

MARY OUR HELP
DEVOTIONAL
SEPTEMBER 2019



DAILY DEVOTIONS
AND PRAYERS

Maryourhelp.org



Mary Our Help Devotional

**Please help propagate the Gospel of Christ
by kindly sharing this devotional with as many persons
as you can.**

**This Devotional is Dedicated in Totality to the Holy Spirit of
God The Almighty**

Mary Our Help Devotional

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Sunday September 1st 2019
TRUE LOVE
Romans 12:9-14

Welcome to the month of September! we pray that the lord who sustained us throughout last month, will continue to see us through the remaining months of the year. Amen

The Catechism of the Catholic Church defines "charity" as "the theological virtue by which we love God above all things for His own sake, and our neighbor as ourselves for the love of God." Love is the only virtue that validates you as a follower of Christ Jesus. Faith, power, tongues, anointing, prophecy etc. will one day cease to be but love, that kind that emanates from the Father, remains forever. God has in time countless expressed this superior virtue, first, by creating man and allowing him to partake of his glory, secondly, by sacrificing His only Son for the redemption of fallen man and lastly, by clearly showing man the true way to His very own abode. He has painted for us the true picture of the kind of love He wants us to exhibit, the Christlike type of love; the love that knows no boundaries, language, tribe, gender. It was for our own good that He gave us the Mosaic commandments. He gave it to us to keep not as a burden or load as some believe them to be but as a spiritual Decalogue that when carefully observed would keep us alive, joyous and make us live happily and peaceably with Him and our fellow man. Christ says, "Those who accept my commandments and obey them are the ones who love me. My Father will love those who love me; I too will love them and reveal myself to them." John 14:21. The whole commandments is summed up in one word, Love! A man who truly loves his wife would never want to do that which she hates. He would always want to keep a loving and healthy relationship with her. To her, his confessions of love is nothing until he literally proves them to her.

Dear user of Mary Our Help devotional, of what essence are your claims as God's child if you do not observe and keep that which He requires of you? Don't be fooled, it is only by expressing this love that we can indeed be reckoned as God's children. How else can unbelievers come to know that we are of God if we do not practice and co-exist in love? It is by showcasing this douth that we can win them to Christ. Isn't it a true saying that "where 'love' exists, 'sin' abides not"? It isn't the LAW that drives sin but LOVE. Yes! For if we truly love, we would not want to offend God and harm our neighbor. It is the absence of this Christlike love in our today's world that make men to hate, commit abortion, adultery and fornication, receive bribe, destroy marriages and homes, encourage and promote all that has to do with the sex industry,

sincerely hurt people's feelings, slander and taint another's reputation, kill, covet another's property and wife, tell lies, compromise their faith, produce fake products, oppress the poor and forsake the needy, cheat, betray trust, disobey parents, elders and legal authorities and even perpetrate suicide. This is the reason a Christian man can pray, fast and speak in tongues but still manhandles his wife. This is the reason some believers prefer to castigate and tear down men of God instead of praying for them. We are called to be conduits of God's benevolence and love, to showcase to this vile world through our lifestyle the true nature and innate distinctive feature of Jesus- Love. Beloved, even though it is Satan's goal to steal and if possible, exterminate this douth from your life, do not be impressed with fear, for Christ have given us what it takes to put him to shame. Futile! Futile is it if you can speak and pray in tongues, heal the sick, see visions and encounter heavenly beings, prophesy, cast out demons, preach eloquently, perform miracles and wonders, win souls for God but lack love. Yes, even on that Day everyone will be judged based on love. Matthew 25:31-46

Prayer

1. Heavenly Father, I bless you for this day and for the gift and power of your Word.
2. Lord, I admit that I have failed and misrepresented you in this case, please forgive me and show me compassion.
3. Jesus, Fill me up with the grace to truly love You above all other things and to love my own neighbors as You have loved me.

Exercise: Make a firm resolution today to be a true channel through which God's love can flow and be felt by others.

Say the daily consecration prayer on page 55

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Monday September 2nd 2019
SPIRITUAL WICKEDNESS
Ephesians 6:10-12

It is one thing to know and another to understand. We handle and execute things perfectly when we do them with sufficient knowledge and understanding. It is very important that believers know and understand the reality of both spiritual things and the spiritual world. It is perilous to be carnally minded; operating solely on the strength of intellect and inferior wisdom. Our own generation is an intellectual generation that seems to exalt intellectualism and rationalism above that which truly matters, spiritual intelligence and knowledge, thereby bring the subjacent out of it's jurisdiction and describing it more than is fact. We must come to terms with the fact that life is purely spiritual, that there is more to this natural realm than meets the eye. It is only by being aware of this fact, having a proper comprehension of it and knowing how to diligently execute the necessary and requisite things required that we can indeed cheat life and excel with utmost ease. It is not only utterly childish but also unwise and immature to deny or doubt the existence and beinghood of demons and evil spirits. My friends, darkness is powerful! Infantile is it to believe that these spirits wield no power on their own. They are only regarded as powerless relative to the superiority of God's intelligence and the power that is now in motion through the Christ. But when relating to the spiritual intelligence that they possess; an advantage they have over mere men, and the plain from which they operate, it is very puerile and silly to consider them as strengthless beings. St. Paul, the custodian of the mysteries of the kingdom evidently understood the reality of this truth and as a result wrote thus: "Put on all the armour that God gives you, so that you will be able to stand up against the Devil's evil tricks. For we are not fighting against human beings but against the wicked spiritual forces in the heavenly world, the rulers, authorities, and cosmic powers of this dark age." Ephesians 6:11-12. This very pericope apparently presents to us the realness of these unforeseen beings that wage war against us, the followers of Christ and the need for us to arise with our spiritual armor and artillery to gain triumph over them and their evil works.

Note this: the saints (that is, we) don't physically engage in a fight to gain victory over this powerful spirits, we only take advantage of the spiritual and superior forces that have been made available through the victory of Christ Jesus on the cross (that is, the force of the Word, the Blood and the Name of Jesus Christ) to ENFORCE dominion and triumph. These wicked spirits are most times responsible for the ill-luck, catastrophe, near success syndrome, stagnation, barrenness of all kinds, late marriage, disappointment etc., that occur and keep recurring in the lives of people. Why is it that whenever something good wants to come to you, a spirit will come to you, precisely in a dream, to molest and sometimes sleep with you and after that, the blessings never come to manifestation? Why do things suddenly become normal whenever you get unserious with God but become complicated and hard when that fire for Him gets rekindled in you? Hear me! It is their delight and goal

to war against a believer so as to cause him to live below divine expectation. Unless you rise and challenge them, they will never allow you experience true emancipation. The bible have not left us in the dark as to how we can wrestle and achieve complete victory over these spirits.

Apostle Paul in his epistle to the Ephesians enlists to us the foundational keys that need to be in place before deploying and engaging those powerful forces that have been made available in the Christ. He wrote: "So put on God's armour now! Then when the evil day comes, you will be able to resist the enemy's attacks; and after fighting to the end, you will still hold your ground. So stand ready, with truth as a belt tight round your waist, with righteousness as your breastplate, and as your shoes the readiness to announce the Good News of peace. At all times carry faith as a shield; for with it you will be able to put out all the burning arrows shot by the Evil One. And accept salvation as a helmet, and the word of God as the sword which the Spirit gives you. Do all this in prayer, asking for God's help. Pray on every occasion, as the Spirit leads. For this reason keep alert and never give up; pray always for all God's people." Ephesians 6:13-18. Every single weapon is as important as the other. We haven't been given the opportunity to choose for ourselves but to obediently follow and execute as prescribed. It is only by circumspectly and diligently carrying these out that we can indeed emerge victorious and triumphant. Shalom!

Prayer

1. Take up two (2) songs of worship as you are led and sing this from the depth of your heart: "I surrender all to You, everything I give to You, withholding nothing, withholding nothing Lord, withholding nothing, withholding nothing. I give myself away, I give myself away so you can use me. I give myself away, Lord, I give myself away so you can change me." 3x
 2. Invoke the presence of the Holy Spirit. Seriously ask Him to edify, strengthen, and empower you now for the metaphysical battle which you are about to engage in.
 3. Denounce in the name of Jesus every initiation, tie, marriage, covenant etc. that you or your family might have entered consciously or subconsciously, that have in one way or the other given these evil beings legal access and dominion over your life or family.
 4. Having known this truth, wreck and shatter the chains, rackles and yokes which these wicked spirits have exerted on you as a result of their influence by engaging the mystery of the blood of Jesus Christ and the supreme power of the Holy Spirit. [Pray seriously and with authority and engage the Word of God as you do so.]
- Pray the daily consecration prayer on page 55



Tuesday September 3rd 2019

THE MYSTERY OF PRAISE AND DANCE

Acts 16:25-26

Sing: "Your Spirit opens to me the treasures of Your Word, and I will forever sing Your Praise. Your Spirit opens to me the treasures of Your Word, and I will forever sing Your praise. I will sing of the wonders of Your Word, I will sing out for joy. I will sing of the wonders of your Word, and I will forever sing Your praise."

Pray in one or two minutes and say, "Lord, open up my understanding to comprehend. Grant me a quickened understanding so that the entrance and reception of Your Word may not only change but reconstruct and edify my mind, ideology and life. Pray!"

Kingdom mysteries are spiritual and profitable rouns and keys that have been made available by the wisdom of God for the edifying, transformation and victory of the saints. One really has to be childlike and sometimes 'foolish' to accept, understand and believe them. They were deliberately designed that way to bring us to a complete state of humility and obedience and to rid us off of our ego and Sophia (human wisdom). By looking through the lens of our human intellect, they utterly make no sense but when the reverse is done, that is, accepting and obeying them in faith with a childlike heart, then the unbelievable results of our obedience and engagement come into manifestation. Don't be too careless to allow carnally minded persons, people who are spiritually depraved, interpret spiritual matters for you, for they will rubbish your breakthrough with their supposed intellect. "The person without the Spirit does not accept the things that come from the Spirit of God but considers them foolishness, and cannot understand them because they are discerned only through the Spirit." 1 Corinthians 2:14 (NIV).

