday, March 16th, 2023
THE DAYS ARE COMING
Luke 23:29-30

"For the days are coming when people will say, 'How lucky are the women who never had children, who never bore babies, who never nursed them!' That will be the time when people will say to the mountains, 'Fall on us!' and to the hills, 'Hide us!' Luke 23:29-30.

Word of the Lord:

What use is life when it is wasted?

Of what use is it to be made when it all ends in destruction and fire?

A great judgement is coming upon the world, and time is short.

A time will come when those who make a play with sacred things shall regret it.

The end of ages is close at hand but many are playing away with their lives.

A time of judgement is coming when all those who live by the standard of heaven shall be rewarded, while those who chose to live in evil and sin shall be punished.

It shall come suddenly because no one knows the time or hour except the Father.

Will you be among those who will ask the mountains to fall on them?

Will you be among those who wish they were never born?

Prayer:

Lord Jesus, preserve me from eternal death and destruction.
As the Judge of this sinful world, please have mercy on me
and deliver me from my sins and weaknesses.
May I never be found in the midst of the lost.
Take my soul now Lord Jesus as your own forever.
May I never have any reason to regret the life beyond.
(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus Christ, asking Him
to preserve your soul and to give you all cause to rejoice in
the life after.



Friday, March 17th, 2023

FRIDAY FASTING AND PRAYER

Prayer:

- (Mention all your intentions here).
- Say the Stations of the Cross
- Fast from food and water (6am - 12pm, 1pm, 2pm, 3pm, 6pm) according to your capacity.
- [Click here to view the prayer point for today.](#)
- Please make sure you give alms today.



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Saturday, March 18th, 2023

THE BITTER WINE

Matthew 27:34

"There they offered Jesus wine mixed with a bitter substance; but after tasting it, he would not drink it."
Matthew 27:34.

Word of the Lord:

I was offered the wine of the world mixed with a bitter substance but I refused to drink it.

Beware of the bitter wine of the devil and the world, it will harm you.

It seems to be sweet and enjoyable but it is very bitter to the soul.

Men are drinking the bitter wine of adultery.

Many are drinking the bitter wine of abortion and murder.

The world is getting drunk from the cup of the devil, whose goal is to poison the whole of the human race to make them die an eternal death.

My child, refuse to drink from the cup of evil and iniquity.

This bitter drink may seem good to the flesh but it will destroy your spirit and your soul.

Be careful of the things you take into your life.

Beware of the things you watch and listen to, that you may not take in wine mixed with bitter substance.

I am the bread and wine offered for mankind, read and meditate on my word often.

Prayer:

I pray and ask you Lord Jesus that you help me not to get contaminated by the devil and the world.

Deliver me from the bitter wine of this age and generation.

Help me to be mindful of the things I take into my body, soul and spirit.

Uproot every bitter thing in my life.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus, asking Him to prevent you from drinking from the cup of bitterness and death.



Sunday, March 19th, 2023

CRUCIFIXION (NAILING OF THE RIGHT HAND)

Matthew 27:35

"They crucified him and then divided his clothes among them by throwing dice." Matthew 27:35.

Word of the Lord:

The soldiers took my right hand and pierced it with a big blunt nail.

It shattered and went through my hand causing me great pain and agony.

My right hand was crushed without mercy for your sake.

My child, hold onto my right hand, it will sustain you from falling.

Everything you need from me is on my right hand, if you hold unto my right hand, you will enjoy the fountain of divine provision.

Do not sell your soul for the things that are available for you on my right hand.

Men go the wrong way to the devil, seeking things that are meant for them on my right hand.

Before you were made, all that you will ever need in this life has been on my right hand.

If you cut away from me, you will be able to do or achieve anything.

Do not seek help or anything from the hands of the devil; a creature has nothing to offer to a fellow creature.

Hold fast to my right hand through righteousness and

prayer and you will enjoy this fountain of blessings.

Prayer:

Lord Jesus Christ, I adore the wound of your right hand.
I adore the most precious blood gushing out from your right hand.

I place and consecrate my entire self to your right hand,
may your right-hand hold and sustain me forever.

Lord Jesus Christ may your right-hand break off the hand
of the devil from my life and soul.

May your right hand keep my soul in check.

I pray that you provide for my needs through your right
hand.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to the wounded right hand of
Jesus Christ.



