



PRAYER BOOK FOR LENT



MARY OUR HELP



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BOOK.**

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LENT PRAYER BOOK

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BELOW TO JOIN OUR
PRAYER GROUP:**

<https://maryourhelp.org/Join-group.html>



IMPORTANT NOTICE ON FASTING

The period of lent is a period of prayer, fasting and drawing close to God Almighty. In this period of lent, we are going to embark on a 40 days of fasting along with the prayers and activities in this book.

Make up your mind on how long you want to fast throughout these 40 days, according to your capacity and the grace of God. You can fast from 6am to 1pm, 6am to 2pm, 6am to 3pm, 6am to 6pm etc. Please try and make sure you fast and offer it daily to our Lord Jesus Christ during this lent.



A KIND APPEAL

Dear Family,

It is our deepest joy to spread God throughout the world. We believe in making the Word and Work of God available to everyone, especially those who live in under-served regions. We can't do this alone without your support, and we believe that through your generosity, we can have the greatest possible impact on lives and the world.

If you feel led to give, you can make a donation through our website.

Yours in Christ,
Admin

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Wednesday, February 14, 2024
**MY AGONY IN THE GARDEN OF
GETHSEMANE**
Matthew 26:36-38

"Then Jesus went with his disciples to a place called Gethsemane, and he said to them, Sit here while I go over there and pray. He took with him Peter and the two sons of Zebedee. Grief and anguish came over him, and he said to them, The sorrow in my heart is so great that it almost crushes me. Stay here and keep watch with me." Matthew 26:36-38.

Word of the Lord:

My passion for the salvation of mankind began in the Garden of Gethsemane.

The first pains of the Passion were felt in my Sacred Heart in the Garden of Gethsemane.

There was much grief and sorrow in my Sacred Heart because of the bitter pains and sufferings I was to go through for your sake.

I could see how the world would have no regard for my sacrifice and passion at the expense of their souls.

Always be aware of my Sacred Heart and avoid everything that will cause me pain.

Be devoted to my Sacred Heart which suffered much for your sake.

The world has forsaken me, will you forsake me too?

Prayer:

Lord Jesus Christ, I adore the holy wounds of Your Sacred Heart.

I thank You that You died for me and delivered me from death and destruction.

Lord Jesus Christ, help me always to be afraid of everything that will wound Your Sacred Heart.

I give myself completely to you and to your Sacred Heart.

Jesus, I love you, all I have is yours, yours I am and yours I want to be, do with me what you will.

Pray for the Admin and the prayer group.

(Name all your intentions here).

Exercise:

Say and offer the Holy Rosary to the Sacred Heart of Jesus Christ.



Thursday, February 15, 2024
WAKE UP FROM SLUMBER
Matthew 26:40-41

"Then he returned to the three disciples and found them asleep; and he said to Peter, How is it that you three were not able to keep watch with me for even one hour? Keep watch and pray that you will not fall into temptation. The spirit is willing, but the flesh is weak."

Word of the Lord:

My child, I am always available for men to pray with me, but very few do.

I am neglected and alone, abandoned by those I love.

I am lonely in the empty oratories of many churches.

I am abandoned and left in sorrow when those I love do not receive my most precious Body and Blood in the Holy Eucharist.

How much time do you spend praying to me each day?

How much time do you spend with the things of this world?

Watch and pray to Me always and you will be able to overcome the temptations of the devil.

How can you do my will if you don't communicate with me often?

Wake up and pray to me because time is short.

Wake up and pray, be careful of the time you spend in prayer.

Give me your quality time and not your leisure time.

Do not seek Me only when there is trouble, pray with Me

every day in this evil world.
Wake up and pray, for time is short.

Prayer:

Lord Jesus Christ, please give me Your Holy Spirit to strengthen my mortal body for prayer.

Help me to spend quality time with You every day.

Lord Jesus Christ, please transform my prayer life.

Please awaken me from my spiritual slumber and help me to pray.

Pray for the Admin and the prayer group.

(Mention all your intentions here).

Exercise:

Say the Holy Rosary and ask Jesus to have mercy on you.

Ask Him to awaken you from all forms of spiritual slumber.

Ask Him to create and sustain a hunger for prayer in your soul.



Friday, February 16, 2024

FRIDAY PRAYER AND FASTING

During Lent, we are expected to fast and abstain from food. This is a kind call for the consolation of our Lord Jesus Christ through the poor and needy. The Bible says in Proverbs 22:9: "He who is generous will be blessed, for he gives part of his food to the poor".

By giving a little of our meals each week, we can go a long way to help the poor who don't have enough to eat, especially in difficult parts of the world.

All we need to do to be part of this project is to give the equivalent of our meals each day we fast, starting with Lent. This will continue after Lent every Friday, which is our day of fasting and prayer. Please try to be part of this project, it is not too hard and will touch many lives and bring you great blessings.

What we collect will be given to the poor and needy in a transparent and accountable way. God bless you as you decide to participate in this project.

Prayer:

- (Mention all your intentions here).
- Pray for the Admin and the prayer group.
- Say the Stations of the Cross

- Fast from food and water (6am - 12pm, 1pm, 2pm, 3pm, 6pm) according to your capacity.
- **[Please click here to feed the poor this week](#)**



Saturday, February 17, 2024

DO NOT EXCHANGE ME WITH VAIN THINGS OF THIS WORLD

Matthew 26:46-50.

"Get up, let us go. Look, here is the man who is betraying me! Jesus was still speaking when Judas, one of the twelve disciples, arrived. With him was a large crowd armed with swords and clubs and sent by the chief priests and the elders. The traitor had given the crowd a signal: The man I kiss is the one you want. Arrest him! Judas went straight to Jesus and said, Peace be with you, Teacher, and kissed him. Jesus answered, Be quick about it, friend! Then they came up, arrested Jesus, and held him tight." Matthew 26:46-50.

Word of the Lord:

Those I love betray me for worthless things.

Those I have chosen to serve at my altar betray me for the flesh and the pleasures of this world, things that pass away.

Men betray me by killing their neighbours for money and wealth.

Men betray me by taking bribes and perverting justice.

Men betray me every time they choose to go the way of the world instead of staying with me.

I am betrayed when people use my blessings and gifts to promote themselves and seek material gain.

I am betrayed when no one speaks my true word to this sinful world, but twists it to please men.

Will you also betray me or will you stand by me?

Will you abandon my cross and go away too?

Will you sell me for money like my beloved apostle?
Will you trade me and the things that are of me?

Prayer:

Lord Jesus Christ, I am sorry if I have ever betrayed you.
I pray for the repentance of all those who have betrayed
you.

Give me the grace to love you with all my heart and soul.
Help all those who serve you at the altar not to betray you
and the ministry you have given them.

Lord Jesus, I love you, all I have is yours, yours I am and
yours I want to be, do with me what you will.

Pray for the Admin and the prayer group.

(Mention all your intentions here).

Exercise:

For the consolation of Jesus Christ, say and offer the Holy
Rosary.



Sunday, February 18, 2024

DO NOT FORSAKE ME, MY CHILD

Matthew 26:56

"Then all the disciples left him and ran away." Matthew 26:56.

Word of the Lord:

They all left me and ran away because they were afraid. My loved ones ran away from me when I needed them most.

People tend to run away from me in order to preserve their lives; they do not know that staying with me is the source of preservation.

Was there anyone who followed me to Calvary who was hurt?

John the Beloved was with me; he was preserved and was the only apostle who was not martyred.

Do not forsake me in this sinful world; it is the only source of your preservation.