Praise and dance are powerful mysteries that many believers are ignorant of. Many believers love to "pray" to God than worship or praise Him. They pray and pray but neglect the place of praise. Worship, praise and dance are powerful tools for invoking the presence of spirit beings, God inclusively. They are also spiritual weapons of warfare that have been made available for the victory of God's children. Ancient Israel understood this and always used it to their own advantage. Who would believe that those mighty Jericho walls would be brought to ruin by the power of praise, joyful noise and dance? The Israelites were foolish to believe the command of God and as a result, totally defeated the people of Jericho and killed them all except

Rahab the prostitute and all related to her. The power of praise do not open doors but completely wreck and break them! We saw it might and effect in the life of St Paul and Silas when they were in prison. It strength and power constantly gave the people of Israel cheap victory over their enemies during wars. Hear this miraculous story: An African woman and mother who was under the yoke of barrenness for decades was eventually shown mercy by God. She took in and was pregnant to the surprise of everyone. Doesn't this call you celebration? Yes! But along the line, a satanic complication arose. She as usual went to the hospital for prenatal care but to her greatest shock and surprise the seven (7) month old fetus was confirmed dead by her medical practitioner. She couldn't believe what she heard and wept bitterly. She arose and went to other hospitals for check up but to her amazement all confirmed it true. The power of darkness was really at work! How will she narrate this unpleasant news to her husband, what will she tell her expectant relatives? It was indeed a heartbreaking experience for her. The one thing that struck and shook me was her unbelievable resilience. She indeed knew what to do! She wiped her tears, consoled her spirit and before the doctor, renounced and rejected the ugly news. What exactly did she intend to do? Nobody knows. She only went home and at midnight, woke up and engaged the mystery of praise and dance. She praised and danced to the glory of God like a mad person for more than an hour and then went to sleep. This she continued for a week. Little did she know that God was watching, He was really moved to defend His integrity and Name and to destroy the verdict of the Evil One; Satan. Without any knowledge of what had happened, she returned to the hospital the following week for another check up. When the first doctor she encountered saw her, he thought she had come for the stillborn to be removed but she insisted for another scan to be made. And to the surprise of all, the baby was alive. The unexpected happened! The doctor disbelieved it and advised her to go for check up in another hospital but in the end all was positive. The woman whose story was narrated above is presently living happily not with a child but children. Isn't God powerful, isn't He the Almighty? Brethren, in praising, we acknowledge the supremacy of God and exalt Him as the only sovereign King. Praise and godly dance like that of King David not only create a form of fortification around us against the forces of darkness and the evil arrows of the wicked but also emancipates us from their bondage and dominion. It also makes room for God's blessings and refreshes our spirit when properly engaged. Engage them with understanding when you pray, most especially during midnights and watch with amazement the marvelous manifestation of the glory of God which will come as a result.

Prayer

1. Thank the Lord for this wonderful reflection.

Exercise: For the next 7 days, praise and dance to the glory of God for at least 15 minutes. This can be done at any time but we strongly encourage you to practice it at midnights (midnight times are significant periods in the supernatural realm). You can sing praises or play songs of praise and then dance to them. Do this, not as a ritual, and see the wonder your life will become. In this period, destinies will be changed, yokes broken, lost potentials and even opportunities restored, and life miraculously transformed.

Pray the daily consecration prayer on page 55

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Wednesday September 4th 2019

THE REALITY OF SPIRITUAL LAWS (1)

Galatians 6:7

Science itself has clearly taught us that there exist laws that govern this physical earth. Being ignorant of these laws doesn't hinder the fact that they exist. A toddler who falls while trying to walk shouldn't expect the natural law of gravity to treat him/her differently just because he/she haven't fully mastered walking. One do not necessarily need to study farming as a profession in the university before the law of planting answers to him/her. All that one needs to do is to get a seed into the ground, and then regularly waters it as he/she waits for a manifestation. A preset law which has nothing to do with the farmer have already being put in place by God to govern the growth of plants. These are only some of the natural laws that govern the earth. Science have revealed that most of the disasters and catastrophes that have occurred in our world were as a result of the violation of some of the natural laws that were meant to be strictly obeyed. As there are physical laws, there also exist spiritual laws. These laws too must be obeyed in order to prevent disorder and catastrophes and for effectual living. Spiritual laws are series of divine operations instituted by God to guarantee predictable and sustainable results. These laws govern activities and operations in the supernatural realm. It is only when we have a sound knowledge and understanding of these laws that we can expressly reign, command strange results and travail both in the kingdom and in life. When considering subjects like this, it is very important to understand these two things:

Number one: that all power (in entirety) belongs to God. Psalms 62:11 says, "More than once I have heard God say that power belongs to him." This shows and explains to us that from God alone sprouts all power, even those that the devil and his cohorts seem to validly function with. The fact that dark forces operate with powers doesn't negate the fact that all power, including the one given to them, belongs to God. It's just that theirs have been corrupted by wickedness and are now used to perpetrate evil.

Number two: That no man on his own can activate spiritual laws without the help of a spirit being. It's just not possible! It is not only the Holy Spirit that have the capability to actuate spiritual laws. Demons, Satan, foul spirits, the spirit of just men made perfect etc. can do so too. In God's wisdom, He installed the most Holy Spirit as the only legal and authorized personality that can produce His kind of result, results that bring full glory to Him. So, one can heal, one can perform miracles,

receive revelations, see visions and do all kinds of supernatural things even without the help of the Holy Spirit. The results produced are real but do not bring glory to God at all. They were sponsored by another spirit which isn't of God. They are only recognized and distinguished by the insignia on them. This is the only significant difference between God's kind of result and the ones fabricated by other spirits. We shall continue tomorrow!

Prayer

1. Thank the good Lord for the gift of life and glorify Him for the light, that spiritual intelligence, that was supplied you.

Additional prayer

Commit the editorial and prayer crew of this ministry into the hands of God, asking also for His mighty support and grace over them. Pray against every attack of the forces of darkness against this ministry.

Pray the daily consecration prayer on page 55

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Thursday September 5th 2019

THE REALITY OF SPIRITUAL LAWS (2)

James 3:5-8

A day ago, we were made to understand that there exist certain laws that guide and govern the natural earth and the unseen world and how the violation of some of these laws bring negative effects as a result. We also examined and discussed two of what I call the basic "foundational information" that a Christian believer must recognize in order to grasp properly our subject matter. Today, we would be considering some of these spiritual laws that will help us not only to be transformed but also to produce outstanding results, predictable and sustainable results.

1. THE LAW OF THE MIND

The mind is very powerful! As powerful as it is, it can also be destructive. The mind is like a realm where spirit beings operate, God inclusively. The problem with our minds is not merely that we are finite, and don't have all the information. The problem is that our minds are fallen. They have a spirit, a bent, a mindset that is hostile to the absolute supremacy of God. Our minds are bent on not seeing God as infinitely more worthy of praise than we are, or the things we make or achieve. Forget about doing serious business with God if you aren't ready to subject your mind to be completely altered and edified by the power of His Word and His Spirit. There's so much that the Lord passionately desires to do in, with and through us but we keep limiting Him with our stiff and depraved mentalities. This is the enemy's work! For our minds to be completely transformed, we must firstly submit and then allow the Spirit of God to do the "double work". This transformation happens only by beholding the glory of Christ. And for this to happen, the Spirit must work on us in two different directions: from the outside in and from the inside out. He must work from the outside in by exposing the mind to Christ-exalting truth. That is, he must lead us to hear the gospel, to read the Bible, to study Christ; through the writings of great, spiritual men, and to meditate on the perfections of Christ. This is exactly what our great enemy does not want us to do according to 2 Corinthians 4:4. The author says, "The god of this world [Satan] has blinded the minds of the unbelievers, to keep them from seeing the light of the gospel of the glory of Christ." Because to see that for what it really is, Paul says, will renew the mind and transform the life and produce unending worship ["The Spirit renews the mind. It is first and decisively his work."] And the Spirit must work from the inside out, breaking the hard heart that blinds and corrupts the mind. The Spirit must work from the outside in, through Christ-exalting truth, and from the inside out, through truth-embracing humility. If

he only worked from the outside in, by presenting Christ-exalting truth to our minds but not breaking the hard heart and making it humble, then the truth would be despised and rejected. And if he only humbled the hard heart, but put no Christ-exalting truth before the mind, there would be no Christ to embrace and no worship would happen. Also note this: your environ is an apparent reflection of your mindset. We don't chase after things in the kingdom, they come to us as a result of who we are becoming. You don't get rich by chasing after money or become successful by pursuing success, for it is like chasing the wind. Even if you force them to manifest in your present realm, they will definitely return when that version of you that they seek isn't found. We must firstly possess them in the realm of the mind and this is possible only when we allow the power of the Word and the Spirit of God to do a thorough work on our minds and in turn the attraction will take place.

2. THE POWER OF OUR WORDS

Words are powerful! Words are powerful! But what make them so? Any idea? Words aren't powerful in themselves, it is only the spiritual backing that support them that make them so. "Jesus spoke plainly about our idle words, yet his warning often goes unheeded. Jesus said that for every idle word there will be a time of accounting in the Day of judgment. We would expect Jesus to condemn profane and vile uses of the tongue, but idle words? Idle words are things we say carelessly, without concern for their impact on others. We too quickly assume that the sins of our tongue are minor sins, sins that God will overlook. Yet Jesus was fully aware of the devastating nature of our words." The heavens and earth and all that's in them were created not by imagination but by the power of God's Word. Do you think our prayers would be heard by God or even curses and blessings activated in the lives of men if they had no spiritual back up? Please, let this mind be in you, my friends. The realm of the spirit responds to the words that proceeds from the mouth of men. Negative words are received and acted upon by demons and evil spirits. The Holy Spirit does vice versa. You can bring good or evil into manifestation through the confessions you make. It is through the power of words that destinies are changed, curses averted and even life given. If you truly understand this, then you will speak intentionally and carefully because you now know that they carry power. St James Concludes thus: "How great a forest is set ablaze by such a small fire! And the tongue is a fire, a world of unrighteousness. The tongue is set among our members, staining the whole body, setting on fire the entire course of life, and set on fire by hell. For every kind of beast and bird, of reptile and sea creature, can be tamed and has been tamed by mankind, but no human being can tame the tongue. It is a restless evil, full of deadly poison. With it we bless our Lord and Father, and with it we curse people who are made in the likeness of God." James 3:5-8

Prayer

1. Worship the Lord from the very depth of your heart.
2. Ask the Holy Spirit to vet, alter and transform your mindset. Petition Him to veto all that doesn't bring glory to the Christ in your life.
3. Engage the power of words and with it, avert every negative pronouncement that is at work in your life (don't forget to engage the spiritual force of the kingdom, the blood of Jesus, as you pray). Speak positively to your destiny and command that it hears the Word of God. Call forth all that you desire to see manifest in your life and believe God for it.