Monday, March 20th, 2023

CRUCIFIXION (NAILING OF THE LEFT HAND)

Matthew 27:35.

"They crucified him and then divided his clothes among them by throwing dice." Matthew 27:35.

Word of the Lord:

I want all men to adore and give themselves to me as I have given myself to them.

My left hand suffered the same I'll treatment meted out to my right hand.

The hand which healed the sick, raised the dead and worked many signs is nailed on the cross for your sake.

I hang restricted on the cross, if you love me, my passion and death will restrict you from doing things that the world does.

Is there any difference in the way you live your life and the way the world does?

My child, If you love me, you will live a restricted life for my sake and your salvation.

There is nothing that the freedom of the world that the flesh seeks will offer, rather than death and destruction.

Bridle your flesh.

Like the nail on my hands, let your love for me hold you back from doing certain things.

I am left hanging on the cross without support; my entire weight is held painfully by nails.

There is so much pressure on my hands and blood is gushing out for your sake.

Do not forget nor disregard this sacrifice offered for you on the cross.

Prayer:

My lord Jesus Christ, I thank you for this precious sacrifice offered for my sake.

Lord Jesus Christ, give me your Holy Spirit that He may control me and restrict me from doing things that are of the world and not pleasing to you.

Lord Jesus Christ, make me live a restricted life.

Make me die to my flesh and human passion.

Lord Jesus Christ, I want to be nailed to your cross, that I may never leave your sight or get lost.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to the Holy wounds of the left hand of Jesus Christ.



Tuesday, March 21st, 2023

CRUCIFIXION (NAILING OF THE RIGHT FOOT)

Matthew 27:35.

"They crucified him and then divided his clothes among them by throwing dice." Matthew 27:35.

Word of the Lord:

There was great agony within me as my right foot was battered and shattered with big blunt nails.

Can you visualize it?

It was a bloody sacrifice offered for you and mankind to show you the consequences of sin.

Flee from sin with all your life because the wages of sin is death; that you may live, I had to die for you.

It will be bad and unjust that men die eternally after I have died in their place, is that not a waste of my sacrifice in their lives?

My child, what I am asking you to do is not too hard.

Live for me, be for me. Stand by me; stand for me in this sinful world on your feet, alert as a soldier and citizen of heaven.

Prayer:

Lord Jesus, I adore the holy wound of your right foot.

I adore the most precious blood gushing out from your right foot.

I console you my Lord and Master for the great agony and pain you endured for my sake on your right foot.

May my life console you each day.
Help me to walk in your way.
(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to the wound of the right foot of Jesus Christ.



Wednesday, March 22nd, 2023

CRUCIFIXION (NAILING OF THE LEFT FOOT)

Matthew 27:35.

"They crucified him and then divided his clothes among them by throwing dice." Matthew 27:35.

Word of the Lord:

My left foot was the last part of my body to be nailed on the cross.

It seems the pain and torture from the soldiers will never end.

My left foot was restricted on the cross along with my right foot.

My child, are your feet restricted for my sake?

Do you go to places you should never be seen as a Christian?

Do you go out or mingle with people who have no regard for me, people who tend to corrupt your soul?

Do you walk down to Egypt or the land of the dead to seek help and favour?

My child, be mindful of those you walk with.

Be mindful of where you go; there are places a child of God should never be seen.

Do not be in places that are occasions for sins.

Let your love for me restrict you, that you may be preserved and separated from the world.

Prayer:

Lord Jesus Christ, I console you for the pain you feel in your left foot.

I adore the most precious blood gushing out from your left foot.

Help me avoid the occasion of sins.

Lord Jesus, preserve me from the children of the dark, that I may not be corrupted.

Help me never to be in the wrong places where my life and soul will be endangered.

I consecrate myself to your holy wounds and precious blood.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to the left foot of Jesus pierced and nailed to the cross.



Thursday, March 23rd, 2023
MY GARMENT IS DIVIDED
Matthew 27:35.

"And then divided his clothes among them by throwing dice." Matthew 27:35.

Word of the Lord:

The soldiers took my garment and divided it among themselves by casting the lot.

My vestment, which which has been spiritually given to men by the virtue of their ordination to the priesthood, is not taken seriously in this generation.

