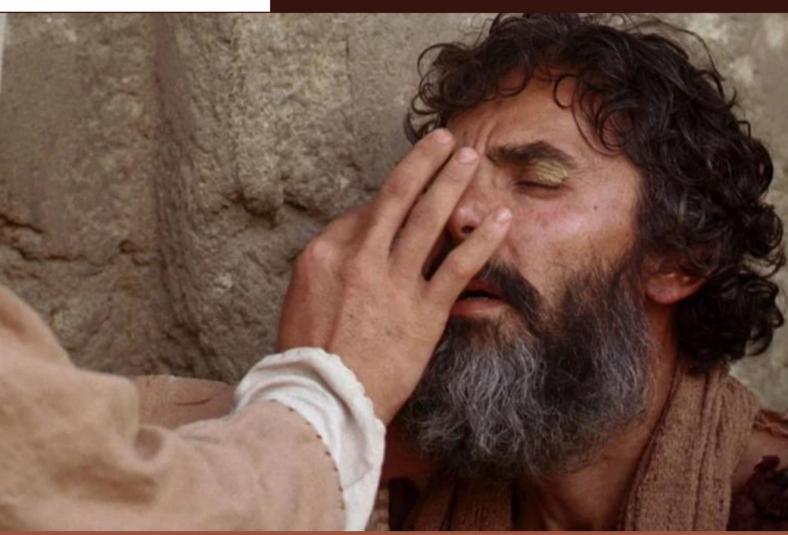


## HEALING SESSIONS WITH JESUS



"BUT I WILL RESTORE YOU TO HEALTH AND HEAL YOUR WOUNDS,' DECLARES THE LORD" JEREMIAH 30:17.

**MARY OUR HELP** 



## HEALING SESSIONS WITH JESUS

### PLEASE, SHARE WITH ALL THOSE IN NEED OF HEALING.

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#### **MARY OUR HELP**

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- This prayer is to be said in a very quiet place without distraction. A chapel is recommended. If you are not able to pray in a chapel, then you can pray in any quiet place available.
- Do not skip any part of the prayer.
- If you have any question or clarification, click on <a href="mailto:info@maryourhelp.org">info@maryourhelp.org</a> to send an email to the admin.
- If it touches your heart, please kindly support us.

#### **CLICK HERE TO SUPPORT**



### HEALING SESSION WITH JESUS DAY ONE

(This prayer is to be said in a very quiet place without distraction. A chapel is recommended. If you are not able to pray in a chapel, then you can pray in any quiet place available.)

Do not skip any part of this prayer.

#### **Opening Prayer:**

God the Father, Son and Holy Spirit; my maker and my God, I thank You for this day and for giving me the opportunity to participate in this spiritual activity for healing. Father, I am a sinner and I ask for the forgiveness of all my sins against You. Remember Jesus died for me so that I can be forgiven of all wrongs and iniquity. Remember that You said in Your word in Jeremiah 3 verse 12 and 13 that You will no longer look on me in anger. You also said that I should acknowledge my sins and You will have mercy and forgive me. Holy Trinity, I acknowledge all my sins and evil deeds and I say that I am very sorry for all of them.

(Pause with your eyes closed and without distraction. Begin to search your mind for all sins you have committed against God and tell Him that you are sorry for all of them.)

Lord, have mercy on me according to Your word in Psalm 51 verse 1 and wash away my sin. Please, wash me with the most Precious Blood of Jesus Christ according to Your word in Psalm 51. Amen.

Father, Son and Holy Spirit, I ask for Your powerful presence as I pray. Please have mercy on me and do not deny me of Your powerful presence. Remember that You said in Matthew 7:7: "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you." Holy Trinity, I long, ask and seek for Your presence as I pray. Remember that You said in Jeremiah 33 verse 3 that I should call on You and that You will answer. Holy Trinity, I call upon You with all my heart, mind, soul and strength. Please answer me my Lord and my God out of the depth of Your love and mercy and for the sake of Your holy name. Amen.

#### To Mother Mary Health of The Sick

Mother, I call upon you in the name of God the Father, Son and Holy Spirit. I ask for your presence, help and intercession as I pray. Mother, please listen to the cry of your child who is calling upon you and have mercy on me. Mother, you are the help of all Christians. You are my constant help in time of trouble and afflictions because God has specially empowered you to be my mother and intercessor. I call upon You, Health of the Sick, I call upon you Refuge of Sinners, I call upon you Ark of the Covenant, I call upon you Queen of heaven and earth. Please come to my aid and help me to get healed. Amen.