Whoever seeks to save his life will lose it, but whoever loses his life for my sake will save it.

You save your life by deciding to give it up for my sake.

People forsake me because they do not want to follow the way of the cross with me.

Will you forsake me too?

Will you leave me and run away, especially now when I need you most, when the world hates me most?

Prayer:

Lord Jesus Christ, I will never leave thee nor forsake thee.

Lord Jesus Christ, I will follow the way of the cross for the preservation of my soul.

Give me the grace to carry my cross and follow you.

Give me the grace to stand for you in this sinful world.

Pray for the Admin and the prayer group.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus Christ. Ask Him to help you walk the Way of the Cross throughout your life.



Monday, February 19, 2024

CONSOLATION TO THE HOLY FACE OF JESUS CHRIST

Matthew 26:67-68

"Then they spat in his face and beat him; and those who slapped him said, Prophecy for us, Messiah! Guess who hit you!" Matthew 26:67-68.

Word of the Lord:

My beloved, for your sake my creatures have slapped me in the face.

They slapped the face of the One through whom all things were made.

They slapped my face and asked me to prophesy, mocking my identity.

Men spat in the face of the God who sustained their lives.

The world still does this to me; even my people still do this to me.

They slap me in the face and mock me, they take my patience for granted.

I love that you and all men console my Holy Face that suffered humiliation for your sake.

Prayer:

Lord Jesus Christ, I console You for the pain I and the world cause You.

I adore Your Holy Face, which has borne and still bears many insults from men.

Lord Jesus Christ, have mercy on us and spare us.

Lord Jesus Christ, let Your Holy Face shine on me and on the whole world.

Pray for the Admin and the prayer group.

(Mention all your intentions here).

Exercise:

Recite the Holy Rosary and offer it to the Holy Face of Jesus Christ.



Tuesday, February 20, 2024

DO NOT DENY ME

Matthew 26:69-75

"Peter was sitting outside in the courtyard when one of the High Priest's servant women came to him and said, You, too, were with Jesus of Galilee. But he denied it in front of them all. I don't know what you are talking about, he answered, and went on out to the entrance of the courtyard. Another servant woman saw him and said to the men there, He was with Jesus of Nazareth. Again Peter denied it and answered, I swear that I don't know that man! After a little while the men standing there came to Peter. Of course, you are one of them, they said. After all, the way you speak gives you away! Then Peter said, I swear that I am telling the truth! May God punish me if I am not! I do not know that man! Just then a rooster crowed, and Peter remembered what Jesus had told him: Before the rooster crows, you will say three times that you do not know me. He went out and wept bitterly. Matthew 26:69-75.

Word of the Lord:

Men deny me in this age to gain favour with the rulers of the world.

Many of my loved ones deny me for fear of persecution and trials.

My child, will you deny me?

Will you deny Me by your way of life?

Will you deny me by being ashamed to be identified as a

Christian?

Will you deny me by turning against your faith and beliefs?
Do not be afraid to proclaim my name and to identify yourself as my own.

You are the light of the world; standing for me will affect the lives of those who do not know me.

If you refuse to deny Me, I will be there to cover you and protect you from the wrath of the enemy.

Prayer:

My Lord Jesus Christ, forgive me for all the times I have knowingly or unknowingly denied You.

Help me to live for You alone.

Help me to proclaim You with my life in every possible way.

Lord Jesus Christ, give me the grace never to deny You in this life.

Pray for the Admin and the prayer group.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus Christ. Ask for the grace to live for Him, to proclaim Him and never to deny Him in this life.



Wednesday, February 21, 2024

THEY CHOSE THE THIEF OVER ME

Matthew 27:20-21

"The chief priests and the elders persuaded the crowd to ask Pilate to set Barabbas free and have Jesus put to death. But Pilate asked the crowd, which one of these two do you want me to set free for you? Barabbas! They answered." Matthew 27:20-21.

Word of the Lord:

My heart grieved so much when my creatures chose to spare a thief and kill their Lord.

The choice made shows that the world has chosen its enemy over me.

The thief they chose is synonymous with the devil who is known as a thief.

They have chosen the thief over their own God.

The world has forsaken me and has chosen the devil over me.

The world runs after the thief and sells its soul to him for the crumbs he has stolen for nations, kingdoms and destinies.

They have chosen to dine with the enemy and embrace him with open arms.

They have become one with him and have chosen him to rule over them.

My beloved, will you choose Me as your Lord today or will you choose the thief who comes with empty promises?

Will you choose life or death?

The thief was then released into their midst, but in the end he will be bound with all his followers in the deepest depths of hell where there will be eternal torment.

Prayer:

Lord Jesus Christ, I choose You today to be my Lord and my God.

I reject the devil and all that is associated with him.

I reject the empty promises of the devil.

I go against the crowd of this age to choose You as my Lord and my God.

Keep me in You, Lord Jesus.

Help me to hate the devil and all his ways.

Pray for the Admin and the prayer group.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus Christ. Tell Him that you have chosen Him to be your Lord with all your heart.



Thursday, February 22, 2024

WHAT WILL YOU DO WITH ME?

Matthew 27:22

"What, then, shall I do with Jesus called the Messiah? Pilate asked them. Crucify him! they all answered."

Word of the Lord:

I gave myself to the world, but they threw me away along with my sincere love for them.

What gift can ever be greater than what I have for the world?

I came down from heaven and gave everything to the world and they threw it away.

They threw away my incarnation.

They threw away the act of love that made me leave my throne and come down to earth.

I was born among animals for the sake of man, but the world threw it away.

I went about to teach and restore their souls, I fed them and gave them my body and blood.

The world ignored all my sacrifices.

My child, what are you going to do with me?

The best they could do was to crucify me, will you crucify me too?

I expect you to make the best of me.

I expect you to make the most of my passion.

I expect you to make the most of my body and blood.

I expect you to go deeper into me and explore my power.

I expect you to make the most of me and the sacrifice I have made for you.

Prayer:

My Lord and my God, I thank you for offering yourself to me.

I refuse to crucify or reject you and all you have done for me.

My Lord Jesus Christ, help me to make the most of your passion, your wounds, your blood, your death, your resurrection and your power.

I refuse to crucify you or reject you, but I cherish you in the deepest part of my heart.

Jesus, I love you, all I have is yours, yours I am and yours I want to be, do with me what you will.

Pray for the Admin and the prayer group.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus, telling Him how much you love Him. Offer the rosary in gratitude for all He has done for you.



Friday, February 23, 2024

FRIDAY PRAYER AND FASTING

Prayer:

- (Mention all your intentions here).
- Pray for the Admin and the prayer group.
- Say the Stations of the Cross
- Fast from food and water (6am - 12pm, 1pm, 2pm, 3pm, 6pm) according to your capacity.
- [Please click here to feed the poor this week](#)



Saturday, February 24, 2024

THE SCOURGING AT THE PILLAR

Matthew 27:26

"Then Pilate set Barabbas free for them; and after he had Jesus whipped, he handed him over to be crucified."
Matthew 27:26.

Word of the Lord:

My child, do you remember the word in the book of Isaiah 52:14 which says: "Many people were shocked when they saw him; he was so disfigured that he hardly looked human".

It was the scourging that disfigured me so much that I hardly looked human.

They beat me mercilessly all over my body because of you. With each blow, my flesh was torn from my body and so much blood gushed from my wounds.

I was scourged until I was disfigured, until I hardly looked like a human being because of you, my child.

My child, the world still scourges me with the evil atrocities it commits every minute.