Many of my priests are far away from me and are defiling and throwing dice with their calling and ordination.

Men no longer wear the garment of purity but are clothed in the dirt, ministering on my altar.

Pray for your priests because of the things they do to me in secret.

Pray for your priests always that they may never defile my garment.

Pray for your priests always, that they may not make a plaything with the sacred garment of my body which they share.

Pray for all those who serve around my altar of sacrifice.

Pray for all those who live consecrated lives.

Pray for all my priests who have kept themselves and the garment of priesthood which I have placed upon their lives.

Prayer:

Lord Jesus, I thank you for the ministry and gift of the priesthood.

I commit all your priests all over the whole world into your hands.

Preserve the sanctity and purity of all your priests who belong to you.

Help all those who are struggling with many trials and temptations.

Deliver all your priests who are in danger all over the world.

Help all those who work for you in the most difficult parts of the world.

Plant your fear in the heart of your priests.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus Christ, asking Him to preserve all His priests.



Friday, March 24th, 2023

FRIDAY FASTING AND PRAYER

Prayer:

- (Mention all your intentions here).
- Say the Stations of the Cross
- Fast from food and water (6am - 12pm, 1pm, 2pm, 3pm, 6pm) according to your capacity.
- [Click here to view the prayer point for today.](#)
- Please make sure you give alms today.



Saturday, March 25th, 2023

THEY SAT THERE AND WATCHED ME

Matthew 27:36

"After that they sat there and watched him."

Matthew 27:36.

Word of the Lord:

My child, after my crucifixion on the cross, they sat there and watched me with indifference in their heart.

My children watch me and treat my sacrifice for them with indifference.

They do not make effort to receive my body and blood in the Eucharist; rather they sit and watch me on the altar.

A great number of those who receive me are doing so to fulfill all righteousness. Though they receive me in the state of grace, there is no reverence, newness and worship in the reception of my body and blood.

Many souls sit and watch me at mass, refusing to receive me because of their sins and unpreparedness.

Many souls do not even see the need to receive the Eucharist. If the Eucharist was not needed, I won't have made it available.

Do not sit and watch me at every Holy Mass.

Do not receive me casually as if I am a piece of bread.

Do not receive me in the state of sin.

Of what use is being at the Holy Mass when you do not participate in the Eucharistic mystery?

Prayer:

Lord Jesus in the Holy Eucharist, I thank you for instituting the Eucharist to feed my soul and preserve it from eternal starvation.

I ask that you help me to receive you worthily in the state of grace all the time.

Plant Lord Jesus a deep longing and reverence for the Holy Eucharist in my mind.

Remove everything that is hindering me from receiving you in the Eucharist.

Change my perception of the Holy Eucharist and increase my faith in the Holy Eucharist.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to the Eucharistic Jesus.



Sunday, March 26th, 2023

THEY ALL INSULTED ME ON THE CROSS

Matthew 27:39-44

"People passing by shook their heads and hurled insults at Jesus: You were going to tear down the Temple and build it back up in three days! Save yourself if you are God's Son! Come on down from the cross! In the same way the chief priests and the teachers of the Law and the elders made fun of him: He saved others, but he cannot save himself ! Isn't he the king of Israel? If he will come down off the cross now, we will believe in him! He trusts in God and claims to be God's Son. Well, then, let us see if God wants to save him now! Even the bandits who had been crucified with him insulted him in the same way." Matthew 27:39-44.

Word of the Lord:

My child, look at how the world has turned against their master and has joined forces with the prince of this world to insult me.

My creatures insult me as I hang on the cross for the sins of men.

They make a mockery of me, my love and my sacrifice on the cross.

My child, look with pity upon me as I hang on the cross and do not join the world to mock the only way through which they can be saved.

Men were separated from heaven by a wide rift of sin and

iniquity.

Heaven was not in sight for men so I came as a ladder for them to climb into eternal life.

Instead of climbing up to God through me, they decided to mock the provision that God has made for the salvation of all men.

Anyone who insults me and decides to be careless with his or her life will never be able to enter heaven because I am the door.

Wake up and see the plot of the devil against the souls of men.

He has lost his place and knows that his time is short, hence he is bent on pulling souls to hell with him.

Men who think they are knowledgeable question my existence and reality through science and vain human knowledge.