Pray the daily consecration prayer on page 55

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Friday September 6th 2019
THE WAY OF TRUTH
John 14:6

"I am the WAY, the TRUTH and the LIFE," says Jesus, "No one goes to the Father except by me." This is indeed a very striking statement! Theology defines truth as what "IS". Truth is reality! The apparent description and presentation of a thing, that is, the true picture/content of anything. God in His wisdom has given us the true portrait and model, Jesus Christ, the Son of God. He, Christ, is the visible manifestation of the mind/intent of the Father. Anyone who must come to God must do so only through Christ, for through Jesus' complete obedience to the Father, God made Him the true model of what any man must look like and also the Way that all who wish to find Him must follow. There is no falsity in Jesus. And as His disciples, we are called to follow Christ, the Truth, no matter what it may cost us. It's unfortunate that we live in a vile and corrupt world, a world that resolutely seeks to stamp out all that is good and true. Hear Prophet Isaiah: "You are doomed! You call evil good and call good evil. You turn darkness into light and light into darkness. You make what is bitter sweet, and what is sweet you make bitter." This exactly is the present situation of our world today. Yes, exactly what this evil system of the world carry out and promote. This satanic corruption has spread like wild fire, even down to the body of Christ. How herculean it is to stand for the truth these days! Following Christ isn't completely a bed of roses. Never has it been easy and never will it be.

Many have been denied jobs and some sacked because of their unwillingness to compromise. Many undergraduates have been refused admission into some universities just because of how unyielding they are to the payment of bribes. Many have been shut down and some killed because of how vocal they were for the truth and keen for the prevalence of justice. Some innocent students who are due for graduation have been delayed by wicked personalities just because of their supposed defianttness to the fulfillment of their sexual advances. Coming down to the family, individuals have been purposely maltreated as a result of their noncompliance to that which to them seems evil and wicked. Lies, lies have become the order of the day. People have become so frustrated and corrupt that they no longer see any evil in telling lies. Men and women now tell lies about their age, even to get jobs. In the business world, the broke ones are the ones who are sincere, the ones who have decided to stand for the truth by not engaging in dishonest dealings, infiltrating wickedly the prices of goods or selling fake products. Dear, do not be dismayed, God who sits in Heaven sees all. He knows your works and sees your faithfulness and in

due time will wipe your tears and reward you. The evil ones may prosper and have their way now but it is just for a limited period of time. All they have achieved will eventually disappear like a puff of smoke.

Be convinced and confident in the Lord, your God. If He delivered and rewarded Joseph, the lad who went through many things because of how determined he was to remain faithful to God, would He not also do same for you? Don't give in now by considering this vain thing and acting foolishly as a result of the innumerable insults and pressures that you are receiving on the basis of your loyalty to God. Hold unto God, pray more earnestly and await the demonstration and manifestation of His salvific power in your life. Has He ever abandoned those who wait on Him? Remember His dear words: "If you want to come with me, you must forget self, carry your cross, and follow me." Matthew 16:24-26

Prayer

1. Lord I bless You for the gift of this day and for Your life-giving Word.
 2. Jesus, from the very depth of my heart, I cry to you. I admit that I have wronged and betrayed you. My heart bleeds as a result of what I have done to You, my precious Savior. Please, forgive me and give me another chance to set things right again. Cleanse all my wrongdoings with Your sinless blood and grant me the grace to survive the corrupt tides of this wicked world that sway the elect. Amen.
 3. Father, come to my aid and help me. Look into my file and remember my loyalty and fidelity like you did to Mordecai. Lift me from this dungeon of poverty, ill-luck and sorrow and set me on high. Bless my destiny and that of my children and let the joy that cometh in the morning be my portion and lot in Jesus Name. Amen.
- Pray the daily consecration prayer on page 55

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Saturday September 7th 2019

...IT IS WHAT COMES FROM WITHIN
Matthew 15:10-20

Sing with us: "Alleluia! Glory to the Lamb, all glory to the Father, You are seated on the throne!" How important the heart is! The author of the book of Proverbs has this to say about the heart: "Keep and guard your heart with all vigilance and above all that you guard, for out of it flow the springs of life." In chapter 15 of the gospel of St. Mathew, a matter arose between Jesus and the Pharisees. The subject was all about that which makes a person ritually unclean. The Pharisees were hoping to hear Jesus make mention of the proper washing of hands as prescribed by Moses but to their surprise He did otherwise, hurting their feelings as a result. What then makes a person ritually unclean? Let's listen to Jesus' answer: "...Anything that goes into a person's mouth goes into his stomach and then on out of his body. But the things that come out of the mouth come from the heart, and these are the things that make a person ritually unclean. For from his heart come the evil ideas which lead him to kill, commit adultery, and do other immoral things; to rob, lie, and slander others. These are the things that make a person unclean. But to eat without washing your hands as they say you should— this doesn't make a person unclean." Jesus' definite explanation makes clear to us the root and source of uncleanness- the heart. The religious Pharisees were more concerned about subjacent things than those that bear much significance. Christ's elucidation doesn't in any way negate the fact that good things can also come from the heart. He was only trying to mar the vain ideology of the Pharisees. Scripture itself attests to the deceitful nature of the heart of man and its tendency to be corrupted if not properly guarded. It is even for this reason that God probes and vets the motives of men's hearts to know the true intent and content of it. Remember Jesus likened the heart to a field. Anyone can sow there, God or the devil. When evil seeds are sown in the hearts of men, then there comes evil ideas, ideas which lead men to kill, slander, commit fornication and adultery, consider divorce, steal, dress indecently and sexy, and do other immoral things; to rob, lie, falsely accuse, cheat, carouse, drink to stupor, and even commit suicide. The hearts and minds are like a room where matters are discussed and settled, the body is just a helpless executor of the concluded matters of the mind and heart. A married man does not just get up and commit adultery. The evil act was a manifestation of that which have been thought of and concluded in the heart a long time ago. That very act was firstly committed in the heart before it was physically executed. In fact, this is how Jesus puts it: "...Anyone who looks at a woman and wants to possess her is guilty of committing adultery with her in his heart." Matthew 5:28. Many are in hell today not necessarily because they

sinned externally but because even though the offense hasn't been physically executed, it has been performed in the "realm of the mind/heart". This really calls for caution. We must ask God for the grace to reject that which is evil whenever the thought and desire to do them arises. Guard your heart from the seeds of the enemy; this can be done by spending time with the Lord through the reading of His Word and by praying. It is well with you!

Prayer

1. Pray as the Spirit leads you.
2. "O Christ Jesus, when all is darkness and we feel our weakness and helplessness, give us the sense of Your presence, Your love, and Your strength. Help us to have perfect trust in Your protecting love and strengthening power, so that nothing may frighten or worry us, for, living close to You, we shall see Your hand, Your purpose, Your will through all things. Amen." [-St. Ignatius de Loyola]
Pray the daily consecration prayer on page 55

NOTE: This is to inform you that Novena to St Michael and the Nine Angelic Choirs, will commence on the 20th of this month ahead of the feast of St Michael and the Angelic host, which is celebrated on September 29. The Novena will be for Angelic assistance, intervention and Spiritual Warfare in our life, business, marriage, academics, family etc. please, don't miss this novena.

KIND APPEAL: Please, help spread the word of God by sharing this devotional.



Sunday September 8th 2019
ON WHOSE SIDE ARE YOU?
Exodus 31:21-29

Doubleminded are the Christians of this day. Friend, do you really think light and darkness can peacefully co-exist? Aren't you aware that evil and good are incompatible? Believers now believe that they can be on two sides; completely partaking in the social and corrupt systems of the world and still belonging to God. This is utterly impossible! A line must be drawn. You must be able to define on whose side you are. If you claim to love and be for God, then you must wholly submit to Him and follow Him. In the kingdom, two masters can't be served, for the Lord our God is a jealous God. Why do you believe that you can both listen to secular music and watch secular videos (here, the Lord means those that impact nothing good and valuable but only blasphemy God, exalt materialism, corrupt the mind and promote violence and evil) and still listen and watch those that are godly? Do you think that being modest in dressing is strictly for Sundays alone? Why do we deceive ourselves? We dress like angels to Church on Sundays but on the other days adorn ourselves with clothings that we evidently know belong to whores and unbelievers. What about women that cross dress, have westernization and civilization deceived you that much that you no longer care to know what God's idea on clothing is? Who indoctrinated you into thinking that both godly and ungodly friends can be equally kept? Have you suddenly forgotten what the scripture said about ungodly relationship? (1 Cor. 15:33). And Moses yelled, "Everyone who is on the Lord's side come over here!" There was a separation; on one side were those who were for the Lord and on the other were people who have intentionally decided to harden their hearts. The end was indeed catastrophic because all who rebelled met their doom, a tragic one.