I am in mourning because my children beat me every day. Many people don't care about the sacrifice I made for them.

I want you to always remember my passion.

I want you to carry my marks on your body.

Just as I suffered for you, are you willing to suffer for me?

Are you willing to bear the blows that the enemies will throw at you for my sake?

Prayer:

I adore the holy wounds of your most precious body,
scourged mercilessly on the pillar for my sake.

I adore Your most precious Blood, which gushed forth in
abundance for my sake during Your painful scourging.

Lord Jesus Christ, let the marks of Your scourging be
forever imprinted on my life and soul.

Help me never to scourge You with my sins.

I give myself to you, Lord Jesus, and I console you for all
the agony and pain you feel.

Pray for the Admin and the prayer group.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to the wounded Jesus Christ,
who was mercilessly scourged on the Pillar.



Sunday, February 25, 2024

THE SCARLET ROBE

Matthew 27:28

"They stripped off his clothes and put a scarlet robe on him." Matthew 27:28.

Word of the Lord:

My child, I want you to love me as I love you.

I want you to consider the sacrifice offered for your soul which was lost and on its way to eternal destruction.

My child, no one can love and care for you as I do.

My child, I have been stripped of my clothes by my children whom I created and clothed.

They tore my clothes from my flesh, causing me great agony and pain.

Blood gushed from my body as my wounds were reopened.

The world took great pleasure in stripping me of my clothes to humiliate me.

To further mock me, they clothed me in scarlet.

Do you remember Revelation 17:4-5 about the woman dressed in scarlet? It says: "The woman was clothed in purple and scarlet, and decked with gold and precious stones and pearls. In her hand she held a golden cup full of obscene and filthy things, the result of her immorality. On her forehead was written a name with a secret meaning: Great Babylon, mother of all the prostitutes and perverts of the world".

My child, you can see the meaning of the scarlet robe they

put on My body.

I, your God, the model of purity, have been mocked with the garment of iniquity and the evil of the world.

I want you never to clothe yourself with iniquity or perversion of any kind.

Hate sin, run away from it.

Do not allow yourselves to be clothed with the filthy garment of sin and iniquity.

Tear off from your body every filthy garment that may be in your life and never put it on again.

Prayer:

My Lord Jesus Christ, I console You for the insults, humiliations and great pains You have suffered.

My Lord Jesus Christ, with sorrow in my heart I tear off every scarlet robe of sin in my life.

Lord Jesus, I give you my whole life.

Put on your robe of purity, holiness and righteousness.

Pray for the Admin and the prayer group.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus Christ. Ask Him to clothe you with the garment of holiness.



Monday, February 26, 2024

THE CROWNING WITH THORNS

Matthew 27:29

"Then they made a crown out of thorny branches and placed it on his head" Matthew 27:29.

Word of the Lord:

My child, no aspect and no part of my life has not been touched by the wickedness of the world for your sake. For my sake a crown of sharp piercing thorns was made and placed on my head.

The thorns were so many in hundreds and very sharp that they pierced my head and made deep wounds in my holy head.

They pressed the thorns deeper and deeper into my head out of wickedness.

They pierced the temple of divine wisdom with sharp thorns, and abundant blood poured out of my sacred head for the sins of the world.

The crown of thorns was a mockery of my divine kingship. The world does not want me to be its King and has rejected me.

Will you reject me too?

Am I really the King of your life?

Do I have supreme authority over you, or is there something else that rules your life?

Prayer:

My Lord Jesus Christ, I adore the holy wounds of Your Holy Head crowned with thorns.

I adore the most precious Blood that poured out from Your Holy Head.

I accept You as King and Lord of my life.

Lord Jesus, help me to advance your kingdom on earth by your grace.

Pray for the Admin and the prayer group.

(Mention all your intentions here).

Exercise:

Recite the Holy Rosary and offer it to the Sacred Head of Jesus Christ, which is crowned with thorns.



Tuesday, February 27, 2024

THEY MOCKED MY SCEPTRE OF POWER AND AUTHORITY

Matthew 27:29

"They put a stick in his right hand; then they knelt before him and made fun of him. Long live the King of the Jews! they said." Matthew 27:29.

Word of the Lord:

My child, do you remember Revelation 12, verse 5? "And she shall bear a son, and he shall rule over all the nations with a rod of iron."

The iron rod is a symbol of My authority over all the nations of the world.

To make a mockery of Me and My authority, they gave Me a rod that is useless and irrelevant.

They have mocked my authority and my kingship for your sake.

The children of the world do not want me to have authority over their lives.

My child, as your shepherd and your God, do I have authority over your life?

Do you keep my commandments, does my word have authority over your life?

If you place yourself under My authority, My iron rod will defend and protect you and strike a deadly blow to your enemies.

Prayer:

Lord Jesus Christ, I ask You to rule over me with Your power and great authority.

Give me also measures of Your authority to represent and promote You properly in this sinful world.

Jesus, I love You, all I have is Yours, Yours I am and Yours I want to be, do with me what You will.

Pray for the Admin and the prayer group.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus Christ. Pray for the reign of His authority over your life.



Wednesday, February 28, 2024
**CONSOLATION TO THE SACRED
HEAD OF JESUS**
Matthew 27:30

"They spat on him, took the stick and hit him over the head." Matthew 27:30.

Word of the Lord:

Because of you, the enemies spat in my face and beat my sacred head with a stick, the head on which the crown of thorns rests.

They beat my head and caused me great pain and grief.

They spit on my face, the face of their God.

Mankind spits in my face in rebellion in response to my love and sacrifice for them.

Many don't want to hear my name.

Men do not care that I have died, they try their best to erase everything about me from their society.

Moses struck the rock in the desert and lost the Promised Land.

Many strike the cornerstone in this age and are on their way to eternal damnation.

Do not strike the wisdom of God made available in my death and resurrection for the salvation of mankind.

I want you to comfort me by first living for me.

I want you to console me by being close to me and praying to me always.

Prayer:

My Lord Jesus Christ, I console Your holy face spat on by the enemies.

I console You for the pain You felt when men violently beat Your head with a stick.

I am sorry for all the times I have stabbed You with my sins.

Give me the grace to console you with my life and never strike you.

Pray for the Admin and the prayer group.

(Mention all your intentions here).

Exercise:

For the consolation of His Holy Head, recite and offer the Holy Rosary to Jesus Christ.



Thursday, February 29, 2024

**REMEMBER WHERE YOU COME
FROM**
John 19:9

"He went back into the palace and asked Jesus, Where do you come from? But Jesus did not answer."

Word of the Lord:

Pilate wanted to know where I came from, but I decided not to answer him.

Where I come from is beyond human understanding.

A place so beautiful and glorious from where the devil was cast out.

Nothing impure can enter this place and I am the door of this wonderful kingdom.

No one can enter without me and no one who rejects me can pass through.

Remember your original home where you will find true rest.

Remember that you are on a journey in this world, this world is a wilderness.

Heaven is the Promised Land; do not allow anything or anyone to deceive you.

If it wasn't real, I wouldn't have come down to die for you.

Prayer:

Lord Jesus Christ, give me the grace to go to heaven.

Help me to live a life that is necessary and worthy of heaven.

Plant a desire for heaven in my soul.

Lord Jesus Christ, I give you my soul so that it will never be lost in this wilderness.

I want to be where you are forever.

Pray for the Admin and the prayer group.

(Mention all your intentions here).

Exercise:

Say the Holy Rosary to Jesus Christ and offer it to him, asking him to grant you all the graces you need to enter heaven.