But just as I refused to come down from the cross, no special sign will be given for them to believe in me.

If you believe in me, you will be saved.

Prayer:

Lord Jesus Christ, I console you for all the insults you received on the cross.

Your creatures mocked you and made jest of you after all the ill treatment you received.

I am very sorry for all my sins Lord Jesus Christ.

I console you for all the insults the world still hurl at you in this present time.

Have mercy on us oh Lord and forgive us for we have sinned against you.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus in consolation for the multitude of insults from the world to Him.



Monday, March 27th, 2023

REPENT NOW THAT YOU HAVE THE TIME

Luke 23:39-43

"One of the criminals hanging there hurled insults at him: Aren't you the Messiah? Save yourself and us! The other one, however, rebuked him, saying, Don't you fear God? You received the same sentence he did. Ours, however, is only right, because we are getting what we deserve for what we did; but he has done no wrong. And he said to Jesus, Remember me, Jesus, when you come as King! Jesus said to him, I promise you that today you will be in Paradise with me." Luke 23:39-43.

Word of the Lord:

My child, what can you learn from the repentant thief?

Two thieves were crucified along with me, in the same way, all men were sentenced to death due to sin.

One accepted me and was saved and even death could not cage his soul.

His death that day became a transition to eternal life.

The two thieves are like the people of the world divided into two sides.

One side is on my right and the other is on my left.

They all are guilty and have been sentenced to death.

I am in the middle, stretching forth my hand to save them.

The ones on the left insult me and mock my efforts to save them.

While the repentant ones believed in me and entered

paradise with me.

My child, if you have not given your life to me, do so now before it is too late.

All men are already condemned; I am the only one who can save you.

Death is coming for every man, escape eternal death by accepting me and believing in me.

Do not waste this opportunity I offer to you to save your soul.

Prayer:

Lord Jesus Christ, I accept you as my Lord and personal saviour.

I believe in you and in all that you have done to save my soul.

Since you have paid the price for my salvation, I give you my life and all that belongs to me.

Remember me Lord Jesus when you come as a king.

I am very sorry for all my sins and confess them to you.

Please pardon and wash me clean.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus Christ for the grace to see Him at the end of time.



Tuesday, March 28th, 2023

JESUS IS THE KING

John 19:19

"Pilate wrote a notice and had it put on the cross. Jesus of Nazareth, the King of the Jews, is what he wrote." John 19:19.

Word of the Lord:

The promise of God to David to give him an heir whose kingship will never end was fulfilled on this day.

When God asked Abraham to look up and count the stars, he was able to count a single star due to his aged sight. I am that star through whom a nation is built in heaven.

I am the king of the world, a king who laid his life for his people.

My life is the cornerstone upon which eternal life is built.

If you try to build upon anything that is not my life, it will crash; it will fade away with the passing world.

I want to be the king of your life, so that you may be part of my kingdom in the afterlife.

There is one God and one throne, anyone who serves another throne apart from mine will have no place in my kingdom.

Prayer:

Lord Jesus, I build my life for eternal salvation on you; the true cornerstone.

Lord Jesus, I want to be part of your kingdom in the

afterlife.

Make a special place for me in heaven and help preserve my citizenship in your kingdom.

Lord Jesus Christ, please reign in my life that I may be subject to you alone.

Take dominion of my life as my king and my God.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus proclaiming Him as the king of your life.



Wednesday, March 29th, 2023

JESUS THE KING FOR ALL NATIONS

John 19:20

"Many people read it, because the place where Jesus was crucified was not far from the city. The notice was written in Hebrew, Latin, and Greek." John 19:20.

Word of the Lord:

My child, I am the king of the whole nations of the world. The notice announcing my kingship was written in Hebrew, Latin and Greek.

This indicates that my death was not for the Jews alone but also for the Gentiles.

My death is for the whole of the human race.

Through me, heaven is open to all men irrespective of their race, tribe or nationality.

I want you to proclaim my name to the ends of the world and to make souls realize once more that I died for them. What efforts have you been making to promote me in this world?

If you haven't been doing much, start now because time is short.

There is a need to labour much because souls are rushing down to hell.

Proclaim the good news to the ends of the earth to all men.

Prayer:

Give me the grace lord Jesus Christ to proclaim your good news and your message.

