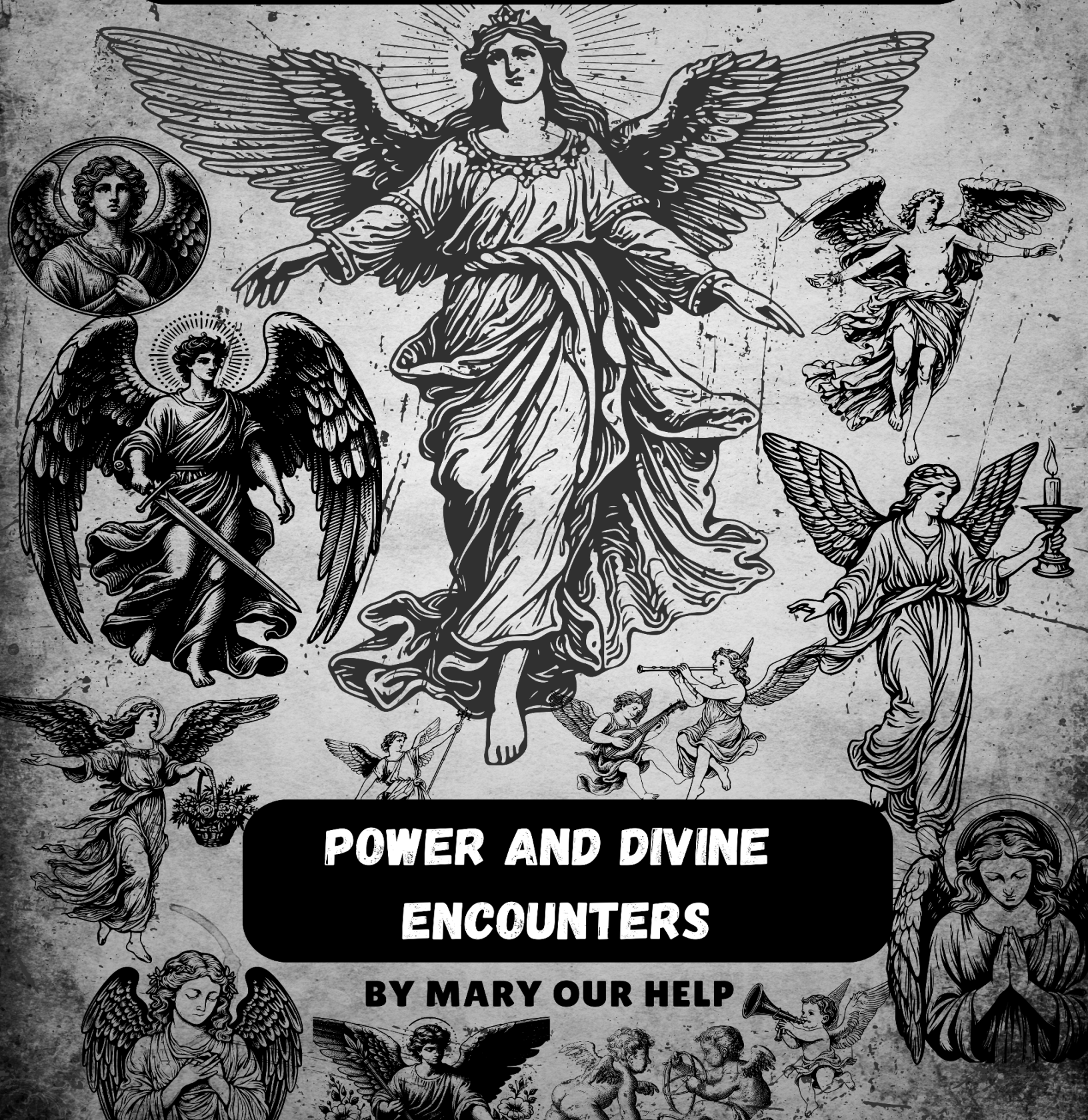


108 DAYS OF PRAYER FOR 2025



**POWER AND DIVINE
ENCOUNTERS**

BY MARY OUR HELP



TABLE OF CONTENT

**NOVENA TO OUR LADY OF PERPETUAL
HELP TO DEDICATE THE YEAR 2025
FROM 1ST TO 9TH JANUARY 2025. PAGE 5.**

**40 DAYS OF PRAYER AND FASTING TO
DEDICATE THE YEAR 2025
FROM 10TH JANUARY TO 18TH FEBRUARY
2025. PAGE 15.**

**14 DAYS OF PRAYER FOR DIVINE MERCY
FROM 19TH FEBRUARY TO 4TH MARCH
2025. PAGE 23.**

**40 DAYS OF LENT 2025
FROM 5TH MARCH TO 19TH APRIL 2025.
PAGE 24**

Copyright © 2025

MARY OUR HELP

EMAIL:

info@maryourhelp.org

TEL: +2349125243166

www.maryourhelp.org



All rights reserved. No part of this prayer book may be reproduced in any form or by any means, including photocopying, recording, or other electronic or mechanical methods, without the permission of Mary Our Help.

CLICK HERE TO JOIN
OUR PRAYER GROUP

CLICK HERE TO SAY
MORE PRAYERS AND
NOVENAS FROM OUR IOS
APP

CLICK HERE TO SAY
MORE PRAYERS AND
NOVENAS FROM OUR
ANDROID APP

JANUARY 1, 2025

**NOVENA TO OUR LADY OF PERPETUAL
HELP DAY ONE**



[CLICK HERE TO PRAY](#)
[FOR THE FIRST DAY](#)

JANUARY 2, 2025

**NOVENA TO OUR LADY OF PERPETUAL
HELP DAY TWO**



CLICK HERE TO PRAY
FOR THE SECOND DAY

JANUARY 3, 2025

**NOVENA TO OUR LADY OF PERPETUAL
HELP DAY THREE**



CLICK HERE TO PRAY
FOR THE THIRD DAY

JANUARY 4, 2025

**NOVENA TO OUR LADY OF PERPETUAL
HELP DAY FOUR**



CLICK HERE TO PRAY