#### For Angelic Help

Holy Trinity; Father, Son and Spirit; my Lord and my God. I beg You, adding my voice to that of my Blessed Mother Mary, asking You to release Archangel Raphael and all Your healing angels in heaven. Holy Trinity, I beg You, for the sake of the Most Precious Blood that was shed by Jesus Christ, please release your Holy Angels to come and work upon my life and body. Let your Holy Angels minister to me in various ways during this prayer. Amen. Holy Angel Raphael and all the healing angels of God, I ask for your help and presence. Please, come and touch me by the power of God so that I can be healed. I ask you Holy Angels of God to heal me for the sake of the Holy name of our God who is exalted high above all things. Amen.

#### **First Day**

Welcome to this first session. Do you know that your healing has already started? The power of God is already at work over your life. When you fall sick, you visit the doctor to treat you because, the Lord has given them the wisdom and knowledge in medicine. Today, we do not want to talk about human doctors who can be down with sicknesses and diseases. Today, we are going to talk about that doctor that can raise dead people back to life. His name is Doctor Jesus.

There is nothing that Jesus cannot do. Jesus is the great healer and our hope when all hope is lost. The word of God in Luke 18:27, Luke 1:37, Mark 10:27, Matthew 19:27, Genesis 18:14, Zechariah 8:6 says that THERE IS NOTHING IMPOSSIBLE FOR GOD TO DO. Are you afraid that you have been suffering so much and have spent a lot without any change or improvement? Do not worry, The Holy Trinity has taken over your case. Are you suffering from a terminal illness which has made you cry day and night because you think your life is going to be cut short? Do not be Afraid! The one who destroyed death is here. Do not be afraid! Do not worry anymore. Remember in John 11:38-44, Jesus raised Lazarus from the dead after four days when his body was already decomposing. Remember also that in Luke 17:11-19, Jesus cured ten lepers, a disease which is incurable. In John 5:1-16, Jesus cured the man at the pool at Bethesda

who had nobody to help him for many decades. Jesus will never abandon you. He is ready to heal you. Do you have faith in Him? Do you believe that He is capable of doing so? Jesus is ready to heal you; all you have to do is to believe in His capacity to heal. Jesus can heal you of that which has been afflicting you and causing you pain.

When you go to hospital for treatment of a minor illness like a cough, and you meet a doctor who is a professor with many decades of experience in medicine, will you be afraid that the doctor will not be able to treat you successfully? No. He is too equipped for such a small case. In the same way, Jesus Christ our God who made the universe is far too equipped to treat your sickness and diseases. Remember that He bore them on His own body and He feels what you feel. All you need to do is to trust His capability and let Him work on you. He has never failed and will never fail.

#### **Testimony: By Jed**

I was talking to a friend, who happens to be elderly, about a prayer request she had regarding one of her legs. The background of her condition was that she had developed Peripheral Artery Disease (PAD) due to her type 2 diabetes. PAD causes your blood vessels to narrow and reduces blood flow to your legs and feet, thus causing you to develop sores and, eventually, the loss of a limb. Her sickness was well advanced, and by the time I was

talking to her, the diagnosis was already determined, and the surgery just a few days away. I knew things were bad because I could see the bandages on her leg needed to be redressed due to the open sores. She had advanced so far into the sickness that the removal of the leg was the only option, or so everyone thought.

We had a pleasant conversation (although I don't remember exactly what we talked about), but I do remember her asking me to pray for her leg. I knew she was in pain, and the thought of losing a leg frightened her, so I wanted to do anything I could do to bring some form of comfort and pastoral reassurance that God is in control and is bigger than any sickness, disease, or fear. So, I prayed.

I got down on my knees next to her and put my hands on her bandaged leg. I was a little worried I was going to hurt her, but I knew the prayer would be short, and the prayer would be worth any discomfort she was temporarily in. I prayed, acknowledging Jesus as the ultimate healer and asked for Him to take away any discomfort or pain she was in. I prayed for the doctors and nurses who were going to take care of her during and after the operation. I prayed for the surgery itself and that Jesus would reassure her of His presence during the surgery. And then I felt a boldness to pray for a full healing of the leg. I mentioned that God raised Jesus from

the dead, and that He healed people all throughout His Ministry here on earth and that He still heals people today. I ended the prayer and gave my friend a hug and said I would check up on her after the surgery.

A few days later, I got a call from my friend. She had gone to see the doctor, and she wanted to tell me all about it. I asked her about the surgery and thought it was a little strange she would be calling me. I had fully planned to go and see her in the hospital post opt, but the operation never happened. She was telling me this with tears in her eyes. Although I could not physically see her because we were on the phone, I could definitely tell there were tears in her eyes because of the way she was sniffling over the phone. These were tears of joy. She told me she went to the hospital, and during the pre-opt, when the surgeon went to inspect the leg, he could not figure out which leg needed to be amputated. The chart said one thing, but that is not what he was seeing. Her leg had been completely healed, and although the surgeon had no explanation, my friend certainly knew who had healed her. She then spent the next thirty minutes explaining to the doctor it was God who healed her leg. God still heals!