Dear user of MOHD, it's high time you discarded that garment of hypocrisy, you have to become serious and sincere with God and His things. As far as the sky is from the earth, so is godliness from evil, there is no match. Wickedness, slander, idolatry of all sorts, immorality, lewdness, anger, hatred, unforgiveness, infidelity, malice, obscene words etc. shouldn't be found amongst believers. We have been called out from darkness into God's marvelous light and so we must part with the old man of deceit and sin and embrace Christ in entirety, who is the true light that leads to real life. We end today's reflection with this admonition from St. Paul. Hear the apostle: "...Let the Spirit direct your lives, and you will not satisfy the desires of the human nature. For what our human nature wants is opposed to what the Spirit wants, and what the Spirit wants is opposed to what our human nature wants. These

two are enemies, and this means that you cannot do what you want to do. If the Spirit leads you, then you are not subject to the Law. What human nature does is quite plain. It shows itself in immoral, filthy, and indecent actions; in worship of idols and witchcraft. People become enemies and they fight; they become jealous, angry, and ambitious. They separate into parties and groups, they are envious, get drunk, have orgies, and do other things like these. I warn you now as I have before: those who do these things will not possess the Kingdom of God." Galatians 5:16-21

Prayer

1. Take a worship song as you are led.
 2. You know where you're missing it. Discuss the matter with Lord, ask Him to forgive you and implore for His grace and saving power.
- Pray the daily consecration prayer on page 55



Monday September 9th 2019

WHY WORRY?

John 14:1

Let's begin today's reflection with this soothing words from our Lord: "Do not be worried and upset, believe in God and also believe in me." This is already a word of consolation to you. So many have died for nothing as a result of worrying. Worrying doesn't change a situation but only helps to heighten, intensify and worsen it. In fact, worrying is a sin! It shows that you do not trust that which God has spoken; you directly call Him a liar! The only reason people worry is because they are obsessed about control and ownership. Nothing else! This is why a man who was formerly downcast as a result of lack of money suddenly becomes joyful on receiving a credit alert. For him, he believes that his joy and confidence is tied to that bank figure that was received by Him. As Christians, we aren't supposed to live this way. Nowadays, youngster are looking fifty (50) as a result of unnecessary anxiety. Presently many are worried: where will my food come from? How will I go about the payment of my house rent? When will I get married? Will I ever be admitted into the university? Where will the money for my medication come from? Will I ever have a child of my own? Will I die of this sickness or infirmity? Will I live to see tomorrow? Won't I fail this exam? Will my family be ever free from the bondage of poverty and oppression? etc. When people ask such questions, even as good as they are, it evidently shows that they don't believe God as a responsible Being. This doesn't call for irresponsibility, for you must fulfill your part and then leave the rest of the equation for God. I repeat, leave the rest for God! Christ says, "Can any of you live a bit longer by worrying about it? If you can't manage even such a small thing, why worry about the other things? Luke 12:25-26. We are only stressed out and weakened by worrying. Worry causes sickness too. We must allow the Spirit of joy to reign in our lives. Joy isn't happiness. Joy is a settled conviction, that euphoria that emanates from the conviction that God is truly on the throne and is capable of turning your life around for good. Never give the devil a chance to destroy your life. You are already defeated when you freely give him the access and chance to steal away your joy. Or don't you know that being joyful even in the face of real life situations disarms the devil and his cohorts? Demons don't usurp the will of a man just like that, they take advantage of the raw material that have been made available as a result of the victim's ignorance and insufficient understanding and this authorizes the demons to make a mockery of the victims life, bringing about that tragedy called suicide. Now that the Lord has revealed this to you, believe it with your heart and engage it with understanding. May the joy of the Lord be your strength! Shalom!

Prayer

1. Sing: "Lord, I'm not here to complain about my many problems but by Your Spirit and Your grace I'm confident You'll solve them, I'm here to say I love You, I'm here to say I adore You, I'm here to say I love You, I love to love you Lord, I love to love You Lord. I love You Lord, I love You Lord from the bottom of my heart."

2. Pour your heart out to the Lord.

Pray the daily consecration prayer on page 55



Tuesday September 10th 2019
LET US NOT GO AWAY
Luke 18:35-43

Many believers seek and camp around God simply because of the things that surrounds Him. A majority of Christians do not really seek God for who He is, they only seek a part of Him- His hand. Scripture says, "In view of all this, what can we say? If God is for us, who can be against us? Certainly not God, who did not even keep back his own Son, but offered him for us all! He gave us his Son— will he not also freely give us all things?" God isn't as wicked as we conceive Him to be. He loves us dearly but whenever He looks at our motives, He see nothing but selfishness and deceit. Do you not know that truly having the heart of God and knowing Him grants you access even to all that He has? This exactly may be the reason God has refused to grant You your long-term petitions. God understands us and knows how insincere and cunning we are. He knows that once we receive what we earnestly desire, we will disappear to return no more until the need for Him arises again. We hurt God by our inhumane actions, making Him look like an errand boy. In short, most of our prayers do not deserve to be answered, He only does out of compassion and mercy. Let us examine and follow in the footsteps of Bartimeaus who followed Jesus even after his sight was restored to Him. If you only hold on to His hand by only seeking the blessings, protection, miracles and wonders, influence and power that He provides, you will never truly experience that greater dimension of Him. Let us diligently seek Him with all our heart, not for our selfish and personal gains but for who He is. God is obsessed with having an intimate relationship with You, don't trivialize this wonderful proposal that He has made to you. Keep pressing and thirsting for more of Him, you will definitely find all of Him.

Prayer

1. Thank Him for the gift of His Word.
2. Ask the Lord to deepen your love for Him.
3. Ask Him to take out of the way anything that might try to take His place in your life. Ask Him to occupy the seat of your heart.
4. Pray: "Most sweet Jesus, set my heart on fire for You and transform me into Yourself. Divinize me that my deeds may be pleasing to You. May this be accomplished by the power of the Holy Communion that I receive daily. Oh, how great I desire to be wholly transformed into You, O Lord."

Pray the daily consecration prayer on page 55



Wednesday September 11th 2019

PERSEVERE, BE PATIENT!

Psalms 37:7

I truly testify that life can sometimes be harsh, frustrating and trying but that isn't enough reason for you to consider terminating the life God has put in your care. Many persons have experienced the severe harshness and troubles of life but only a few who were long-suffering and had the fortitude to endure tasted of the goodness and sweetness of God's salvific power. Dear, you are worth more to God than silver and gold. You might have countlessly failed, might have been single or barren for years, unproductive in business, rejected by men or wrongly accused and even ill-treated by your loved ones but do not worry, God still lives, He still reigns. It may not look like it now but be sure of what the Lord is doing. Is it about the job you lost or the calamity that just befell you? Do not worry, don't be moved, God is fabricating something that will greatly astonish you. Why quit now, why do you consider seeking for help from the enemy? Never give heed to the advice of Satan. Many barren might have gotten their children through alternative means but you have chosen to wait on the Lord. I definitely assure you that He will wipe your tears in due time. Are you ashamed and intimidated by the sudden success of your colleagues who through fetish means obtained their wealth and affluence? Are you tired and considering doing same? Be patient! It may be true that you struggle to even have 3 square meals per day but be convinced and assured of the better days that lies ahead. Scripture says, "Be patient and wait for the Lord to act; don't be worried about those who prosper or those who succeed in their evil plans... Be joyful in hope, patient in affliction, faithful in prayer." (Psalms 37:7 and Romans 12:12). Endurance is truly a vital virtue that is lacking in our world today. We live in a world where the inhabitants desires all things, even the things of God, to be done swiftly. People now compare themselves with others forgetting that destinies aren't the same. Many who were destined to be exceedingly great have aborted theirs as a result of impatience. Ah, impatience has destroyed many! Some have committed suicide while some have fraternized with the devil in order to hurriedly succeed and prove a point. Remember, it's only the blessing of God that makes rich and adds no sorrow. Truly they may physically look fine, drive exotic cars, travel at will, have children, and build magnificent houses but all are just for a little span, they will all vanish and wither like grass.

Share this story with us: "a poor Christian woman who was barren for about two decades later put to bed by the power and mercies of God. She never compromised like some of us would do by seeking for help elsewhere, she waited for God's time.

When she delivered, she brought forth 6 babies; babies without any health issues. The news went so viral that it even got to the ears of the then government of that time. People came visiting and at the end of the day she was blessed right there in the hospital with more than 10 million naira. The government of her community took the responsibility of training all six children to the 'tertiary level' (up to the university level) since such had never happened in that community. She was also gifted a brand new car by someone who never knew her; a God-sent helper. This woman's poor life changed overnight." When I heard this I said, "This is it! This is it! The type of blessing that follows deliverance and patience." May your own life and that of your loved ones experience something greater than this in Jesus Name. Amen. God can indeed restore to you all the wasted years, opportunities, and time. It is within His power to change the life of any man and because you are His, He will turn your life around for good. You just have to believe God, believe Him just as Abraham and Sarah did. If you believe that He is indeed Almighty, then wipe your tears. Your weeping may endure for a night but your morning will come with exceeding joy. Arise and shine for your light has come!

Prayer

1. Sing and dance to the glory of God.
 2. Thank Him for His Word of hope.
 3. Pray with Psalms 34.
- Pray the daily consecration prayer on page 55



Thursday September 12th 2019
SPIRITUAL PERCEPTIVENESS
1 Chronicles 12:32

One of the attributes of a spiritual man is his ability to discern and receive spiritual impulses and signals from the realm of the supernatural. Discernment is defined by the Oxford Advanced Learner's Dictionary as the ability to know, recognize or understand something, especially something this is not obvious. We must indeed pray and beckon on the Spirit of God to infuse and endow upon us the grace and spirit of perceptiveness. And like the sons of Issachar, we will become spiritually conscious, having the ability to read and know the times, and what to do as a result. It's quite unfortunate that most believers are very careless and carnal (please, this is not to insult you. By carnal, we mean sense driven). There exist no passion for the things of the Spirit. How spiritually hazy this generation of Christian is! One of the important advantages of being spiritually perceptive is that it helps us detect quickly signs of danger.

A spiritual man can know when there is trouble in his/her atmosphere. Joseph, the husband of Mary was a man like this. He wouldn't have received the message about escaping to Egypt with his family from the angel if he wasn't spiritually alert and conscious. What if he was careless like us or even rejected the message and refused to flee, would the Son of God not have died? Yes, Jesus would have died, for if it weren't a possibility, the angel wouldn't have informed Joseph earlier. Many calamities, dangers and evils that should have occurred have been averted by men who sustained the ability to detect and counter their manifestation.