FOR THE FOURTH DAY

JANUARY 5, 2025

**NOVENA TO OUR LADY OF PERPETUAL
HELP DAY FIVE**



CLICK HERE TO PRAY
FOR THE FIFTH DAY

JANUARY 6, 2025

**NOVENA TO OUR LADY OF PERPETUAL
HELP DAY SIX**



CLICK HERE TO PRAY
FOR THE SIXTH DAY

JANUARY 7, 2025

**NOVENA TO OUR LADY OF PERPETUAL
HELP DAY SEVEN**



CLICK HERE TO PRAY
FOR THE SEVENTH DAY

JANUARY 8, 2025

**NOVENA TO OUR LADY OF PERPETUAL
HELP DAY EIGHT**



**[CLICK HERE TO PRAY](#)
[FOR THE EIGHTH DAY](#)**

JANUARY 9, 2025
NOVENA TO OUR LADY OF PERPETUAL
HELP DAY NINE



[CLICK HERE TO PRAY](#)
[FOR THE NINETH DAY](#)

CLICK HERE TO JOIN
OUR PRAYER GROUP

CLICK HERE TO SAY
MORE PRAYERS AND
NOVENAS FROM OUR IOS
APP

CLICK HERE TO SAY
MORE PRAYERS AND
NOVENAS FROM OUR
ANDROID APP

JANUARY 10, 2025

**40 DAYS OF PRAYER AND FASTING TO
DEDICATE THE YEAR 2025**

**FROM 10TH JANUARY TO 18TH FEBRUARY
2025.**

SAY THE FOLLOWING PRAYERS BELOW
EVERY DAY FOR 40 DAYS, FROM 10TH
JANUARY TO 18TH FEBRUARY 2025.

**(YOU ARE ENCOURAGED TO PRAY WITH
YOUR FAMILY IF POSSIBLE.)**

**Say the Holy Rosary (Two Mysteries of your
choice. Example: Joyful & Sorrowful):**

- Offer the first mystery of the Holy Rosary for Mary Our Help prayer group. In this mystery, commit the Administrator into the hands of Jesus and Mother Mary, for divine protection from all evil forces and powers of darkness and for divine guidance.
- Offer the second mystery of the Holy Rosary for all your intentions.