Your healing has started. Please bear it in your mind that after healing has taken place, some symptoms can disappear instantly while some symptoms which you feel may not disappear instantly but gradually over a period of time. This does not mean healing has not taken place.

#### **Healing Session with Jesus**

Mother Mary and the Holy Angels, please I ask you in God's name to assist me as I pray. (Repeat three times with seriousness)

(Now imagine Jesus on the cross covered in His wounds.) Say: Lord Jesus, I need Your help. Please have mercy on me and cure me. (Three times.)

Close your eyes and Imagine Jesus still on the cross covered with wounds (for five minutes), thank Him for the sacrifice He has made for you. Tell Him how much you love Him.

#### The Lord Is Listening to You Now:

Tell Him what the Doctors and people have said about your condition.

Tell Him all you are scared of.

Now begin to touch and tell Him where you feel pains in your body.

Tell Him how you feel internally and externally and every symptom you have and do not like.

Is there any part of your body which is missing or incomplete or withered? Begin to tell Him about it. Is

there any organ that is damaged? Begin to touch it and tell Him about it.

Is there any sickness and conditions that you are suffering from which has no medical explanation? Begin to tell Him everything about it. Tell Him everything you want.

#### Then say:

Lord Jesus Christ, I worship You because You are my Father and my God; the maker of the whole universe. You have heard all I have said and I know that they are settled today. Lord Jesus, let the Holy Spirit begin to flow in my body; from the crown of my head to the sole of my feet for healing. Lord Jesus, please let Your healing power together with Your Precious Blood begin to heal me and cleanse me. Lord Jesus, I beg You, for the sake of Your love, Your mercy, Your Precious Blood and Your Holy name, please cure me, heal me and restore me totally. Lord Jesus, please, never let me remain the way I am. I put all my trust in You, please have mercy on me and heal me. Lord Jesus, please, do not deny me Your mercy and healing. Lord Jesus, remember You said in Your living word in Exodus 23:25 that You will take sickness away from me. Lord Jesus, remember You said in Jeremiah 30:17 that You will restore me to health. Jesus, I believe and hold You to Your word because You can never lie. You are able and capable to heal me, please heal me. Amen.



(This prayer is to be said in a very quiet place without distraction. A chapel is recommended. If you are not able to pray in a chapel, you can pray in any quiet place available.)

Do not skip any part of this prayer.

#### **Opening Prayer:**

God the Father, Son and Holy Spirit; my maker and my God, I thank You for this day and for giving me the opportunity to participate in this spiritual activity for healing. Father, I am a sinner and I ask for the forgiveness of all my sins against You. Remember Jesus died for me so that I can be forgiven of all wrongs and iniquity. Remember that You said in Your word in Jeremiah 3 verse 12 and 13 that You will no longer look on me in anger. You also said that I should acknowledge my sins and You will have mercy and forgive me. Holy Trinity, I acknowledge all my sins and evil deeds and I say that I am very sorry for all of them.

(Pause with your eyes closed and without distraction. Begin to search your mind for all sins you have committed against God and tell Him that you are sorry for all of them.)

Lord, have mercy on me according to Your word in Psalm 51 verse 1 and wash away my sin. Please, wash me with the Most Precious Blood of Jesus Christ according to Your word in Psalm 51. Amen.

Father, Son and Holy Spirit, I ask for Your powerful presence as I pray. Please have mercy on me and do not deny me of Your powerful presence. Remember that You said in Matthew 7:7: "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you." Holy Trinity, I long, ask and seek for Your presence as I pray. Remember that You said in Jeremiah 33 verse 3 that I should call on You and that You will answer. Holy Trinity, I call upon You with all my heart, mind, soul and strength. Please answer me my Lord and my God out of the depth of Your love and mercy and for the sake of Your holy name. Amen.

#### **To Mother Mary Health of The Sick**

Mother, I call upon you in the name of God the Father, Son and Holy Spirit. I ask for your presence, help and intercession as I pray. Mother, please listen to the cry of your child who is calling upon you and have mercy on me. Mother, you are the help of all Christians. You are my constant help in time of trouble and afflictions because God has specially empowered you to be my mother and intercessor. I call upon You, Health of the Sick, I call upon you Refuge of Sinners, I call upon you Ark of the Covenant, I call upon you Queen of heaven and earth. Please come to my aid and help me to get healed. Amen.