Another advantage of spiritual discernment is that it allows you to recognize the spiritual systems; precisely men, in whom God have lavishly deposited and vested quanta of His graces and possibilities. The Shunamite woman was able to discern the spiritual system of her time, Elisha. She knew he was a holy man and a true prophet of God. On recognizing this, she immediately prepared a special room for him so that anytime he visits Shunem, he and his servant can stay and rest. A day came when the anointing of Elisha was stirred up, he wanted to repay her for all the troubles she had gone through in accomodating him. This singular encounter completely dismantled the age-long yoke of barrenness in her life and like her mates, she bore her own child despite the age factor of her husband. Friends, God in His mercy has vested His anointing and graces in institutions, territories and in men. It only takes discernment to recognize and detect these systems that carry His possibilities. This is the Mystery of Impartation! Know this: it isn't always results

that validate the presence of God. All mustn't be like Elijah or Apostle Paul. Some of these systems are your own parents, the friends you play and joke around with, your business partners, siblings, or even the elders in your little community. They may not look like it but indeed they carry these possibilities of God. Discernment takes off the veil that shrouds them and helps you see beyond. An encounter with just one of these strange beings can break age-long bondages, the yoke of barrenness, stagnation, retardation, near success syndrome, shame, financial bondage, sickness and even death in your life and family. Get rid of that ego and arrogance and save yourself. Carnal people say things like, "Since there is God, of what need are these people?" Listen! God who made this mystery available and accessible isn't a daft being, you know! He has provided these systems in His mercy to help men become transformed and partake of His superabundant graces and blessings. Don't stand as a hindrance to your breakthrough.

Prayer

1. Magnify Him for the gift of life, for this day and for His Word.
2. Call upon the Holy Spirit.
3. Pray: "Spirit of the ever Living God, I adore and venerate You. Here I am in total submission, make haste to help me, O Lord. Open my eyes that I may truly see. Take away my pride and give me a humble heart. I desire to see beyond the natural, I want to be spiritually sensitive and conscious. Grant me the fortitude to live a Spirit-filled life and to discern well. Shift me to a new level in the Spirit and lead me to those spiritual conduits and systems that you have put in place for my deliverance and good. Amen."

Pray the daily consecration prayer on page 55



Friday September 13th 2019
GOD CANNOT MAKE YOU SIN
Sirach 15:11-13

"Do not say "It was God who made me sin," for he does not cause what he hates. Do not say, "He led me astray," for he has nothing to do with a sinner. The Lord hates all evil, and those who fear him hate it as well." Sirach 15:11-13

God Almighty cannot make anyone to sin or fall into sin. God is Holy and wants everyone to be holy. He doesn't tolerate any evil or impurity. We can only sin out of our decisions and actions and also through the influence of the devil through temptations. God has nothing to do with iniquity.

Some people say that God made them to sin. Why will they say such things? They will say that they sinned because God refused to answer them or come to their aid when they were in need. They will say that they prayed to God for money but didn't get it and then had to steal to eat or do other things. Some will say that they begged God for one favour or the other and since nothing happened, they had to soil their hand in evil to survive.

God cannot make anyone to sin. He has given us a free will. Silence of God after so much prayer can never mean or be seen as God pushing you into sin. There are many people who have nothing but still serve God and have vowed that they will never do evil to change their status and condition. They hope and trust in God for a better life while they work hard to see that it becomes a reality. Never blame God for the sins you commit because you decided on your own free will to do it.

Job in the Bible had nothing and was reduced to zero but he did not sin against God. He didn't sin because he decided that he will never do such even in his suffering. God was aware of the situation of Job but was silent, but that was not a ticket for Job to sin and then probably blame God. We all have freewill to decide in good or bad situations whether to sin or not. God cannot push you to sin. Rather, He draws you out of sin.

Prayer

Commit yourself into the hands of God.

Ask God to bless you.

Ask God for the grace of Holiness.

Pray the daily consecration prayer on page 55



Saturday September 14th 2019

THE PLEASANT THINGS THAT LEAD TO DESTRUCTION

Genesis 3:6-8

"When the woman saw that the fruit of the tree was good for food and pleasing to the eye, and also desirable for gaining wisdom, she took some and ate it. She also gave some to her husband, who was with her, and he ate it. Then the eyes of both of them were opened, and they realized they were naked; so they sewed fig leaves together and made coverings for themselves. Then the man and his wife heard the sound of the LORD God as he was walking in the garden in the cool of the day, and they hid from the LORD God among the trees of the garden. But the LORD God called to the man, "Where are you?" Genesis 3:6-8

In life, we have to be very careful and avoid sin because it will destroy us or harm us. It totally makes you a stranger before God. From the Bible verses extracted from Genesis 3:6-8, we can see how eve was deceived by pleasant fruit. "When the woman saw that the fruit of the tree was good for food and pleasing to the eye, and also desirable for gaining wisdom, she took some and ate it." Sins are usually appealing and attractive. If sins are not attractive or appealing, no one will be interested in it. People who commit sexual sins are into it for the pleasure or some other kind of needs like financial needs. People steal because they are attracted by someone's else property and want to own it. Every sin people commit have something that attracts them to it.

Do not be deceived by the sparkling fruit called sin. If you eat of it, you will die. Your body may not die but your soul will die and burn in hell. Do not be deceived but the beauty appearance of sin, it is a trap. That will lead to death and regret.

Example: in this world, the devil seeks to destroy lives and destinies through sin. He has many agents working for him to see that mankind is destroyed. There are some human agent he uses who are ladies. These ladies are very beautiful with nice and attractive body shape and figure. They belong to different satanic kingdoms in the spiritual world. All they do is to seduce men and sleep with them. These woman are usually very beautiful and irresistible but if you sleep with them, you are doomed; Your destiny will be destroyed. Things made for destruction are usually made attractive to draw a prey to it. Let us avoid sin which is a bait to destruction.

Prayer

Ask for the grace to avoid sin.

Ask our Blessed Mother to help you overcome sin and live a holy life.

Pray the daily consecration prayer on page 55



Sunday September 15th 2019

THE PLEASANT THINGS THAT LEAD TO DESTRUCTION (2) II

Genesis 3:6-8

"When the woman saw that the fruit of the tree was good for food and pleasing to the eye, and also desirable for gaining wisdom, she took some and ate it. She also gave some to her husband, who was with her, and he ate it. Then the eyes of both of them were opened, and they realized they were naked; so they sewed fig leaves together and made coverings for themselves. Then the man and his wife heard the sound of the LORD God as he was walking in the garden in the cool of the day, and they hid from the LORD God among the trees of the garden. But the LORD God called to the man, "Where are you?" Genesis 3:6-8

Yesterday, we saw how dangerous sin is and how attractive it can be. Sin, though attractive, is a poison that will lead to the death of anyone that partake in it.

Today, we are going to look at the effect of eating or tasting the poisonous fruit. From the scriptural passage above, we can see the result of sin. Genesis 3:7 says: "Then the eyes of both of them were opened, and they realized they were naked; so they sewed fig leaves together and made coverings for themselves." This simply means that they lost their innocence. They were no longer innocent as they were before they ate the fruit. They were corrupted and contaminated by sin. When we live a holy life, there are glory and graces in our life that covers us and helps us which we don't know. If we taste sin, they will depart and we will become naked. We will now become conscious of our emptiness and may try to cover up just like Adam and Eve tried to do with leaves.

Also, in the last verse, after eating the fruit, Adam and Eve ran away from God. This simply means that sin automatically draws one away from God. You will be running when no one is pursuing you. God may even look for you and not find you because you are covered in sin.

Prayer

Ask God for the forgiveness of all the sins you have committed against Him.

Ask Him to make you a new being.

Ask Him to fill you with all the graces you need.

Pray the daily consecration prayer on page 55



Monday September 16th 2019
YOU SHALL NOT KILL
Exodus 20:13

Thou shall not kill. This is the instruction that God has given to us. Even without God telling us to abstain from killing each other, it is morally not right or abnormal for a human being to kill his fellow humanbeing.

In our world today, a lot of murder are going on. People kill their fellow human being for many reasons. Today, we are going to look at murder going on in various families and especially catholic families. Many families are killing and destroying innocent lives through abortion and contraceptives. Many families are aborting babies and life that they cannot create. They are destroying destinies of innocent babies.

Many women take after sex pills hours after they have engaged in sexual act, killing and destroying a life that might have formed hours or minutes before they took the drug. Many families are aborting babies because they feel it was a mistake. There is a river of blood of innocent babies flowing in the world, crying to God for vengeance.

The Catholic church is totally against contraception because it hinders the creation of life naturally. God is not happy with the way the devil is destroying innocent lives through abortion and contraceptives. God said "thou shall not kill" but so many people are killing. A catholic should not sell, buy or use drugs or contraceptives that will hinder or destroy life formation. They can affect us negatively in this life for there are curses attached to atrocities and they can also destroy our soul.

Prayer

Ask God for the forgiveness if you sell, buy and use contraceptives.

Ask God to forgive you if you have committed abortion.

If you have not gone for confession concerning these, try and do so.

Pray for families and individuals who abort innocent children.

Pray the daily consecration prayer on page 55



Tuesday September 17th 2019

THE ARK OF THE COVENANT

The ark of the covenant was very powerful. It indicated God's power and presence in the midst of the Israelites. It was kept in a sacred temple. No one could touch it apart from the Levites and it gave the Israelites victory whenever it was brought into the battle field.

The ark of the covenant contained the manna that fell from heaven, the ten commandments, etc. On top of the ark, there were two winged creatures at each end with their wings extended over the ark. When the Israelites wanted to cross the river Jordan, the ark helped them by stopping the river from flowing. The ark also played a significant role in the fall of the wall of Jericho. The ark was very powerful. If one was not a Levite and touched it, the person will die instantly. When the Philistines captured the ark and placed it in the temple of their god, the idol crumbled and broke into pieces. The ark was a strong presence of God.