Friday, March 1, 2024

FRIDAY FASTING AND PRAYER

Prayer:

- (Mention all your intentions here).
- Pray for the Admin and the prayer group.
- Say the Stations of the Cross
- Fast from food and water (6am - 12pm, 1pm, 2pm, 3pm, 6pm) according to your capacity.
- [Please click here to feed the poor this week](#)



Saturday, March 2, 2024

THE EMPEROR'S FRIENDS

John 19:12

"If you set him free, that means that you are not the Emperor's friend! Anyone who claims to be a king is a rebel against the Emperor!"

Word of the Lord:

The Emperor wants to be the sole ruler.

A creature that turned against its own master,

A creature that fell from glory and was cast into the earth.

Anyone who is a friend of the devil cannot be a friend of God.

You cannot serve the Creator and His creature at the same time.

Anyone who lives in sin is a friend of the emperor; such a person is on the way to eternal destruction.

The Emperor wants to rule over everyone on earth, that is why he offered me his kingdom during my temptation.

My child, do not bow down to the Emperor, do not be a friend of darkness.

As co-heir with Me, you are a King; do not throw away your crown to the Evil One.

I died for you because you are my friend, and I want that friendship to last forever.

Prayer:

Lord Jesus Christ, I accept your friendship and all that you have done for me.

I acknowledge you alone as my Lord and personal Saviour.

Help me to seek you daily as my best friend.

Give me the grace never to sin against you or to break our friendship.

Help me to go deeper and deeper into intimacy with you.

Pray for the Admin and the prayer group.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus Christ. Ask Him to lead you into a deeper intimacy with Him.



Sunday, March 3, 2024

THEY CHOSE THE KING OF THE WORLD IN PLACE OF ME

John 19:15

"They shouted back, Kill him! Kill him! Crucify him! Pilate asked them, Do you want me to crucify your king? The chief priests answered The only king we have is the Emperor!" John 19:15.

Word of the Lord:

My creatures cried, "Kill him, kill him! Though I have committed no crime and have done no wrong to anyone. Crucify him! they cried, looking at me with disgust and malice.

Once again they rejected my kingship and chose to be under the emperor, the ruler of this world.

What have I done to my people that they should hate me so much?

They try to crucify me at the slightest opportunity.

They try to kill me at the slightest opportunity.

They mock me at every opportunity.

Reject the emperor of this world as I rejected him when he came to tempt me three times in the wilderness.

He has nothing to offer you that will last.

Do not be attached to the will and the kingdom of the ruler of this world, for his reign will come to an end and everything will vanish.

Do not be attached to the material things of this world.

Do not sell your birthright in heaven to the devil for

porridge that will be forgotten in no time.

Prayer:

Lord Jesus Christ, I renounce the devil and all his empty promises.

I choose You again and again as my Lord and God.

Remove all love for the world and the flesh from my life.

Lord Jesus Christ, rule over me and all that is mine as the true King of heaven and earth.

Jesus, I love You, all I have is Yours, Yours I am and Yours I want to be, do with me what You will.

Pray for the Admin and the prayer group.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus, renouncing the devil and accepting Him as the only king of your life.



Monday, March 4, 2024

JESUS TAKES UP HIS CROSS

John 19:17

"He went out, carrying his cross, and came to The Place of the Skull, as it is called. (In Hebrew it is called Golgotha.)"
John 19:17.

Word of the Lord:

I have carried my cross thinking of you, you should carry all your crosses thinking of me.

The cross I was carrying for you was very big and heavy. It caused great pain in my shoulder; it bruised and caused great injury to my shoulder.

The heavy cross was on me because of the sins of mankind. Even with the loss of blood and weakness, I refused to give up for your soul.

The cross is a sign of my love for you; it is an altar where the only Lamb of God was sacrificed for you.

Carry your cross and follow me.

Prayer:

Lord Jesus Christ, I thank You and adore Your Holy Cross which You bore for me.

I console You for the holy wounds of Your shoulder, bruised, wounded and battered for my sake.

I adore the most precious blood that poured out from your shoulder.

Lord Jesus Christ, help me to carry my cross and follow

you.

Pray for the Admin and the prayer group.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus in veneration of His Holy Cross.



Tuesday, March 5, 2024

HELP ME TO CARRY MY CROSS

Matthew 27:32

"As they were going out, they met a man from Cyrene named Simon, and the soldiers forced him to carry Jesus' cross." Matthew 27:32.

Word of the Lord:

It was not easy for me to carry the heavy cross on my shoulder to Calvary.

A man named Simon was forced to carry my cross.

Do not be like Simon who had to be forced to carry my cross.

Be willing to take my yoke upon yourself for it is easy and light.

Be willing always to help me carry my cross by carrying your cross.

Your crosses are things you pass through, or the efforts you make to proclaim the good news to lost souls.

Each time you make effort or contribute to the spread of my gospel, you help me carry my cross.

It was for the salvation of your soul and that of the whole human race that I carried the cross.

Anything that comes to you for the sake of knowing and believing in me is also a cross.

Carry them and follow me daily in prayers.

Do not throw away your cross, it is meant to make you better and not to destroy you.

It is an opportunity for you to emerge victorious in this life.

Prayer:

My Lord Jesus Christ, I willingly accept to carry Your Holy Cross.

Keep my soul so that it will never be lost.

Help me to carry my cross every day of my life.

Pray for the Admin and the prayer group.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus Christ, asking for the grace to carry your cross along with Him.



Wednesday, March 6, 2024

CRY FOR YOURSELF AND YOUR CHILDREN

Luke 23:28

"Jesus turned to them and said, Women of Jerusalem! Don't cry for me, but for yourselves and your children." Luke 23:28.

Word of the Lord:

My child, why should you weep for me?

I have lost nothing, I have overcome everything.

You are to weep for yourself and your children who have much to do to ensure that you emerge victorious from this wilderness.

Indeed, the earth is not a place to waste one's life in eating, drinking and living to the full.

Men should be sober and weep like a woman in labour who is about to give birth to a child.

Weep for the children of this generation who are lost in the wilderness.

Weep for the children of this age who make strange laws and uphold perversion.

Many will not be able to come out of the wilderness because they have chosen to go back to Egypt.

Weep for the children of this age who are steeped in corruption and evil.

Weep because the world has no regard for Me and has deliberately made My death and My passion for their lives to be in vain.

Prayer:

Lord Jesus, have mercy on me and on the whole world.

Eternal Father, for the sake of the painful Passion of my

Lord Jesus Christ, have mercy on the world.

Bring back all the souls who are going to hell.

Let the death of Jesus never be in vain in my life and in the lives of Your children throughout the world.

Pray for the Admin and the prayer group.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus Christ, for the conversion of sinners in the world.



Thursday, March 7, 2024
THE DAYS ARE COMING
Luke 23:29-30

"For the days are coming when people will say, 'How lucky are the women who never had children, who never bore babies, who never nursed them!' That will be the time when people will say to the mountains, 'Fall on us!' and to the hills, 'Hide us!' Luke 23:29-30.

Word of the Lord:

What good is life if it is wasted?

What good is it if all ends in destruction and fire?

A great judgement is coming upon the world, and time is short.

A time will come when those who play with sacred things will shall regret it.

The end of the ages is near, but many play with their lives.

A time of judgement is coming, when all those who live by the standard of heaven shall be rewarded, while those who have chosen to live in evil and sin shall be punished.

It will come suddenly, for no one knows the time or the hour except the Father.