#### For Angelic Help

Holy Trinity; Father, Son and Spirit; my Lord and my God. I beg You, adding my voice to that of my Blessed Mother Mary, asking You to release Archangel Raphael and all Your healing angels in heaven. Holy Trinity, I beg You, for the sake of the Most Precious Blood that was shed by Jesus Christ, please release your Holy Angels to come and work upon my life and body. Let your Holy Angels minister to me in various ways during this prayer. Amen. Holy Angel Raphael and all the healing angels of God, I ask for your help and presence. Please, come and touch me by the power of God so that I can be healed. I ask you Holy Angels of God to heal me for the sake of the Holy name of our God who is exalted high above all things. Amen.

#### **Second Day**

There are many causes of sicknesses and diseases; one of them can be God's wrath. One can be punished by God with sickness or illness. In Numbers Chapter 12, God punished Miriam with leprosy after she spoke against Moses. In 2 Kings 5:27, Gehazi, the servant of Elisha was struck with leprosy because of his sins. Also, in Exodus 9:8-12, the Lord punished the Egyptians by covering their bodies with boils. Remember also that the Lord made Apostle Paul blind on his way to Damascus to persecute Christians before he was later restored again. The Lord can punish people by withdrawing the good health that they enjoy.

If there is anything that we have done which is making us to suffer greatly in our health, today is an opportunity to ask for forgiveness and plead for God's mercy. You need the mercy of God to live a normal life again. If you ask for mercy sincerely, He will heal you and cure you.

#### **Testimony: By Nick**

In 2017, I was living my life as I wanted. I always sinned gravely against God and ask for forgiveness only to go back to sin. He warned me through various ways but I didn't listen. I kept on sinning against Him through sinful sexual pleasures and fantasies. One day, I was watching a bad video which showed unclad women and immediately I saw that, I felt something strange happen

to me and I became distressed. As usual, I went to ask God for forgiveness but this time, He refused to listen. I have taken Him for granted so much. The more I prayed, the more I felt in my heart that my prayers were not being heard by God. About three days later, I was sleeping one night when I had a dream and, in the dream, I saw that I was going to die. In the dream, the Lord separated me from Mary who would have interceded for me, and His worry was how my earthly mom was going to handle my death.

When I woke up, I was filled with fear. I kept trying to pray but He was not listening. God had warned me so much but I really disregarded His warnings and took Him for granted. I was afraid. I was wondering what was going to happen to me. Will I die in an accident? Will I fall sick with a terminal illness? What will happen to me? These questions and fear kept coming up in my mind. After a week, I fell sick mysteriously. It started like acute shortage of blood. I was feeling dizzy and light-headed always. Before I knew it, I lost my appetite, and coordination. I had severe insomnia and failing nervous system. I was gradually dying slowly. I was rushed to the hospital and admitted. The doctors tried to diagnose but came up with nothing. My family were worried and I was very scared because I knew what the cause of my illness was.

When my body began to shutdown gradually, I called my mother and brother and told them all my dreams and all that has happened and she started crying. I told them to pray for me so that God will have mercy on me because I have really hurt Him badly. We prayed together for a while in the hospital with tears and the Lord finally decided to have mercy on me. My body that was shutting down began to be revived again. I was healed but the symptoms didn't disappear immediately. It took some weeks for the symptoms I felt to totally disappear. Today, I am well and enjoying good health from God. I thank God for His mercy upon my life and for giving me another chance to live for Him after taking Him for granted for so long.

#### **Healing Session with Jesus**

Mother Mary and the Holy Angels, please I ask you in God's name to assist me as I pray. (Repeat three times with seriousness)

(Now imagine Jesus on the cross covered in His wounds.) Say: Lord Jesus, I need Your help. Please have mercy on me and cure me. (Three times.)

Close your eyes and imagine Jesus still on the cross covered with wounds (for five minutes), thank Him for the sacrifice He has made for you. Tell Him how much you love Him.

#### The Lord Is Listening to You Now:

Tell Jesus how sorry you are for offending Him with your sins.

Ask Him to have mercy upon you and forgive all sins that may be the cause of your ill health.

Tell Jesus to have mercy on you.

Tell Him all you are scared of.

Now begin to touch and tell Him where you feel pains in your body.

Tell Him how you feel internally and externally and every symptom you do not like.

Is there any part of your body which is missing or incomplete or withered? Begin to tell Him about it. Is there any organ that is damaged? Begin to touch it and tell Him about it.

Is there any sickness and conditions that you are suffering from which has no medical explanation? Begin to tell Him everything about it. Tell Him everything you want.