The Most Blessed and Precious virgin Mary is the new ark of the covenant. She is the real ark of the covenant. The old ark contained the law and manna. Mary carried Jesus in her womb for nine month, gave Him flesh and blood. Jesus is the real manna in form of the Eucharist, and He is also the word of God. The perfect Marian title showing Mary as the ark of the covenant is "Our Lady of Perpetual Help." It shows Mary carrying Jesus with two winged creatures; Michael and Gabriel on her right and left. Mary is very powerful, she is full of Grace and a majestic presence of God. Let us learn to invoke her and walk with her in our daily life. She is terrible against the powers of hell. They flee when they hear her name or see anything related to her. Mary is our mother and our real ark. Let us invoke her often with love.

Prayer

Ask Jesus to fill you with so much love for his Blessed Mother.
Ask Mary to help you to live a life pleasing to God.
Ask Mary to help you now till the moment you will leave this world.
Consecrate yourself and all that belongs to you to Her.
Pray the daily consecration prayer on page 55



Wednesday September 18th 2019
**PHYSICAL THINGS ARE NOT MUCH
NEED IN A SPIRITUAL WARFARE**
1 Samuel 17:38-40

"Then Saul dressed David in his own tunic. He put a coat of armor on him and a bronze helmet on his head. David fastened on his sword over the tunic and tried walking around, because he was not used to them. "I cannot go in these," he said to Saul, "because I am not used to them." So he took them off. Then he took his staff in his hand, chose five smooth stones from the stream, put them in the pouch of his shepherd's bag and, with his sling in his hand, approached the Philistine." 1 Samuel 17:38-40

From the verses of the scripture above, we can see David trying to prepare to fight Goliath who was mocking the Israelite's army. During the preparation, Saul equipped David with every necessary thing that he needed but David had to remove them because he could not move, they were too heavy and he was not used to them. We have to observe that David dropped the whole armour and sword and when to fight Goliath with catapult and five stones.

David dropping all armour and weapons shows that the battle was not going to be physical but Spiritual, and in Spiritual Warfare, unnecessary physical things are not needed. If the battle was not spiritual, David catapult and stone won't have been able to kill Goliath. Also the battle was spiritual because David made some pronouncements against Goliath. In a physical battle, pronouncements are not needed.

The thing that killed Goliath was not the stone. It was David's pronouncement. He came against Goliath with the name of God. In spiritual warfare, all we need is to pray and come against the power of evil with the Power of God and Heaven. There is really no physical thing needed.

Prayer

Pray as the spirit leads you.

Pray the daily consecration prayer on page 55



Monday August 19th 2019
FLY FROM SEXUAL IMMORALITY
[1st Corinthians 6:18]

1st Thess. 4:3-5 says, "For the purpose of God for you is this: that you may be holy, and may keep yourselves from the desires of the flesh; so that every one of you may keep his body holy and in honour; not in the passion of evil desires, like the Gentiles, who have no knowledge of God."

Gross darkness has overwhelmed the world and that which was formerly considered evil and sinful by men have become the norm in our today's society. It is very disheartening to know that even those who label themselves as disciples and co-heirs of God's kingdom now find pleasure and satisfaction in the ugly and shameful lifestyle and systems of the world, systems that contradict the systems and ways of God. In this present time, the high rate at which sexual sins are perpetrated is alarming. Men have lost the fear of God and do not care if they violate His commandments by following their selfish desires and will. Homosexuality has become the order of the day. That which made God destroy the ancient cities, Sodom and Gomorrah, is now being practiced in broad day light, even in His Church. Countries have promulgated laws, legalizing its practice and have made the Churches in those States to strictly comply with that enforcement. Evil has indeed thriven! Teens now find nothing embarrassing and disgusting in sleeping around. Some who have tied the knot through marriage go against the solemn vow which they joyfully made on their wedding day and are now the victims of most infidelity cases. The transgender lifestyle is almost becoming a norm and it is evident that the devil is winning many into this despicable way of life. The rise in the promotion and propagation of pornography, which is usually accompanied by masturbation, have helped in worsening the case so far. The internet, which have provided an easy access to it have plunged many into addiction and for some, have destroyed their sex life and led them into committing acts like incest, rape, fornication etc. The majority now take pride in committing evil and joy in living lawlessly. It is to these people that the word of God speaks in Isaiah 5:20. It says, "Woe to those who call evil good and good evil, who put darkness for light and light for darkness, who put bitter for sweet and sweet for bitter." Let's bring to an end the reflection of this day with this critical admonition from St. Paul, "Do you not know that wrongdoers will not inherit the kingdom of God? Do not be deceived! Fornicators, idolaters, adulterers, male prostitutes, sodomites, thieves, the greedy, drunkards, revellers, robbers— none of these will inherit the kingdom of God."

Prayer

1. Thank God for the gift of His Word.
2. Cry out to God for mercy for the many times you have failed Him through the lifestyle you led.
3. Say this prayer thrice and very seriously. "Father, behold me on my knees as I trace my steps back to you like a prodigal child. Show me your mercy, Jesus. I am weak and tired, tired of this lifestyle of mine. My strength and power have countlessly failed me and there is virtually no other way, humanly possible, through which I can be emancipated. Come to my aid, deliver me, not because I merit it but for the sake of the sorrowful passion and death of Jesus. Break the bond of sin in my life and make me a free agent through the most precious blood of Christ Jesus. Grant me Your life giving Spirit to help me in this new walk. Never let me return to my former way of life. I believe You, Lord, I know you will never allow me to perish in sin."

Pray the daily consecration prayer on page 55



Friday September 20th 2019
**NOVENA TO ST MICHAEL AND THE NINE
ANGELIC CHOIRS DAY ONE**

For Angelic assistance, intervention and Spiritual Warfare in our life, business, marriage, academics, family etc.

**CLICK ON THE LINK OR THE IMAGE OF ARCHANGEL MICHAEL TO
PRAY THE NOVENA FOR DAY ONE**

LINK → <https://maryourhelp.org/St-michael-the-arch-angel-novena.html>





Saturday September 21st 2019
NOVENA TO ST MICHAEL AND THE NINE
ANGELIC CHOIRS DAY TWO

For Angelic assistance, intervention and Spiritual Warfare in our life, business, marriage, academics, family etc.

CLICK ON THE LINK OR THE IMAGE OF ARCHANGEL MICHAEL TO PRAY THE NOVENA FOR DAY TWO

LINK → <https://maryourhelp.org/St-michael-the-arch-angel-novena.html>





Sunday September 22nd 2019
**NOVENA TO ST MICHAEL AND THE NINE
ANGELIC CHOIRS DAY THREE**

For Angelic assistance, intervention and Spiritual Warfare in our life, business, marriage, academics, family etc.

**CLICK ON THE LINK OR THE IMAGE OF ARCHANGEL MICHAEL TO
PRAY THE NOVENA FOR DAY THREE**

LINK → <https://maryourhelp.org/St-michael-the-arch-angel-novena.html>





Monday September 23rd 2019
NOVENA TO ST MICHAEL AND THE NINE
ANGELIC CHOIRS DAY FOUR

For Angelic assistance, intervention and Spiritual Warfare in our life, business, marriage, academics, family etc.

CLICK ON THE LINK OR THE IMAGE OF ARCHANGEL MICHAEL TO PRAY THE NOVENA FOR DAY FOUR

LINK → <https://maryourhelp.org/St-michael-the-arch-angel-novena.html>





Tuesday September 24th 2019
NOVENA TO ST MICHAEL AND THE NINE
ANGELIC CHOIRS DAY FIVE

For Angelic assistance, intervention and Spiritual Warfare in our life, business, marriage, academics, family etc.

CLICK ON THE LINK OR THE IMAGE OF ARCHANGEL MICHAEL TO PRAY THE NOVENA FOR DAY FIVE

LINK → <https://maryourhelp.org/St-michael-the-arch-angel-novena.html>





Wednesday September 25th 2019
**NOVENA TO ST MICHAEL AND THE NINE
ANGELIC CHOIRS DAY SIX**

For Angelic assistance, intervention and Spiritual Warfare in our life, business, marriage, academics, family etc.

**CLICK ON THE LINK OR THE IMAGE OF ARCHANGEL MICHAEL TO
PRAY THE NOVENA FOR DAY SIX**

LINK → <https://maryourhelp.org/St-michael-the-arch-angel-novena.html>





Thursday September 26th 2019
**NOVENA TO ST MICHAEL AND THE NINE
ANGELIC CHOIRS DAY SEVEN**

For Angelic assistance, intervention and Spiritual Warfare in our life, business, marriage, academics, family etc.

**CLICK ON THE LINK OR THE IMAGE OF ARCHANGEL MICHAEL TO
PRAY THE NOVENA FOR DAY SEVEN**

LINK → <https://maryourhelp.org/St-michael-the-arch-angel-novena.html>





Friday September 27th 2019

NOVENA TO ST MICHAEL AND THE NINE ANGELIC CHOIRS DAY EIGHT

For Angelic assistance, intervention and Spiritual Warfare in our life, business, marriage, academics, family etc.

**CLICK ON THE LINK OR THE IMAGE OF ARCHANGEL MICHAEL TO
PRAY THE NOVENA FOR DAY EIGHT**

LINK → <https://maryourhelp.org/St-michael-the-arch-angel-novena.html>





Saturday September 28th 2019
**NOVENA TO ST MICHAEL AND THE NINE
ANGELIC CHOIRS DAY NINE**

For Angelic assistance, intervention and Spiritual Warfare in our life, business, marriage, academics, family etc.

**CLICK ON THE LINK OR THE IMAGE OF ARCHANGEL MICHAEL TO
PRAY THE NOVENA FOR DAY NINE**

LINK → <https://maryourhelp.org/St-michael-the-arch-angel-novena.html>





Sunday September 29th 2019

**THROUGH CHRIST ALONE; NO OTHER
BUT JESUS (1)**

Acts 4:12

Let's begin today's reflection with this beautiful song: "Something more than gold, I've got something more than gold. Something more than gold, I've got something more than gold.