Prayers (Be vocal or pray aloud):

- Pray and make declarations in the name of Jesus, for things you want God to do for you in this New Year.

Daily Prayer to The Holy Spirit (Be vocal or pray aloud):

Holy Spirit of God, I thank You for helping me to see the New Year. I worship You Holy Spirit of God because You have been so good to me. I praise You and worship You because You are the Highest Spirit in existence, I worship and praise You because You are the Spirit of life. Without You, I cannot be able to bear fruit. Without You, life is meaningless. Holy Spirit, I call upon You for mercy, love and Your unfailing help.

I hand over this year into Your hands, asking You to let Your light shine greatly upon all that concerns me. Let Your light shine and dispel every cloud of darkness and workings of the devil this year. Holy Spirit, lead me throughout this New Year. Help me to know Your will

and fulfil it. Help me to hate sin and to live a holy life this year. Holy Spirit, please increase my spiritual and prayer life. I consecrate this New Year to You Holy Spirit, please be in control of everything that will happen. Bless me and my family and shower Your abundant blessings and favour upon us. May this year be filled with testimonies and miracles by Your power. In Jesus name I pray. Amen.

**Daily Prayer To The Two Hearts Of Love
(Be vocal or pray aloud):**

Sacred Heart of Jesus and Immaculate Heart of Mary, I thank You for Your love upon me. Lord Jesus Christ, I adore the Holy Wounds of Your Sacred Heart and the Immaculate Heart of Your Mother Mary. Lord Jesus, I adore the Most Precious Blood and Water that gushed out from Your Sacred Heart. I consecrate my entire self and family this New Year to the two hearts of love. I pray, may the will of God for me and my family be done this year through the two hearts of love. Every

evil plan of the devil and his agents for me and my family this year is cancelled, through the power in the Sacred Heart of Jesus and Immaculate Heart of Mary. I hide myself and all that belongs to me in the two hearts of love. I pray, may the two hearts of love always intercede for me and my family throughout this year. Everything I could not achieve in the previous year, shall be achieved this year by the power of God in the two hearts of love. I consecrate this year and all that will happen in it, to the two hearts of love. May sorrow and weeping never be my portion this year in the name of Jesus. I shall have no cause to regret about anything in the name of Jesus. Every door that has been closed in my life and family is open by the power of God in the two hearts of love. Every evil or bad door is closed in Jesus name. I am favoured this year, I am blessed this year, miracles are mine this year, good health is mine this year, no member of my family shall die this year, no evil shall befall me and my family this year. This year is my year of total liberty from all powers holding me and my family down. I place my

life and my family, and all that will happen this year into the Hands of God, the Almighty. May it be in our favour. This prayer I make with great faith, in the mighty name of Jesus.

Amen.

Prayer for Angelic Assistance in All Endeavours

- Heavenly Father,
In the name of Jesus, I pray for this year to be opened for angelic assistance in all my endeavours
- As I step into this new year, I ask for Your heavenly hosts to surround me, guide my steps, and protect me from harm.
- Let Your angels be dispatched to clear the path ahead of obstacles, open doors of opportunity, and provide divine guidance.
- According to Psalm 91:11, “For He will command His angels concerning you to guard you in all your ways,”

- I trust in Your promise of angelic protection and assistance.
- May Your angels minister to me, bringing insights, wisdom, and favor as I pursue my goals and navigate the challenges of the year.
- I declare that with angelic assistance, I am more than equipped to overcome, to succeed, and to thrive in every area of my life.
- Thank you, Lord, for the provision of Your angelic hosts, ensuring my victory and safeguarding my journey. In Jesus' name, Amen.

Let Your angels ascend and descend upon my life (Gen. 28:12).

Give Your angels charge over me and deliver me (Ps. 91:11).

Let the angel of the Lord chase the enemy (Ps. 35:5).

Let the angel of the Lord persecute the enemy (Ps. 35:6).

Let Your angels fight for me in the heavens against principalities (Dan. 10:13).

Let the angel of Your presence save me (Isa. 63:9).

Let Your angels go before me and make the crooked places straight (Zech. 12:8).