#### Then say:

Lord Jesus Christ, I worship You because You are my Father and my God; the maker of the whole universe. You have heard all I have said and I know that they are settled today. Lord Jesus, let the Holy Spirit begin to flow in my body; from the crown of my head to the sole of my feet for healing. Lord Jesus, please let Your healing power together with Your Precious Blood begin to heal

me and cleanse me. Lord Jesus, I beg You, for the sake of Your love, Your mercy, Your Precious Blood and Your Holy name, please cure me, heal me and restore me totally. Lord Jesus, please, never let me remain the way I am. I put all my trust in You, please have mercy on me and heal me. Lord Jesus, please, do not deny me Your mercy and healing. Lord Jesus, remember You said in Your living word in Exodus 23:25 that You will take sickness away from me. Lord Jesus, remember You said in Jeremiah 30:17 that You will restore me to health. Jesus, I believe and hold You to Your word because You can never lie. You are able and capable to heal me, please heal me. Amen.



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(Pause with your eyes closed and without distraction. Begin to search your mind for all sins you have committed against God and tell Him that you are sorry for all of them.)

Lord, have mercy on me according to Your word in Psalm 51 verse 1 and wash away my sin. Please, wash me with the Most Precious Blood of Jesus Christ according to Your word in Psalm 51. Amen.

Father, Son and Holy Spirit, I ask for Your powerful presence as I pray. Please have mercy on me and do not deny me of Your powerful presence. Remember that You said in Matthew 7:7: "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you." Holy Trinity, I long, ask and seek for Your presence as I pray. Remember that You said in Jeremiah 33 verse 3 that I should call on You and that You will answer. Holy Trinity, I call upon You with all my heart, mind, soul and strength. Please answer me my Lord and my God out of the depth of Your love and mercy and for the sake of Your holy name. Amen.

#### **To Mother Mary Health of The Sick**

Mother, I call upon you in the name of God the Father, Son and Holy Spirit. I ask for your presence, help and intercession as I pray. Mother, please listen to the cry of your child who is calling upon you and have mercy on me. Mother, you are the help of all Christians. You are my constant help in time of trouble and afflictions because God has specially empowered you to be my mother and intercessor. I call upon you, Health of the Sick, I call upon you Refuge of Sinners, I call upon you Ark of the Covenant, I call upon you Queen of heaven and earth. Please come to my aid and help me to get healed. Amen.

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#### **Third Day**

Jesus is a God who performs creative miracles! He can make, put back missing organs in the body through His Divine creative power. There are people who have lost their sight, hearing ability, limbs, hands, proper brain function etc. as a result of an accident. To such a person, all hope may seem lost but it is not so. Jesus is capable of restoring your lost sight or your hearing. Jesus is capable of implanting new eye parts, ear drums, new kidneys, new liver, new tongue, new brain cells etc. Things like this are too easy for Him; cases of creative miracles are easy for the one through whom the universe was made. In Mark 8, Jesus healed a blind man and restored his sight, He will heal you and restore you totally. In Matthew 9:1–8, Jesus healed a man who was paralyzed. Is your body withered or paralyzed because of stroke or an accident? Have you lost the ability to walk because of an injury in your brain or spine? Do you limp or walk with clutches or have to be carried? If so, you have come to the right person who is Jesus; He is ready to heal you. Do you believe? Do you believe that your best friend can help you to be whole again? His ability and His capacity are more than sufficient! Believe in Jesus. He only needs your faith in Him.

Jesus loves you and He has been with you in all your troubles. He has seen how you have suffered physically and emotionally because of your condition. He has seen the money you have spent in the process of trying to get better. He feels your bitterness and sadness more than you do. Do not lose hope because Jesus is here now to transform your situation through His creative power and ability. Remember that Lazarus who died for four days was restored to life. Imagine that! After all his organs had begun to decompose and smell, after his body was swollen, after his blood and body fluids were no more. Everyone thought that there was nothing more to be done but Jesus the one through whom all things were made brought him back. That same Jesus is here and is ready to restore you the way Lazarus was restored.

#### **Testimony: By Ron**

A little over four months had passed since I had given my life to Jesus and my heart was on fire to do something for God. The Lord placed a good Christian friend in my life to help me and it was this friend who presented the opportunity to fulfill my desire to work for God. He gave me some gospel tracts to pass out that explained the plan of salvation and before we knew it the door was opened at the local hospital for us to visit the sick. We decided to visit every Sunday. On our first visit we held hands in the parking lot and prayed asking God for wisdom and most

importantly His perfect will. Carrying our bible, anointing oil and tracts we entered the hospital lobby with our minds made up and our hearts set on doing work for God. Having no idea what to expect, we found ourselves a little nervous as we greeted the nurses at the information counter. They gave us a little box containing index cards that listed patients' name. Each person was separated into a group, according to their religious beliefs. Knowing that God loves us and thankfully does not separate us into groups, we skipped through the cards picking six people that God impressed us to visit.