Strengthen me with your grace and power to work for you. Help me to discover the abilities and gifts you have given to me.

Help me serve you with my talents and resources.
(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus Christ for the grace to proclaim the good news to the ends of the earth.



Thursday, March 30th, 2023

MARY YOUR MOTHER

John 19:26-28

"Jesus saw his mother and the disciple he loved standing there; so he said to his mother, He is your son. Then he said to the disciple, She is your mother. From that time the disciple took her to live in his home." John 19:26-28.

Word of our Lord:

My child, my mother is your mother as well.

After taking care of me while on earth as my mother, I handed her over to John so that they may look after each other.

John followed my passion with my mother; follow also my passion in the wilderness of this life with her.

Let her always speak and intercede for you as a child and citizen of heaven.

I gave my mother to John; her motherhood to John was a spiritual one as she was not the biological mother of John. My mother is yours as well. The saints are your siblings in me because my kingdom is one and a big family, with God as the Father of us all.

John took Mary into his home from the day I handed her over to him as his mother, is my mother present in your home?

Are you devoted to your mother, or have abandoned her out in the open?

Remember the power of her intercession, how she made me turn water into wine even though it was not yet time for that.

If she was not present at that wedding, I won't have performed that miracle because my time had not come.

Is my mother present in your life, as she was present at the wedding in Cana?

Prayer:

Lord Jesus Christ, thank you for giving me a spiritual mother in the person of mother Mary, who could help me through her maternal intercession in heaven.

Mother Mary, I beg you to help me serve Jesus every day of my life.

Lord Jesus, come into my family along with your mother as my spiritual parents.

Help me to love your mother and seek her Intercession always.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus Christ asking for the presence of His mother in your life and family.



Friday, March 31st, 2023
FRIDAY FASTING AND PRAYER

Prayer:

- (Mention all your intentions here).
- Say the Stations of the Cross
- Fast from food and water (6am - 12pm, 1pm, 2pm, 3pm, 6pm) according to your capacity.
- [Click here to view the prayer point for today.](#)
- Please make sure you give alms today.



Saturday, April 1st, 2023

MY LAMENTATION ON THE CROSS

Matthew 27:46

"At about three o'clock Jesus cried out with a loud shout, Eli, Eli, lema sabachthani? which means, My God, my God, why did you abandon me?" Matthew 27:46.

Word of the Lord:

The cry for divine mercy was first heard on my lips about 2000 years ago when I cried out for mercy to my Father, asking why he had abandoned me.

He did not abandon me, rather for your sake, he allowed me to die that you may live.

The silence of my Father was a scream of demand for your soul.

Your soul belongs to God.

That man may avoid saying in hell: "God, why have you abandoned me." They must believe in me and turn from their evil ways.

They must embrace my cross and follow my ways.

There is a time when no plea for mercy shall be heard.

There is a time when silence will be the response from heaven to those who had abandoned me and found themselves in hell.

After death, there is no remedy, mercy can only be shown to the living and not the dead.

Prayer:

Lord Jesus Christ, have mercy on me.

Do not allow me to be lost in hell where the cry for mercy cannot be heard.

Deliver me from bondage and chains of sin and iniquity.

I console you Lord Jesus Christ for the agony you felt on the cross for my sake.

Never abandon me Lord Jesus Christ at any point in time in my life.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus Christ in consolation for the pains felt on the cross.



Sunday, April 2nd, 2023

JESUS DIES ON THE CROSS

John 19:30

"Jesus drank the wine and said, It is finished Then he bowed his head and gave up his spirit." John 19:30.

Word of the Lord:

My Child, after so much suffering, pain and torture, I gave up my spirit for your sake.

I sacrificed my life so that you may be saved, I gave up my spirit so that through Him, you will be able to overcome the flesh.

Without my spirit, you cannot achieve much.

It was this same spirit that was given to the apostles on Pentecost which filled them with so much power to preach my message.

Long for my spirit, it will help you respect my death and teach you my ways.

Surrender yourself to the Holy Spirit to quicken your mortal body; I gave up my spirit which is my life for all men.

My child, always remember my death on the cross for you every day.

Always think about me and consider me in everything that you do.

Prayer:

Lord Jesus Christ, I receive your Holy Spirit which you gave up on the cross for my sake.