I tell it to the world Jesus is more than gold, I tell it to the world Jesus is more than gold." It is a beautiful thing to be part of God's big family. Consider it a divine privilege. St Romuald who was in ecstasy couldn't comprehend this love, agape love, and as a result exclaimed, "Dear Jesus! My dear Jesus! My unspeakable desire! My joy! Joy of the Angels! Sweetness of the Saints!" Oh! Jesus is worth more than anything else in the whole universe. There's nothing in existence and that would ever be that can be compared to Him. Happy are those who have truly found the Lord. There is no bound to the joy of those who believe in Him. This is a man who willingly gave up His precious life for you and me even whilst we were yet sinners (Romans 5:8). Scriptures says, "Greater love hath no man than this, that a man lay down his life for his friends." (John 15:13). He loves you so much that He gave up His heavenly glory, took the body of a man, walked the earth, suffered greatly and died for you. The first Adam sinned and corrupted the plan of God, making it necessary for a redeemer to come. No one was perfect and fit to carry out this laborious assignment, not even the angels, for they were charged with folly and error (Job 4:18). God looked around and heaven was silent. No one was fit and even willing to carry this painstaking, shameful and sorrowful task. It was in the midst of this lengthy silence that Christ, the Son of God arose. Alleluia! He arose out of love for you, out of compassion to see you escape the doom that was predestined for rebels and to grant you a license that authorizes and makes you a partakers and citizen of God's kingdom. Whilst He walked the earth, He was tempted by the devil and at a time almost aborted the mission which He came to fulfill at the garden of Gethsemane. He was deeply sorrowful and afraid when He saw the vision of the punishment that awaited Him. It was for this reason that He cried and pleaded God saying, "My Father, if it is possible, let this cup of suffering pass over me." Indeed the devil was getting the upper hand and was almost

victorious, for that was his ardent desire, but Jesus, in a flash, remembered the very reason He left Heaven, the mission He came to accomplish, the souls of men that will be damned if the task wasn't successful and the victory He had come to enforce over the devil and the powers of darkness. All these made Him to have a rethink and with a broken but resolute mind He yelled, "No! Not my will, however, but Your will be done!" He tholed greatly and was rejected even by those He came to redeem but in the midst of all He wasn't moved, He remained focused till the end. On the cross He expired and was laid to rest. He then descended into hell and collected the keys of death and Hades and made a public spectacle of the devil and his cohorts. He gloriously ressurected on the third day, permanenting His victory and never to die no more. Alleluia! What a friend we have in Jesus who died for love of us. St. Paul concludes thus: "You were at one time spiritually dead because of your sins and because you were Gentiles without the Law. But God has now brought you to life with Christ. God forgave us all our sins; he cancelled the unfavourable record of our debts with its binding rules and did away with it completely by nailing it to the cross. And on that cross Christ freed himself from the power of the spiritual rulers and authorities; he made a public spectacle of them by leading them as captives in his victory procession." Colossians 2:13-15.

Prayer

1. Worship the Lord Jesus from the very depth of your heart.
 2. Thank Him for His love and victory. Bless Him for accepting that difficult proposal.
 3. Surrender your life to the Lord and if need be, rededicate it.
- Pray the daily consecration prayer on page 55



Monday September 30th 2019

**THROUGH CHRIST ALONE; NO OTHER
BUT JESUS (2)**

Ephesians 2:4-10

Yesterday, we were made to understand the rigorous sacrifice that Jesus made for our sake and the salvation and victory He won for us, His friends, through His passion and death on the tree of Calvary. Beloved, would the pains and torments of Hell not have been our lot if Christ haven't accepted to fulfill that divine assignment? Thank Jesus again! His passion and death pleased and appeased the heart of the Father. His blood which was poured on the altar of heaven made remedy for the havoc and retribution that the first Adam brought upon himself and all men. Christ's passion and death which brought about the shedding of His sinless blood was indeed the requisite offering that could ever appease the heart of the Father and reconcile men to that former state, to that intimate fellowship which men once had with God. Gone are the days when godly men, men and women who truly feared and revered God, attained heaven on the basis of godliness and sincerity. The standard have been altered! A new law is now in place. What is this new law? That salvation can only be achieved through Jesus Christ! Hear Apostle Peter: "...This [Jesus] is the Stone which was despised and rejected by you, the builders, but which has become the Head of the corner [the Cornerstone]. And there is salvation in and through no one else, for there is no other name under heaven given among men by and in which we must be saved." Acts 4:11-12. Isn't this striking?! No other can save, not your personal holiness or your acts of charity, not even our dearest Mother Mary or the Most Holy Spirit! It isn't given to the Spirit of God or to the Blessed Virgin Mary to save. The Blessed Virgin and the Holy Spirit only help direct us to Word, Jesus Christ. God has predestined the doom of all who willingly reject the Lordship of Christ and the only way to experientially exempt yourself is to sincerely surrender your life wholly to Him. This privilege and honor was given to Christ by God as a compensation for not only His complete obedience but also for the pains, sorrows and shame He went through and endured. Friend, no amount of self righteousness or good deeds can save you or even erase your sins, for by default you bear the sin of Adam. The only persons that are exempted are little children that haven't gotten to the age of reasoning. All your works of righteousness are filthy and sleazy if Christ hasn't found a dignified place in your life. He must indeed be your Lord and personal Savior for you to become a citizen of heaven and to be free from the shackles and dominion of the kingdom of darkness. If this isn't true, Jesus wouldn't have even considered coming or even converting His own people; the Jews. Whenever we

receive His life, His Spirit cojoins with ours, never to be separated (It's like a salt covenant). There isn't any hope for unbelievers, that is, people who haven't come to the knowledge of Jesus. It doesn't matter whether they are morally upright, empathetic, goodly or keen in character. Christ blood is the only covering that can save us from perdition. This isn't a threat from God, it has just been designed that way. He says to you, "Come experience this love". The love that spares us from the pains of hell, the yokes and bondage of darkness and makes us partakers of the benefits and possibilities that are embedded in the Christ. Do not hesitate! Harden not your heart and come to your Lord and King, Jesus Christ.

Prayer

1. Thank the Lord for keeping you alive.
2. Bless Him for the privilege of knowing this truth.
3. Confess your sins to the Lord Jesus and make a firm resolution to follow and serve Him all the days of your life.
4. Say the divine mercy prayer.

Pray the daily consecration prayer on page 55



INFORMATION SECTION

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Daily Consecration

O Immaculate Queen of Heaven and Earth, refuge of sinner and most Loving Mother, God has willed to entrust the entire order of mercy onto you. I, (name), a repentant sinner, cast myself at your feet , humbly imploring you to take me with all that I am and have, wholly to yourself as your possession and property. Please make of me, of all my powers of soul and body, of my whole life, death and eternity, whatever most pleases you. If it pleases you, use all that I am and have without reserve, wholly to accomplish what was said of you: “She will crush your head” and “You alone have destroyed all the heresies in the world.” Let me be a fit instrument in your immaculate and merciful hands for introducing and increasing your glory to the maximum in all the many strayed and indifferent souls, and thus help extend as far as possible the Blessed Kingdom of the Most Sacred Heart of Jesus . For wherever you enter, you obtain the grace of conversion and growth in holiness, since it is through your hands that all graces come to us from the most Sacred Heart of Jesus. Amen



Divine mercy

The Chaplet of the Divine Mercy

How to Recite the Chaplet

The Chaplet of Mercy is recited using ordinary rosary beads of five decades. The Chaplet is preceded by two opening prayers from the Diary of Saint Faustina and followed by a closing prayer.

1. Make the Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

2. Optional Opening Prayers

You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.

(Repeat three times) O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us, I trust in You!

3. Our Father

Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil, Amen.

4. Hail Mary

Hail Mary, full of grace. The Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death, Amen.

5. The Apostle's Creed

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

6. The Eternal Father

Eternal Father, I offer you the Body and Blood, Soul and Divinity of Your Dearly Beloved Son, Our Lord, Jesus Christ, in atonement for our sins and those of the whole world.

7. On the Ten Small Beads of Each Decade

For the sake of His sorrowful Passion, have mercy on us and on the whole world.

8. Repeat for the remaining decades

Saying the "Eternal Father" (6) on the "Our Father" bead and then 10 "For the sake of His sorrowful Passion" (7) on the following "Hail Mary" beads.

9. Conclude with Holy God (Repeat three times)

Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.

THE LITANY OF THE MERCY OF GOD for Private Use Only.

Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us. Christ, hear us.

Christ, graciously hear us.

God the Father of Heaven, Have mercy on us.

God the Son, Redeemer of the world, Have mercy on us.

God the Holy Spirit, Have mercy on us.

Holy Trinity, One God, Have mercy on us.

Mercy of God, supreme attribute of the Creator, *We trust in Thee.*

Mercy of God, greatest perfection of the Redeemer, *We trust in Thee.*

Mercy of God, unfathomable love of the Sanctifier, ""

Mercy of God, inconceivable mystery of the Holy Trinity,

Mercy of God, expression of the greatest power of the Most High,

Mercy of God, revealed in the creation of the heavenly Spirits,

Mercy of God, summoning us to existence out of nothingness,

Mercy of God, embracing the whole universe,

Mercy of God, bestowing upon us immortal life,

Mercy of God, shielding us from merited punishments,

Mercy of God, raising us from the misery of sin,

Mercy of God, justifying us in the Word Incarnate,

Mercy of God, flowing from the wounds of Christ,

Mercy of God, gushing from the Most Sacred Heart of Jesus,

Mercy of God, giving to us the Most Blessed Virgin Mary as Mother of Mercy, Mercy of God, shown in the revelation of the Divine mysteries,
Mercy of God, manifested in the institution of the universal Church,
Mercy of God, contained in the institution of the Holy Sacraments,
Mercy of God, bestowed upon mankind in the Sacraments of Baptism and Penance,
Mercy of God, granted in the Sacraments of the Altar and the Priesthood,
Mercy of God, shown in calling us to the Holy Faith,
Mercy of God, revealed in the conversion of sinners,
Mercy of God, manifested in the sanctification of the just,
Mercy of God, fulfilled in the perfecting of the saintly,
Mercy of God, font of health for the sick and the suffering,
Mercy of God, solace of anguished hearts,
Mercy of God, hope of souls afflicted with despair,
Mercy of God, always and everywhere accompanying all people,
Mercy of God, anticipating us with graces,
Mercy of God, peace of the dying,
Mercy of God, refreshment and relief of the Souls in Purgatory,
Mercy of God, heavenly delight of the blessed,
Mercy of God, crown of all the Saints,
Mercy of God, inexhaustible source of miracles,

Lamb of God, Who didst show us Thy greatest mercy in redeeming the world on the Cross,
Spare us, O Lord.