When we arrived at the first room, room 117a the door was slightly open so we continued inside. When I looked down and saw the condition of the man lying in bed, it startled me. I felt the spirit of doubt try to grip my heart but I kept my mind on Jesus. The scene was horrible. Approximately four-square inches of the man's face were missing, including his left eye and nose. I could literally smell his decaying flesh. He had cancer. Taking the initiative my friend introduced us and explained the purpose of our visit. During their conversation I prayed silently. My friend asked him if he had accepted Christ into his heart and he replied "No, but I would like to know him". We all joined hands and at this moment my friend led him in the sinner's prayer. We were witnesses as he asked Jesus to forgive him of his sins and come into his

heart. Tears ran down our face as we worshiped God and rejoiced.

After leaving the room we were confronted by a nurse who insisted that our intentions were noble, however she advised us not to get our hopes up because all that could be done medically had already been done as well as the patient's next of kin being notified. Two days later as I sat in my car after completing a midnight shift of work, God impressed me to go to the hospital and visit him again, so I drove straight to the hospital. As I approached his room, I noticed two nurses standing by the entrance of his doorway. I did not recognize one of the nurses however; the other I recognized as the same nurse we had spoken to before. While laughing she looked at me and said "So, besides being a cop you're a priest too". My only reply was "I'm just doing what God has called me to do".

I walked into the room where he was sitting in a wheelchair beside his bed. His entire head was covered with bandages so he could not see me. I placed my hand on his shoulder and told him who I was. He was excited to see me. I told him that God sent me to encourage him and that He was going to heal him and let him walk out of the hospital, then I prayed for him. He told me that he appreciated me coming to see him. I turned and walked into the hallway where I was met by one of the nurses

who pointed her finger in my face and said, "You, Jesus Christ or nobody can help this man. He's missing four inches of flesh from his head and it's this deep" (She illustrated using both hands). I felt the Spirit of God quicken inside of me and I said, "It was for this reason that I came here today. I want to tell you and the people that work in this hospital as well as the people of Okeechobee, Florida and the entire world, that it was God who hung the world in the middle of nothing. He holds your breath in the palm of His hand and this is the same God that is going to heal this man and let him walk out of this hospital". She began laughing as I turned to leave and I heard her say "Whatever".

Five days later my friend and I visited the hospital after attending Sunday school. We prayed for eight people before making our way to room 117a. I opened the door and Satan spoke to me and said He is dead? and I said Not so! There was a woman in the bed he had occupied before. We walked down the hallway to the nurses' station where I saw a nurse, I don't think I've ever seen before. I asked "do you know what happened to the man that was in room 117a?" Stepping backwards she said, "I don't know what happened down there last week but that man's fine, he went home!" We raised our hands and began to praise the wonderful name of Jesus as tears flowed uncontrollably down our faces. On our way out, God spoke to me as we approached some windows in the

hallway and said, "Look in the windows". Immediately I looked into the windows, which reflected down the hallway. I saw one of the nurses that had laughed at me the week before walking in our direction. Because of the angle of the window we could see her, however she did not see us. As our hallway created a "T" into hers, we met. When she saw us, she ran as fast as she could in the opposite direction. My eyes met my friend's eyes with laughter as we magnified the wonderful name of Jesus.

#### **Healing Session with Jesus**

Mother Mary and the Holy Angels, please I ask you in God's name to assist me as I pray. (Repeat three times with seriousness. Close your eyes for a minute and imagine them come.)

(Now imagine Jesus on the cross covered in His wounds.) Say: Lord Jesus, I need Your help. Please have mercy on me and help me. (Three times.)

Close your eyes and Imagine Jesus still on the cross covered with wounds (for five minutes), thank Him for the sacrifice He has made for you. Tell Him how much you love Him.

#### The Lord Is Listening to You Now:

Tell Jesus how much you believe in His ability and capacity to make you whole again.

Tell Him to have mercy on you.

Tell Jesus how much you need His creative miracle and healing.

(Close your eyes and touch the part of your body that is not healthy or not working. This could be your eyes, ears, stomach etc. For organs that cannot be seen, touch the location: for the brain, touch your head. For spine, touch your back. For kidneys, touch your lower back. Do this where you need the healing touch of Jesus.)

While your eyes are still closed, tell Jesus how you have suffered as a result of the part of your body that is not functioning properly.

Now ask Him to touch you and heal you. (With your eyes closed, imagine Jesus touching you on that spot with His wounded right-hand dripping blood. By His wounds, you are healed.)