Let you Holy Spirit be my teacher and guide.

Let your Holy Spirit fill me with your power and fear of God.

May your Holy Spirit rule over me, that I may not sin against you, my Lord.

Lord, let your fire burn in me all the days of my life.
(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus Christ, asking Him to fill you with His Holy Spirit.



Monday, April 3rd, 2023

SALVATION AVAILABLE TO ALL MEN

Matthew 27:51

"Then the curtain hanging in the Temple was torn in two from top to bottom. The earth shook, the rocks split apart" Matthew 27:51.

Word of the Lord:

By the virtue of my death and resurrection, salvation became available to all men.

With the curtain hanging in the temple torn in two, all barriers preventing men to have access to God and His kingdom were removed.

Anyone can come to God through me irrespective of race, colour, status, gender and so on.

The curtain torn showed the end of the Levitical priesthood into a new one according to my order.

The secret kept from the eyes of men is now open, all men can now see the Holy of Holies if they wish, by conscious effort and willingness.

Now that the curtain is torn, come in and behold the glory of God made available through my sacrifice in Calvary.

Nothing is restricting you from beholding the sanctuary which was formerly covered with a curtain.

Believe in me and live for me and you will see the Glory of

God.

Prayer:

Lord Jesus, help me to make the most out of your precious death and resurrection.

May I never undermine the sacrifice offered on the cross of Calvary.

Lord Jesus teach me the secret things of God hidden from the eyes of men.

Lord Jesus Christ, have mercy on me and help me.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus, asking Him to teach you the things of God.



Tuesday, April 4th, 2023
THE SAINTS AROSE
Matthew 27:52-53

"The graves broke open, and many of God's people who had died were raised to life. They left the graves, and after Jesus rose from death, they went into the Holy City, where many people saw them." Matthew 27:52-53.

Word of our Lord:

I am the resurrection and the life, without me, no one will be able to rise from the dead.

My death on the cross conquered real death which is eternal death.

My death broke the graves open and all men held down by death rose from their graves.

That is the power of the resurrection in action. They could not rise by their power, it was my sacrifice that deliver them from the grave.

If you want to rise at the end of time, make me your best friend; believe in me, hate what I hate, do the things I do and obey all my commands to you.

Nothing can raise a man from the grave when he is gone, even the righteousness of ancient men could not break the grave.

I am the antidote to death, the source of eternal salvation and peace.

No one can see the father unless by me, I am the only way.

Prayer:

Lord Jesus Christ, I entrust my soul to you.

Raise me by the power of your resurrection at the end of time, that I may not die an eternal death.

Lord Jesus, help me make heaven at the end of my life on earth.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus Christ, entrusting your soul to Him for eternal life at the end of time.



Wednesday, April 5th, 2023

THE SACRED SIDE OF JESUS

John 19:34

"One of the soldiers, however, plunged his spear into Jesus' side, and at once blood and water poured out." John 19:34.

Word of the Lord:

The last wound I sustained was that of my Sacred Heart pierced through my sacred side.

The piercing of my side also affected my heart from where blood and water poured out for all men.

My passion was first felt in my sacred heart in the garden at Gethsemane, also my passion ended with my sacred heart pierced for all men.

Consecrate yourself to my sacred heart.

My sacred heart is burdened with your worries, pain and most importantly the salvation of your soul.

Men trample my sacred heart on the floor when they do not consider the things I did for their salvation from my heart.

With the piercing of my heart through my side, everything I had for mankind was released but many have refused to receive my precious gifts.

Let your heart always think about me daily, meditate and

reflect on my passion always.

Prayer:

Lord Jesus Christ, I adore the wound of your sacred side.

I adore the wound of your sacred heart.

Let the most precious blood and water gushing out from your sacred heart pour upon me and all men for purification and dedication.

Let my heart be intimately united to your sacred heart.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to the sacred heart and side of Jesus.



Thursday, April 6th, 2023

JESUS IS BROUGHT DOWN FROM THE CROSS

John 19:38

"After this, Joseph, who was from the town of Arimathea, asked Pilate if he could take Jesus' body. (Joseph was a follower of Jesus, but in secret, because he was afraid of the Jewish authorities.) Pilate told him he could have the body, so Joseph went and took it away." John 19:38.