Lamb of God, Who did mercifully offer Thyself for us in every Holy Mass, Graciously
hear us, O Lord.

Lamb of God, Who take away the sins of the world through Thine inexhaustible Mercy,
Have mercy on us.

Lord, have mercy on us. Christ, have mercy on us.

Lord, have mercy on us.

V. The tender mercies of the Lord are over all His works. R. The mercies of the Lord I will
sing forever.

Let Us Pray. O God, Whose Mercy is infinite and Whose treasures of pity are inexhaustible,
graciously look down upon us and increase in us Thy Mercy so that we may never, even in
the greatest trials, give way to despair, but may always trustfully conform ourselves to Thy
Holy Will, which is Mercy itself. Through Our Lord Jesus Christ, the King of Mercy, Who
with Thee and the Holy Spirit doth show us Mercy forever and ever. R. Amen.



Prayer for Family Liberation

Instruction

1. This prayer must be recited by every member of the family.
2. Everyone should try and go for confession before starting the prayer.
3. The prayers are to be recited at midnight.
4. There must be fasting by every member of the family, ranging from 6am-12pm, 6am-3pm, 6am-6pm, depending on the capacity of the members.
5. The Prayer can be said for 14days, 21 or 30.
6. Try as much as possible to avoid distractions or anything that will prevent the prayer to be completed or recited properly.

Prayers

Exodus 14

Psalm 51

Psalm 35

Psalm 94

Psalm 55

Zechariah 14

Nehemiah 1:3-11

Obadiah 1:17



Prayer for Healing

Instruction

1. Go for confession before starting the prayer.
2. The prayers can be recited anytime.
3. No fasting.
4. The Prayer can be said for 14 days, 21 or 30.
5. Try as much as possible to avoid distractions or anything that will prevent the prayer to be completed or recited properly.

Prayers

Call on the Blood of Jesus Christ 12 times

Psalm 23

Psalm 51

Isaiah 53:5

Isaiah 38:1-7

Divine Mercy prayer at three o'clock



CHAPLET OF OUR LADY OF PERPETUAL HELP

(To be recited on the ordinary rosary bead)

HOW TO PRAY

Gloria to be said on the first large bead after the cross.

Recite three hail Mary on the three small beads after Gloria.

Recite the creed on the second large bead after the three hail Mary.

On the ten small beads recite: "O Mary, help us!".

(At the end of each decade say:)

Mary has help us. Mary wants to help us. Mary can help us. Mary will help us.

(On the large beads say:)

O mother of perpetual help. Listen to our pleading souls. You can help us in all our needs. Mary, with hope, we call on you.

(In conclusion, recite:)

We fly to your patronage, o holy mother of God! despise not our petitions in our necessities: but deliver us from all dangers. o ever glorious and blessed virgin Mary. Our lady of perpetual, pray for us!

OUR LADY OF PERPETUAL HELP PRAY FOR US AND THE WHOLE WORLD



PRAYER TO ST MICHAEL THE ARCHANGEL

Glorious Saint Michael, guardian and defender of the Church of Jesus Christ, come to the assistance of His followers, against whom the powers of hell are unchained. Guard with special care our Holy Father, the Pope, and our bishops, priests, all our religious and lay people, and especially the children. Saint Michael, watch over us during life, defend us against the assaults of the demon, and assist us especially at the hour of death. Help us achieve the happiness of beholding God face to face for all eternity. Amen.

Saint Michael, intercede for me with God in all my necessities, especially (State your intention here...) Obtain for me a favorable outcome in the matter I recommend to you. Mighty prince of the heavenly host, and victor over rebellious spirits, remember me for I am weak and sinful and so prone to pride and ambition.

Be for me, I pray, my powerful aid in temptation and difficulty, and above all do not forsake me in my last struggle with the powers of evil.

Amen.



PRAYER TO ST RAPHAEL THE ARCHANGEL

Glorious Archangel Saint Raphael, great prince of the heavenly court, you are illustrious for your gifts of wisdom and grace. You are a guide of those who journey by land or sea or air, consoler of the afflicted, and refuge of sinners. I beg you, assist me in all my needs and in all the sufferings of this life, as once you helped the young Tobias on his travels. Because you are the medicine of God, I humbly pray you to heal the many infirmities of my soul and the ills that afflict my body. I especially ask of you the favour (Make your request here...) and the great grace of purity to prepare me to be the temple of the Holy Spirit.
Amen.

St. Raphael, of the glorious seven who stand before the throne of Him who lives and reigns, Angel of health,
The Lord has filled your hand with balm from heaven to soothe or cure our pains.
Heal or cure us of our diseases and guide our steps when doubtful of our ways.



PRAYER FOR GOD'S BLESSINGS

Father almighty; remember your word in Psalm 34:10 which say “The lions may grow weak and hungry but those who seek the Lord lack no good thing.” Also, in Proverbs 10:22 your word said “The blessing of the Lord brings wealth, without painful toil for it.” Father, I beg you to bless me and the work of my hands. Let there be divine increase in [mention intention] let Your divine favour locate me in all I do and seek to do, For in Psalm 145:15, You open your hand and satisfy the desires of every living thing. Father in heaven; please fulfil all my heart desires in your mercy. I claim the word of Deuteronomy 28:11-13 which says “The Lord will grant you abundant prosperity – in the fruit of your womb, the young of your livestock and the crops of your ground – in the land he swore to your ancestors to give you. V.12 The Lord will open the heavens, the storehouse of his bounty, to send rain on your land in season and to bless all the work of your hands. You will lend to many nations but will borrow from none. V.13 The Lord will make you the head, not the tail. If you pay attention to the commands of the Lord your God I give you this day and carefully follow them, you will always be at the top, never at the bottom. I make this request, knowing that God will supply every need of mine according to his riches in glory in Christ Jesus. In accordance with Philippians 4:19.



PRAYER FOR OPEN HEAVEN

Remember your word oh Lord in Revelation 21:4 which says -
And God shall wipe away all tears from their eyes; and there shall be no more death, neither sorrow, nor crying, neither shall there be any more pain: for the former things are passed away. Standing on this word, I beg you to open heaven and rain down your blessings and favours oh Lord in Your mercy upon my me, my family, my business, mention more..... God please let your blessings overtake me in this life am living. Let your water of life of Revelation 22:1-5 fall upon me, my education, my family, mention more.....make a new heaven and new earth for me in accordance with Revelation 21:1. In 1 Corinthians 2:9, as it is written, Eye hath not seen, nor ear heard, neither has entered into the heart of man, the things which God hath prepared for them that love him. Lord let all these precious things you have prepared for me begin to manifest in my life, I humbly beg. Show me pity and open up heaven for me. This I ask in Jesus Christ name I pray.



PRAYER FOR FAVOUR

Favour me and my family oh Lord for Psalms 90:17 says - And let the beauty of the LORD our God be upon us: and establish thou the work of our hands upon us; yea, the work of our hands establish thou it. Also in Psalms 102:13, the bible made it known that - Thou shall arise, [and] have mercy upon Zion: for the time to favour her, yea, the set time, is come. Therefore Lord God, make the word of Isaiah 58:11 which said - And the LORD shall guide thee continually, and satisfy thy soul in drought, and make fat thy bones: and thou shall be like a watered garden, and like a spring of water, whose waters fail not, come true in my life and in my family. In Jesus Christ name I pray, I beg you glorious and merciful God to favour me in all aspect of life. Even in areas I don't deserve favour. Lord God of host, through the blood of Jesus that was shed on the cross of Calvary, I beg you to favour me and my family and also.....[add other intention] this I believe you will do in your mercy through Jesus Christ our Lord.



PRAYER FOR STRENGTH

Isaiah 41:10 says - Fear thou not; for I [am] with thee: be not dismayed; for I [am] thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness. Also in Deuteronomy 20:4 - For the LORD your God [is] he that goes with you, to fight for you against your enemies, to save you. In Isaiah 40:31, the word of the lord said - But they that wait upon the LORD shall renew [their] strength; they shall mount up with wings as eagles; they shall run, and not be weary; [and] they shall walk, and never get tired. Jesus Christ of Nazareth, you are my strength. In this life I live, you are my power. Have mercy on me, for you are the substance in me. Empower me with the outburst of the Holy Spirit. In your word in Psalms 39:7, I ask: And now, Lord, what wait I for? My hope [is] in thee. In your mercy, always be that strength that always put a smile on my face. In 2 Corinthians 12:9-10 - you said unto me, my grace is sufficient for thee: for my strength is made perfect in weakness. Most gladly therefore will I rather glory in my infirmities, that the power of Christ may rest upon me. Jesus, in your mercy, be my strength



PRAYER OF GRATITUDE

God the father, Son and Holy Spirit, I thank you for the numerous blessings you have showered upon me. Psalms 136:1 says "O give thanks to the LORD; for he is good: for his mercy endures forever" lord, I acknowledge that you are good and all you have ever done for me are good things. In 1 Thessalonians 5:18, lord God, you said we should in everything give thanks: for this is the will of God in Christ Jesus concerning you. Therefore,

I thank you for the gift of life
I thank you for complete senses
I thank you for the food I eat daily
I thank you for your protection over me
I thank you for good health
I thank you for your love for me
I thank you for sending your son to die for me
I thank you for your mercies.
I thank you for your guidance.

I thank you lord for what you have done, what you are doing and what you will do in my life. For in James 1:17 Every good gift and every perfect gift is from above, and comes down from the Father of lights, with whom is no fickleness, neither shadow of turning.