Will you be among those who wish that the mountains should fall on them?

Will you be among those who wish they had never been born?

Prayer:

Lord Jesus, save me from eternal death and destruction.
As the Judge of this sinful world, please have mercy on me
and deliver me from my sins and weaknesses.
May I never be found among the lost.
Take my soul now, Lord Jesus, as Your own forever.
May I never have reason to regret the life beyond.
Pray for the Admin and the prayer group.
(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus Christ. Ask Him to
preserve your soul and give you every reason to rejoice in
the hereafter.



Friday, March 8, 2024

FRIDAY FASTING AND PRAYER

Prayer:

- (Mention all your intentions here).
- Pray for the Admin and the prayer group.
- Say the Stations of the Cross
- Fast from food and water (6am - 12pm, 1pm, 2pm, 3pm, 6pm) according to your capacity.
- [Click here to view the prayer point for today.](#)



Appeal For Support

Dear Family,

It is our deepest joy to spread God throughout the world. We believe in making the Word and Work of God available to everyone, especially those who live in under-served regions. We can't do this alone without your support, and we believe that through your generosity, we can have the greatest possible impact on lives and the world.

If you feel led to give, you can make a donation through our website.

Yours in Christ,
Admin

[CLICK HERE TO SUPPORT](#)



Saturday, March 9, 2024

THE BITTER WINE

Matthew 27:34

"There they offered Jesus wine mixed with a bitter substance; but after tasting it, he would not drink it."
Matthew 27:34.

Word of the Lord:

I was offered the wine of the world mixed with a bitter substance, but I refused to drink it.

Beware of the bitter wine of the devil and the world, it will harm you.

It seems sweet and pleasant, but it is very bitter to the soul. People drink the bitter wine of adultery.

Many drink the bitter wine of abortion and murder.

The world is getting drunk from the cup of the devil, whose aim is to poison the whole human race to an eternal death.

My child, refuse to drink from the cup of evil and iniquity.

This bitter drink may seem good to the flesh, but it will destroy your spirit and your soul.

Be careful of the things you bring into your life.

Beware of the things you see and hear, lest you take in wine mingled with bitter stuff.

I am the bread and the wine offered for mankind, read and meditate on my word often.

Prayer:

I pray and ask You, Lord Jesus, to help me not to be contaminated by the devil and the world.

Deliver me from the bitter wine of this age and generation.

Help me to be careful what I take into my body, soul and spirit.

Uproot every bitter thing in my life.

Pray for the Admin and the prayer group.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus. Ask Him to prevent you from drinking from the cup of bitterness and death.



Sunday, March 10, 2024

CRUCIFIXION (NAILING OF THE RIGHT HAND)

Matthew 27:35

"They crucified him and then divided his clothes among them by throwing dice." Matthew 27:35.

Word of the Lord:

The soldiers took my right hand and pierced it with a large blunt nail.

It broke and went through my hand, causing me great pain and agony.

My right hand was crushed without mercy for your sake.

My child, hold on to my right hand, it will keep you from falling.

Everything you need from Me is in My right hand, if you hold on to My right hand, you will enjoy the fountain of divine provision.

Do not sell your soul for the things that are at your disposal on My right hand.

Men go the wrong way to the devil, seeking things that are meant for them on My right hand.

Before you were created, everything you will ever need in this life was on my right hand.

If you turn away from Me, you will be able to do or achieve anything.

Do not seek help or anything from the hands of the devil; a creature has nothing to offer a fellow creature.

Cling to My right hand through righteousness and prayer

and you will enjoy this fountain of blessings.

Prayer:

Lord Jesus Christ, I adore the wound of Your right hand.
I adore the most precious blood that flows from Your right hand.

I offer and consecrate my whole self to Your right hand,
may Your right hand hold and sustain me forever.

Lord Jesus Christ, may Your right hand cut off the devil's
hand from my life and soul.

May Your right hand keep my soul in check.

I pray that You will provide for my needs through Your
right hand.

Pray for the Admin and the prayer group.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to the wounded right hand of
Jesus Christ.



Monday, March 11, 2024

CRUCIFIXION (NAILING OF THE LEFT HAND)

Matthew 27:35.

"They crucified him and then divided his clothes among them by throwing dice." Matthew 27:35.

Word of the Lord:

I want all men to worship and give themselves to me as I have given myself to them.

My left hand has suffered the same abuse as my right hand. The hand that healed the sick, raised the dead and did many signs was nailed to the cross for your sake.

I am restricted on the cross, if you love me, my passion and death will restrict you from doing things that the world does.

Is there any difference between the way you live your life and the way the world does?

My child, if you love Me, you will live a restricted life for My sake and for your salvation.

There is nothing that the freedom of the world, which the flesh seeks, will offer but death and destruction.

Bridle your flesh.

Like the nail on my hands, let your love for me restrain you from doing certain things.

I am left hanging on the cross without support, all my weight painfully held by nails.

There is so much pressure on my hands and blood gushes

out for your sake.

Do not forget or disregard this sacrifice offered for you on the cross.

Prayer:

My Lord Jesus Christ, I thank You for this precious sacrifice offered for my sake.

Lord Jesus Christ, give me Your Holy Spirit to control me and keep me from doing things that are of the world and not pleasing to You.

Lord Jesus Christ, make me live a restricted life.

Make me die to my flesh and human passion.

Lord Jesus Christ, I want to be nailed to Your cross so that I can never leave Your sight or get lost.

Pray for the Admin and the prayer group.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to the Holy wounds of the left hand of Jesus Christ.



Tuesday, March 12, 2024

CRUCIFIXION (NAILING OF THE RIGHT FOOT)

Matthew 27:35.

"They crucified him and then divided his clothes among them by throwing dice." Matthew 27:35.

Word of the Lord:

There was great agony within me as my right foot was beaten and shattered with large blunt nails.

Can you imagine?

It was a bloody sacrifice offered for you and mankind to show you the consequences of sin.

Flee from sin with all your life, for the wages of sin is death; so that you may live, I had to die for you.

It will be bad and unjust for men to die eternally after I have died in their place, is it not a waste of My sacrifice in their lives?

My child, what I ask of you is not too difficult.

Live for me, be for me. Stand by Me; stand for Me in this sinful world on your feet, alert as a soldier and citizen of Heaven.

Prayer:

Lord Jesus, I adore the sacred wound of Your right foot.

I adore the most precious blood that flows from Your right foot.

I console You, my Lord and Master, for the great agony and pain You endured on Your right foot for My sake.

May my life console you every day.
Help me to walk in your way.
Pray for the Admin and the prayer group.
(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to the wound of the right foot of Jesus Christ.



Wednesday, March 13, 2024

CRUCIFIXION (NAILING OF THE LEFT FOOT)

Matthew 27:35.

"They crucified him and then divided his clothes among them by throwing dice." Matthew 27:35.

Word of the Lord:

My left foot was the last part of my body to be nailed to the cross.

It seemed that the pain and torture at the hands of the soldiers would never end.

My left foot was bound together with my right foot on the cross.

My child, are your feet bound for my sake?

Do you go to places where you should never be seen as a Christian?

Do you go out or mix with people who have no regard for me, people who tend to corrupt your soul?

Do you go down to Egypt or to the land of the dead to seek help and favour?

My child, be careful of those with whom you walk.

Be careful where you go; there are places where a child of God should never be seen.

Do not be in places that are occasions for sin.

Let your love for Me limit you so that you may be preserved and separated from the world.

Prayer:

Lord Jesus Christ, I console You for the pain You feel in Your left foot.