Send Your angels before me to prosper my way (Exod. 33:2).

Lord, hear my voice and send Your angels to deliver me (Num. 20:16).

Send Your angels to minister unto me (Matt. 4:11).

I have come to Zion and to an innumerable company of angels (Heb. 12:22).

I am an heir of salvation. Send Your angels to minister to me (Heb. 1:14).

Send Your angels to deliver me from the hand of the enemy (Matt. 12:11).

Lord, confess me before Your holy angels (Luke 12:8).

Send Your angels in the night to minister to me (Acts 27:23).

Let Your angels meet me as I walk in my destiny (Gen. 32:1).

Send Your angels to be involved in reaching the lost (Acts 8:26).

Release Your angelic army to fight for and defend Your church (Ps. 68:17).

Send Your angels to smite the demons that come to destroy me (Isa. 37:36).

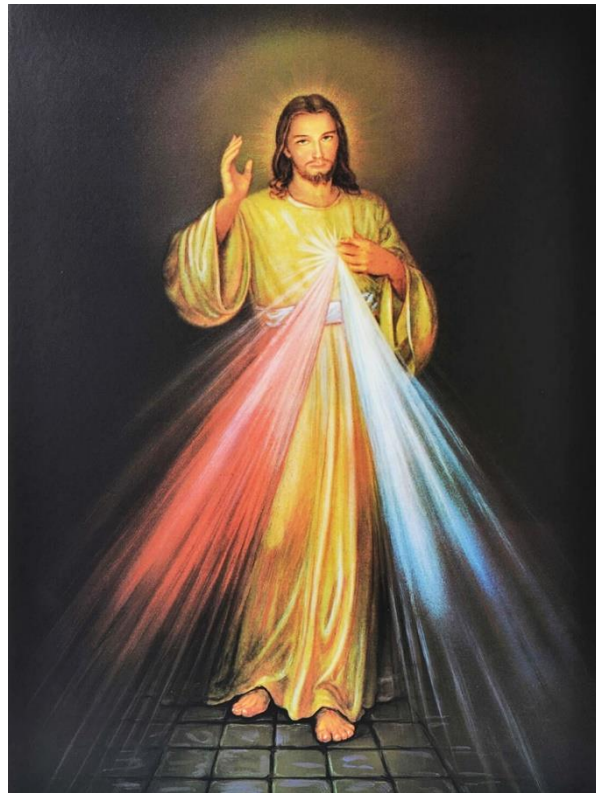
O Holy Angels, watch over us at all times during this perilous life: O holy Archangels, be our guides on the way to heaven; O heavenly choir of the Principalities, govern us in soul and body; O mighty Powers, preserve us against the wiles of the demons; O celestial Virtues, give us strength and courage in the battle of life; O powerful Dominations, obtain for us dominion over the rebellion of our flesh; O sacred Thrones, grant us peace with God and man; O brilliant Cherubim, illuminate our minds with heavenly knowledge; O burning Seraphim, enkindle in our hearts the fire of charity. Amen.

PLEASE SHARE THIS PRAYER BOOK.

FEBRUARY 19, 2025

14 DAYS OF PRAYER FOR DIVINE MERCY
FROM 19TH FEBRUARY TO 4TH MARCH 2025.

SAY THE FOLLOWING PRAYERS EVERY DAY
FOR 14 DAYS, FROM 19TH FEBRUARY TO 4TH
MARCH 2025.



[CLICK HERE TO SAY THE](#)
PRAYER DAILY

MARCH 5, 2025

40 DAYS OF LENT 2025

FROM 5TH MARCH TO 19TH APRIL 2025.

The period of lent is a period of prayer, fasting and drawing close to God Almighty. In this period of lent, we are going to embark on 40 days of fasting along with the prayers and activities in the lent prayer book.

Make up your mind on how long you want to fast throughout these 40 days, according to your capacity and the grace of God. You can fast from 6am to 1pm, 6am to 2pm, 6am to 3pm, 6am to 6pm etc. Please try and make sure you fast and offer it daily to our Lord Jesus Christ during this lent.

[PLEASE CLICK HERE](#)
[TO DOWNLOAD THE](#)
[LENT PRAYER BOOK](#)