With your eyes still closed, begin to say: Jesus, please have mercy on me and heal me. Keep saying it repeatedly.

If you have stroke or paralysis, try to move the paralyzed part of your body gently while you keep on asking Jesus to heal you. If you tried for the first time and could not move your body, focus on Jesus in your mind and keep trying gently again and again.

If you cannot hear properly, ask Jesus to blow into your ear the fire of His Holy Spirit mingled with His Precious Blood. (Close your eyes and imagine Jesus working on your ear.)

If there is anything that is in your body or blood (e.g. cancer cells, fibroids, tumours) that you want Him to remove, begin to tell Him about it and ask him to remove all of them.

If you have a bone disease or deformity: begin to say: Lord Jesus, let your great power begin to flow into my bones.

If there is any part of your body that is missing, place your hands there and begin to ask for the creative healing power of Jesus to touch you.

If you have a withered leg or hand (imagine Jesus touching it) begin to stretch it while you call on Jesus to heal you.

Ask Jesus to let His healing blood together with the fire of the Holy Spirit to begin to flow from your head to your feet for total cure. Do this with your eyes closed and your mind fixed on Jesus for five minutes.

#### Then say:

Lord Jesus Christ, I worship You because You are my Father and my God; the maker of the whole universe. You have heard all I have said and I know that they are settled today. Lord Jesus, let the Holy Spirit begin to flow in my body; from the crown of my head to the sole of my

feet for healing. Lord Jesus, please let Your healing power together with Your Precious Blood begin to heal me and cleanse me. Lord Jesus, I beg You, for the sake of Your love, Your mercy, Your Precious Blood and Your Holy name, please cure me, heal me and restore me totally. Lord Jesus, please, never let me remain the way I am. I put all my trust in You, please have mercy on me and heal me. Lord Jesus, please, do not deny me Your mercy and healing. Lord Jesus, remember You said in Your living word in Exodus 23:25 that You will take sickness away from me. Lord Jesus, remember You said in Jeremiah 30:17 that You will restore me to health. Jesus, I believe and hold You to Your word because You can never lie. You are able and capable to heal me, please heal me. Amen.



(This prayer is to be said in a very quiet place without distraction. A chapel is recommended. If you are not able to pray in a chapel, you can pray in any quiet place available.)

Do not skip any part of this prayer.

#### **Opening Prayer:**

God the Father, Son and Holy Spirit; my maker and my God, I thank You for this day and for giving me the opportunity to participate in this spiritual activity for healing. Father, I am a sinner and I ask for the forgiveness of all my sins against You. Remember Jesus died for me so that I can be forgiven of all wrongs and iniquity. Remember that You said in Your word in Jeremiah 3 verse 12 and 13 that You will no longer look on me in anger. You also said that I should acknowledge my sins and You will have mercy and forgive me. Holy Trinity, I acknowledge all my sins and evil deeds and I say that I am very sorry for all of them.

(Pause with your eyes closed and without distraction. Begin to search your mind for all sins you have committed against God and tell Him that you are sorry for all of them.)

Lord, have mercy on me according to Your word in Psalm 51 verse 1 and wash away my sin. Please, wash me with the Most Precious Blood of Jesus Christ according to Your word in Psalm 51. Amen.

Father, Son and Holy Spirit, I ask for Your powerful presence as I pray. Please have mercy on me and do not deny me of Your powerful presence. Remember that You said in Matthew 7:7: "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you." Holy Trinity, I long, ask and seek for Your presence as I pray. Remember that You said in Jeremiah 33 verse 3 that I should call on You and that You will answer. Holy Trinity, I call upon You with all my heart, mind, soul and strength. Please answer me my Lord and my God out of the depth of Your love and mercy and for the sake of Your holy name. Amen.

#### **To Mother Mary Health of The Sick**

Mother, I call upon you in the name of God the Father, Son and Holy Spirit. I ask for your presence, help and intercession as I pray. Mother, please listen to the cry of your child who is calling upon you and have mercy on me. Mother, you are the help of all Christians. You are my constant help in time of trouble and afflictions because God has specially empowered you to be my mother and intercessor. I call upon you, Health of the Sick, I call upon you Refuge of Sinners, I call upon you Ark of the Covenant, I call upon you Queen of heaven and earth. Please come to my aid and help me to get healed. Amen.

# For Angelic Help

Holy Trinity; Father, Son and Spirit; my Lord and my God. I beg You, adding my voice to that of my Blessed Mother Mary, asking You to release Archangel Raphael and all Your healing angels in heaven. Holy Trinity, I beg You, for the sake of the Most Precious Blood that was shed by Jesus Christ, please release your Holy Angels to come and work upon my life and body. Let your Holy Angels minister to me in various ways during this prayer. Amen. Holy Angel Raphael and all the healing angels of God, I ask for your help and presence. Please, come and touch me by the power of God so that I can be healed. I ask you Holy Angels of God to heal me for the sake of the Holy name of our God who is exalted high above all things. Amen.