I adore the most precious blood that flows from your left foot.

Help me not to commit sins.

Lord Jesus, protect me from the children of darkness so that I may not be corrupted.

Help me never to be in the wrong places where my life and soul are in danger.

I consecrate myself to your holy wounds and precious blood.

Pray for the Admin and the prayer group.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to the left foot of Jesus pierced and nailed to the cross.



Thursday, March 14, 2023
MY GARMENT IS DIVIDED
Matthew 27:35.

"And then divided his clothes among them by throwing dice." Matthew 27:35.

Word of the Lord:

The soldiers took my garment and divided it among themselves by casting lots.

My garment, spiritually given to men by virtue of their priestly ordination, is not taken seriously in this generation. Many of My priests are far away from Me, defiling and casting dice with their vocation and ordination.

Men no longer wear the robe of purity but are clothed in filth and serve at my altar.

Pray for your priests for the things they do to me in secret.

Pray always for your priests, that they may never defile my garments.

Pray always for your priests, that they may not play with the sacred garment of my body which they share.

Pray for all those who serve around my altar of sacrifice.

Pray for all those who lead consecrated lives.

Pray for all My priests who have kept themselves and the garment of priesthood I have put on their lives.

Prayer:

Lord Jesus, I thank you for the ministry and gift of the priesthood.

I commend all your priests throughout the world into your

hands.

Preserve the holiness and purity of all your priests who belong to you.

Help all those who are struggling with many trials and temptations.

Deliver all your priests who are in danger throughout the world.

Help all those who work for you in the most difficult parts of the world.

Plant Your fear in the hearts of Your priests.

Pray for the Admin and the prayer group.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus Christ. Ask Him to preserve all His priests.



Friday, March 15, 2024

FRIDAY FASTING AND PRAYER

Prayer:

- (Mention all your intentions here).
- Pray for the Admin and the prayer group.
- Say the Stations of the Cross
- Fast from food and water (6am - 12pm, 1pm, 2pm, 3pm, 6pm) according to your capacity.
- [Click here to view the prayer point for today.](#)



Saturday, March 16, 2024

THEY SAT THERE AND WATCHED ME

Matthew 27:36

"After that they sat there and watched him."

Matthew 27:36.

Word of the Lord:

My child, after My crucifixion on the Cross, they sat and watched Me with indifference in their hearts.

My children watch Me and treat My sacrifice for them with indifference.

They do not make any effort to receive my Body and Blood in the Eucharist, but they sit and watch me on the altar.

A great number of those who receive me do so to fulfil all righteousness. Although they receive me in a state of grace, there is no reverence, no newness and no adoration in the reception of my body and blood.

Many souls sit and watch me at Mass and refuse to receive me because of their sins and unpreparedness.

Many souls do not even see the need to receive the Eucharist. If the Eucharist wasn't needed, I wouldn't have made it available.

Do not sit and watch me at every Holy Mass.

Do not receive me casually as if I were a piece of bread.

Do not receive me in a state of sin.

What is the use of being at Holy Mass if you do not participate in the Eucharistic mystery?

Prayer:

Lord Jesus in the Holy Eucharist, I thank You for having instituted the Eucharist to nourish my soul and save it from eternal hunger.

I ask You to help me always to receive You worthily in a state of grace.

Instill in my mind, Lord Jesus, a deep desire and reverence for the Holy Eucharist.

Remove everything that prevents me from receiving You in the Eucharist.

Change my perception of the Holy Eucharist and increase my faith in the Holy Eucharist.

Pray for the Admin and the prayer group.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to the Eucharistic Jesus.



Sunday, March 17, 2024

THEY ALL INSULTED ME ON THE CROSS

Matthew 27:39-44

"People passing by shook their heads and hurled insults at Jesus: You were going to tear down the Temple and build it back up in three days! Save yourself if you are God's Son! Come on down from the cross! In the same way the chief priests and the teachers of the Law and the elders made fun of him: He saved others, but he cannot save himself ! Isn't he the king of Israel? If he will come down off the cross now, we will believe in him! He trusts in God and claims to be God's Son. Well, then, let us see if God wants to save him now! Even the bandits who had been crucified with him insulted him in the same way." Matthew 27:39-44.

Word of the Lord:

My child, look how the world has turned against its Master and has joined hands with the prince of this world to insult Me.

My creatures insult Me while I hang on the Cross for the sins of men.

They mock Me, My love and My sacrifice on the Cross.

My child, look at Me with compassion as I hang on the Cross and do not join the world in mocking the only way they can be saved.

Men were separated from Heaven by a great chasm of sin and iniquity.

Heaven was out of sight for men, so I came as a ladder for them to climb to eternal life.

Instead of climbing up to God through me, they chose to mock the provision God has made for the salvation of all men.

Anyone who insults me and chooses to be careless with his life will never be able to enter heaven because I am the door.

Wake up and see the devil's plot against the souls of men. He has lost his place and knows that his time is short, so he is out to drag souls to hell with him.

Men who think they are knowledgeable question My existence and reality through science and vain human knowledge.

But just as I refused to come down from the Cross, no special sign will be given to them to believe in Me. If you believe in Me, you will be saved.

Prayer:

Lord Jesus Christ, I console You for all the insults You received on the cross.

Your creatures mocked You and made fun of You after all the ill-treatment You received.

I am very sorry for all my sins, Lord Jesus Christ.

I console You for all the insults the world still heaps on You in this present time.

Have mercy on us, O Lord, and forgive us, for we have sinned against You.

Pray for the Admin and the prayer group.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus in consolation for the multitude of insults from the world to Him.



Monday, March 18, 2024

REPENT NOW THAT YOU HAVE THE TIME

Luke 23:39-43

"One of the criminals hanging there hurled insults at him: Aren't you the Messiah? Save yourself and us! The other one, however, rebuked him, saying, Don't you fear God? You received the same sentence he did. Ours, however, is only right, because we are getting what we deserve for what we did; but he has done no wrong. And he said to Jesus, Remember me, Jesus, when you come as King! Jesus said to him, I promise you that today you will be in Paradise with me." Luke 23:39-43.

Word of the Lord:

My child, what can you learn from the repentant thief?

Two thieves were crucified with me, just as all men were condemned to death for sin.

One accepted me and was saved, and even death could not imprison his soul.

His death that day became a passage to eternal life.

The two thieves are like the people of the world divided into two sides.

One side is to my right and the other to my left.

They are all guilty and condemned to death.

I am in the middle, stretching out my hand to save them.

Those to my left insult me and mock my efforts to save them.

While the penitent ones believed in me and entered paradise

with me.

My child, if you have not given your life to me, do so now before it is too late.

All men are already damned; I am the only one who can save you.

Death is coming for every man, escape eternal death by accepting me and believing in me.

Do not waste this opportunity I am offering you to save your soul.

Prayer:

Lord Jesus Christ, I accept You as my Lord and personal Saviour.

I believe in You and all that You have done to save my soul.

Because you have paid the price for my salvation, I give you my life and all that belongs to me.

Remember me, Lord Jesus, when you come as a king.

I am very sorry for all my sins and confess them to you.

Please forgive me and wash me clean.

Pray for the Admin and the prayer group.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus Christ for the grace to see Him at the end of time.



Tuesday, March 19, 2024

JESUS IS THE KING

John 19:19

"Pilate wrote a notice and had it put on the cross. Jesus of Nazareth, the King of the Jews, is what he wrote." John 19:19.