Word of the Lord:

My child, look and see how my body is brought down from the cross.

The body of the one through whom all things were made. I have paid the price for your salvation, now you owe me your life.

It is for your own sake and well-being that I have died.

My mother is filled with grief at my death.

The whole of heaven is silent because of the sacrifice of the lamb.

God the Father mourns the death of his only Son.

I ask that you do not allow all this to be in vain in your life and those around you.

Prayer:

Lord Jesus Christ, thank you for your death for me on the cross.

Thank you for dying to set me free from my sin and the wickedness of the world.

May my life bring you joy.

May my life give you consolation.

Lord Jesus, never allow me to be separated from you.

Prepare my soul every day to receive you when you shall come to take me.

May your death and resurrection never be in vain in my life.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus Christ for the grace to console Him with your life on earth.



Friday, April 7th, 2023
FRIDAY FASTING AND PRAYER

Prayer:

- (Mention all your intentions here).
- Say the Stations of the Cross
- Fast from food and water (6am - 12pm, 1pm, 2pm, 3pm, 6pm) according to your capacity.
- [Click here to view the prayer point for today.](#)
- Please make sure you give alms today.



Saturday, April 8th, 2023

JESUS IS BURIED

John 19:41-42

"There was a garden in the place where Jesus had been put to death, and in it there was a new tomb where no one had ever been buried. Since it was the day before the Sabbath and because the tomb was close by, they placed Jesus' body there." John 19:41-42.

Word of the Lord:

It is done, everything has now been completed.

Such a long journey of pain and misery for your sake and the sake of all men.

My child, everything is left in your hands.

You have the free will to choose either to die or live eternally.

You have been given a ladder to climb to heaven, it is left for you to climb.

You have been given the door to pass through into heaven,

it is left for you to make use of it.

All the graces needed for salvation have been made available through me, it is left for you to cooperate with it. Before all men lie a choice to make between death and life, light and darkness; but I advise you to choose life and light. All these things are for your benefit and no one else's. Everything was done with you in mind and view. I did not die for myself, it was you who needed to be saved. Believe in me and live according to the way of the cross so that in the end, you will reign gloriously with me in heaven.

Prayer:

Lord Jesus Christ, thank you for your death for me on the cross of Calvary.

Thank you for your sacrifice and all the pain you went through for my sake.

I give you my entire self in return.

Jesus, I love you, all I have are yours, yours I am and yours I want to be, do with me whatever you will.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus in thanksgiving for all He has done for you.



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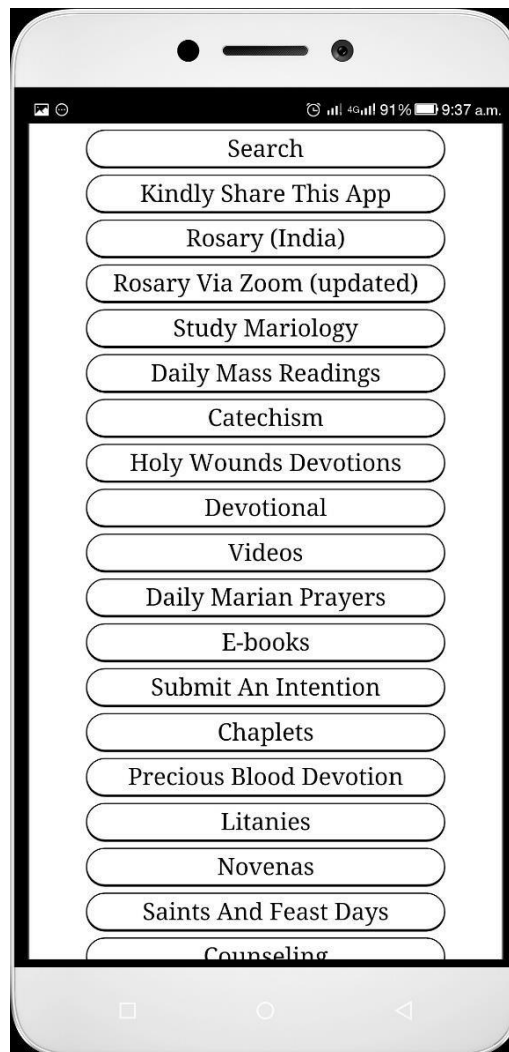
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