Word of the Lord:

God's promise to David to give him an heir whose kingship would never end was fulfilled that day.

When God asked Abraham to look up and count the stars, his old eyesight enabled him to count a single star. I am the star through whom a nation is made in heaven.

I am the King of the world, a King who laid down his life for his people.

My life is the cornerstone upon which eternal life is built.

If you try to build on anything that is not my life, it will fall; it will vanish with the passing of the world.

I want to be the king of your life so that you can be part of my kingdom in the hereafter.

There is one God and one throne, anyone who serves another throne than mine will have no place in my kingdom.

Prayer:

Lord Jesus, I build my life for eternal salvation on You, the true cornerstone.

Lord Jesus, I want to be part of your kingdom in the

hereafter.

Make a special place for me in heaven and help me maintain my citizenship in your kingdom.

Lord Jesus Christ, please rule my life so that I may be subject to You alone.

Take control of my life as my King and my God.

Pray for the Admin and the prayer group.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus, proclaiming Him as the king of your life.



Wednesday, March 20, 2023

JESUS THE KING FOR ALL NATIONS

John 19:20

"Many people read it, because the place where Jesus was crucified was not far from the city. The notice was written in Hebrew, Latin, and Greek." John 19:20.

Word of the Lord:

My child, I am the King of all the nations of the world. The announcement of my kingship was written in Hebrew, Latin and Greek.

This indicates that my death was not only for the Jews but also for the Gentiles.

My death is for the whole human race.

Through me, heaven is open to all people, regardless of race, tribe or nationality.

I want you to proclaim my name to the ends of the world and make souls realise once more that I died for them.

What efforts have you made to promote Me in this world?

If you haven't done much, start now because time is short.

There is a need to work much because souls are rushing down to hell.

Proclaim the Good News to the ends of the earth to all men.

Prayer:

Give me the grace, Lord Jesus Christ, to proclaim your good news and your message.

Strengthen me with your grace and power to work for you.

Help me to discover the abilities and gifts you have given me.

Help me to serve you with my talents and resources.

Pray for the Admin and the prayer group.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus Christ for the grace to proclaim the good news to the ends of the earth.



Thursday, March 21, 2024
MARY YOUR MOTHER
John 19:26-28

"Jesus saw his mother and the disciple he loved standing there; so he said to his mother, He is your son. Then he said to the disciple, She is your mother. From that time the disciple took her to live in his home." John 19:26-28.

Word of our Lord:

My child, my mother is also your mother.

After she took care of me as my mother on earth, I gave her to John to take care of each other.

John followed my passion with my mother; follow my passion with her in the wilderness of this life.

Let her always speak and intercede for you as a child and citizen of heaven.

I gave my mother to John; her motherhood of John was spiritual because she was not John's biological mother.

My mother is also yours. The saints are your brothers and sisters in me, because my kingdom is one and a great family, with God as the Father of us all.

John took Mary into his home from the day I gave her to him as his mother; is my mother present in your home?

Are you devoted to your mother or have you abandoned her in the open?

Remember the power of her intercession, how she made me change water into wine, even though it was not yet time.

If she hadn't been present at that wedding, I wouldn't have

performed that miracle because it wasn't my time.
Is my mother present in your life as she was at the wedding in Cana?

Prayer:

Lord Jesus Christ, thank you for giving me a spiritual mother in the person of Mother Mary, who can help me through her motherly intercession in heaven.

Mother Mary, I ask you to help me to serve Jesus every day of my life.

Lord Jesus, come into my family with Your Mother as my spiritual parents.

Love Your Mother and always seek Her intercession.

Pray for the Admin and the prayer group.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus Christ. Ask for the presence of His mother in your life and family.



Friday, March 22, 2024
FRIDAY FASTING AND PRAYER

Prayer:

- (Mention all your intentions here).
- Pray for the Admin and the prayer group.
- Say the Stations of the Cross
- Fast from food and water (6am - 12pm, 1pm, 2pm, 3pm, 6pm) according to your capacity.
- **[Click here to view the prayer point for today.](#)**



Saturday, March 23, 2024

MY LAMENTATION ON THE CROSS

Matthew 27:46

"At about three o'clock Jesus cried out with a loud shout, Eli, Eli, lemasabachthani? which means, My God, my God, why did you abandon me?" Matthew 27:46.

Word of the Lord:

The cry for divine mercy was first heard on my lips some 2000 years ago when I cried out to my Father for mercy, asking him why he had forsaken me.

He did not forsake me, but for your sake he allowed me to die so that you might live.

My father's silence was a cry for your soul.

Your soul belongs to God.

This man will not be able to say in hell: "God, why have you forsaken me?" They must believe in Me and turn from their evil ways.

They must take my cross and follow my ways.

There is a time when no plea for mercy will be heard.

There is a time when silence will be the answer from heaven to those who have forsaken me and found themselves in hell.

After death there is no remedy, mercy can only be shown to the living and not to the dead.

Prayer:

Lord Jesus Christ, have mercy on me.

Do not let me be lost in hell, where the cry for mercy cannot be heard.

Free me from the bondage and chains of sin and iniquity.

I console You, Lord Jesus Christ, for the agony You felt on the cross for my sake.

Never forsake me, Lord Jesus Christ, at any time in my life.

Pray for the Admin and the prayer group.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus Christ in consolation for the pains felt on the cross.



Sunday, March 24, 2024

JESUS DIES ON THE CROSS

John 19:30

"Jesus drank the wine and said, It is finished Then he bowed his head and gave up his spirit." John 19:30.

Word of the Lord:

My child, after so much suffering, pain and torture, I gave up my spirit for your sake.

I sacrificed my life so that you could be saved, I gave up my spirit so that through it you could overcome the flesh.

Without My Spirit you cannot achieve much.

It was the same Spirit given to the apostles at Pentecost that filled them with so much power to preach my message.

Long for my Spirit, it will help you to respect my death and teach you my ways.

Surrender to the Holy Spirit to enliven your mortal body; I have given up my Spirit who is my life for all men.

My child, every day remember my death on the cross for you.

Always think of me and consider me in everything you do.

Prayer:

Lord Jesus Christ, I receive your Holy Spirit, which you gave up on the cross for my sake.

Let your Holy Spirit be my teacher and guide.

Let Your Holy Spirit fill me with Your power and the fear of God.

May your Holy Spirit rule over me so that I may not sin against you, my Lord.

Lord, let your fire burn in me all the days of my life.

Pray for the Admin and the prayer group.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus Christ. Ask Him to fill you with His Holy Spirit.



Monday, March 25, 2024

SALVATION AVAILABLE TO ALL MEN

Matthew 27:51

"Then the curtain hanging in the Temple was torn in two from top to bottom. The earth shook, the rocks split apart"
Matthew 27:51.

Word of the Lord:

Through my death and resurrection, salvation became available to all men.

When the curtain of the temple was torn in two, all the barriers that prevented people from accessing God and His kingdom were removed.

Anyone can come to God through me, regardless of race, colour, status, gender and so on.

The torn curtain showed the end of the Levitical priesthood into a new one according to my order.

The secret kept from the eyes of men is now open, all men can now see the Holy of Holies if they so choose, by conscious effort and willingness.

Now that the curtain is torn, come in and behold the glory of God made available through my sacrifice on Calvary.

Nothing prevents you from beholding the sanctuary that was once covered with a curtain.

Believe in me and live for me and you will see the glory of God.

Prayer:

Lord Jesus, help me to make the most of Your precious death and resurrection.

May I never undermine the sacrifice offered on the cross of Calvary.

Lord Jesus, teach me the secret things of God that are hidden from the eyes of men.

Lord Jesus, have mercy on me and help me.

Pray for the Admin and the prayer group.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus. Ask Him to teach you the things of God.



Tuesday, March 26, 2024

THE SAINTS AROSE

Matthew 27:52-53

"The graves broke open, and many of God's people who had died were raised to life. They left the graves, and after Jesus rose from death, they went into the Holy City, where many people saw them." Matthew 27:52-53.

Word of our Lord:

I am the resurrection and the life, without me no one can rise from the dead.

My death on the cross conquered real death, which is eternal death.

My death broke open the tombs and all those held down by death rose from their graves.

This is the power of the resurrection in action. They could not rise by their own strength, it was my sacrifice that brought them out of the grave.

If you want to rise at the end of time, make me your best friend; believe in me, hate what I hate, do what I do and obey all my commands to you.

Nothing can raise a man from the grave when he is gone; even the righteousness of the old men could not break the grave.

I am the antidote to death, the source of eternal salvation and peace.

No one can see the Father except through me; I am the only way.

Prayer:

Lord Jesus Christ, I commend my soul to you.

Resurrect me through the power of your resurrection at the end of time, so that I may not die an eternal death.

Lord Jesus, help me to create heaven at the end of my life on earth.

Pray for the Admin and the prayer group.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus Christ, entrusting your soul to Him for eternal life at the end of time.



Wednesday, March 27, 2024

THE SACRED SIDE OF JESUS

John 19:34

"One of the soldiers, however, plunged his spear into Jesus' side, and at once blood and water poured out." John 19:34.

Word of the Lord:

The last wound I received was that of my Sacred Heart, which pierced my Sacred Side.

The piercing of my side also affected my heart, from which blood and water poured out for all mankind.

My Passion was first felt in My Sacred Heart in the Garden of Gethsemane, my Passion also ended with My Sacred Heart pierced for all men.

Consecrate yourself to my Sacred Heart.

My Sacred Heart is burdened with your sorrows, your pains and above all the salvation of your souls.

Men trample My Sacred Heart on the ground when they do not consider from My Heart what I have done for their salvation.

With the piercing of my heart through my side, all I had for mankind was released, but many have refused to receive my precious gifts.

Let your heart always think of me daily, meditate and reflect on my passion always.

Prayer:

Lord Jesus Christ, I adore the wound of Your Sacred Side.

I adore the wound of Your Sacred Heart.

Let the most precious Blood and Water that flow from Your Sacred Heart be poured out on me and on all men for purification and consecration.

Let my heart be intimately united with Your Sacred Heart.

Pray for the Admin and the prayer group.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to the Sacred Heart and Side of Jesus.



Thursday, March 28, 2024

JESUS IS BROUGHT DOWN FROM THE CROSS

John 19:38

"After this, Joseph, who was from the town of Arimathea, asked Pilate if he could take Jesus' body. (Joseph was a follower of Jesus, but in secret, because he was afraid of the Jewish authorities.) Pilate told him he could have the body, so Joseph went and took it away." John 19:38.

Word of the Lord:

My child, look and see how My Body is taken down from the Cross.

The body of the One through whom all things were made. I have paid the price for your salvation, now you owe me your life.

I have died for your sake and for your good.

My mother is filled with grief at my death.

All heaven is silent because of the sacrifice of the Lamb.

God the Father mourns the death of his only Son.

I ask you not to let all this be in vain in your life and in the lives of those around you.

Prayer:

Lord Jesus Christ, thank you for dying on the cross for me.

Thank you for dying to free me from my sin and the wickedness of the world.

May my life bring you joy.

May my life bring you comfort.

Lord Jesus, never let me be separated from you.
Prepare my soul every day to receive you when you come
to take me.
May your death and resurrection never be in vain in my
life.
Pray for the Admin and the prayer group.
(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus Christ for the grace
to console Him with your life on earth.



Friday, March 29, 2024

FRIDAY FASTING AND PRAYER

Prayer:

- (Mention all your intentions here).
- Pray for the Admin and the prayer group.
- Say the Stations of the Cross
- Fast from food and water (6am - 12pm, 1pm, 2pm, 3pm, 6pm) according to your capacity.
- [Click here to view the prayer point for today.](#)



Saturday, March 30, 2024

JESUS IS BURIED

John 19:41-42

"There was a garden in the place where Jesus had been put to death, and in it there was a new tomb where no one had ever been buried. Since it was the day before the Sabbath and because the tomb was close by, they placed Jesus' body there." John 19:41-42.

Word of the Lord:

It is done, all is accomplished now.

Such a long journey of pain and misery for your sake and for the sake of all men.

My child, everything is in your hands.

You have the free will to choose either to die or to live forever.

You have been given a ladder to climb to heaven, it is up to you.

You have been given a door to go through to heaven, it is up to you to use it.

All the graces necessary for salvation have been made available through me, it is left to you to co-operate with them.

Before all men lies the choice between death and life, light and darkness; but I advise you to choose life and light.

All these things are for your benefit and no one else's.

Everything has been done with you in mind and in view.

I did not die for myself, it was you who needed to be saved.

Believe in Me and live the way of the Cross so that in the end you may reign gloriously with Me in Heaven.

Prayer:

Lord Jesus Christ, thank you for dying for me on the cross of Calvary.

Thank you for your sacrifice and all the pain you went through for me.

In return, I give you my whole self.

Jesus, I love you, all I have is yours, yours I am and yours I want to be, do with me what you will.

Pray for the Admin and the prayer group.

(Mention all your intentions here).

Exercise:

Say and offer the Holy Rosary to Jesus in thanksgiving for all He has done for you.



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Yours in Christ,
Admin

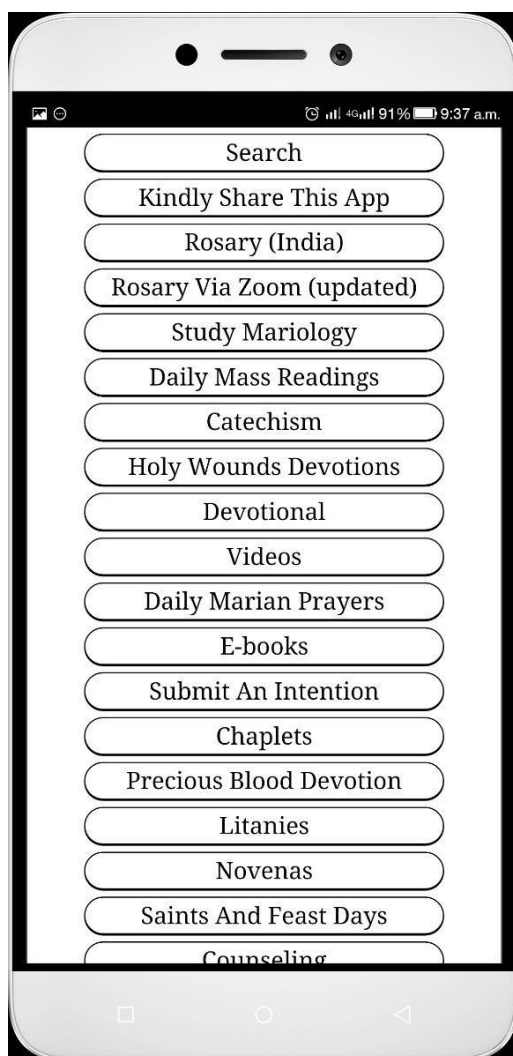
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