#### **Fourth Day**

Sickness, illness and bad health conditions can be caused by demons and the agents of the dark world. Such kind of sickness may not be treatable by modern medicine. Some Christians are suffering spiritual attacks which manifest in the form of sickness and diseases. Some people have narrated situations where they had a bad encounter or attack in the dream and wake up feeling sick since then. Some made contacts with astray poisons placed for them in strategic locations. The wickedness in our world is much and advancing, and it is only by the power of God that we can overcome. The devil through his agents can afflict people with sickness and diseases. People who suffer from sickness as a result of spiritual attack may never get better or healed unless the power of God sets them free. Trying to solve a spiritually caused sickness through modern medicine may not really work. Sometimes, when the person afflicted goes to hospital, nothing is diagnosed by the doctor. The person will be dying without the doctors detecting or being able to diagnose any sickness after numerous tests.

Some spiritual attacks can involve attacks of vital organs leading to things like sudden kidney failures, heart failure, liver failure, etc.

Some health conditions can be caused by demons. In Mark 5:1-17, we see Jesus Christ cast out evil spirits from the demoniac who was not sane and could not be bound in chains: "They came to the other side of the sea, into the region of the Gerasene. When He got out of the boat, immediately a man from the tombs with an unclean spirit met him. He lived among the tombs; and no one was able to bind him anymore, not even with a chain, because he had often been bound with shackles and chains, and the chains had been torn apart by him and the shackles broken in pieces; and no one was strong enough to subdue him. Constantly, night and day, he was screaming among the tombs and in the mountains, and cutting himself with stones." Jesus Christ cast out the demons in him and he became sane again. This means that his insanity was caused by the demons in him. Such a case can never be treated medically.

In Luke 13:11-13, the word of God says: "And a woman was there who had been crippled by a spirit for eighteen years. She was bent over and could not straighten up at all. When Jesus saw her, he called her forward and said to her, "Woman, you are set free from your infirmity." Then he put his hands on her, and immediately she straightened up and praised God." Note that the woman was crippled by a spirit and not by any medical condition. Until the spirit was cast out by Jesus, she could not get herself up for eighteen years.

In Mark 9:17–29, the word of God says: "A man in the crowd answered, "Teacher, I brought you my son, who is possessed by a spirit that has robbed him of speech. Whenever it seizes him, it throws him to the ground. He foams at the mouth, gnashes his teeth and becomes rigid. I asked your disciples to drive out the spirit, but they could not." "O unbelieving generation," Jesus replied, "how long shall I stay with you? How long shall I put up with you? Bring the boy to me." So they brought him. When the spirit saw Jesus, it immediately threw the boy into a convulsion. He fell to the ground and rolled around, foaming at the mouth. Jesus asked the boy's father, "How long has he been like this?" "From childhood," he answered. "It has often thrown him into fire or water to kill him. But if you can do anything, take pity on us and help us." "If you can'?" said Jesus. "Everything is possible for him who believes." Immediately the boy's father exclaimed, "I do believe; help me overcome my unbelief!" When Jesus saw that a crowd was running to the scene, he rebuked the evil spirit. "You deaf and mute spirit," he said, "I command you, come out of him and never enter him again." The spirit shrieked, convulsed him violently and came out. The boy looked so much like a corpse that many said, "He's dead." But Jesus took him by the hand and lifted him to his feet, and he stood up." Medically, this boy whom Jesus delivered would have been diagnosed in our world today with epilepsy and

treated as an epileptic patient meanwhile, he was possessed.

Not all bad health conditions are caused by demons or spiritual attacks but many are caused by them. There are many people in the world taking drugs for a spiritually caused sickness. Today, the Master is here to deliver and set you free by His Almighty omnipotent power. Jesus is here now to deliver you because He has paid the price for your freedom from the hands and torture of the devil and all his agents.

## **Testimony: By Jane**

In 2010, I was woken by the cry of my new born baby at midnight. As I was trying to attend to him, suddenly, I felt an intense cold shiver all over my body and all my body was covered with goosebumps. A deep fear filled my being and I began to panic as if my world was going to end. I woke my husband and told him to take me to a priest in our neighbourhood but he said he it was already late at night and that we will do so the next morning. I was so scared; I couldn't explain what happened to me and all that was happening to me. I felt great fear around me and I started to feel like I will die.

The next morning, we went to see the priest who prayed for me and gave me some prayers to say. I said them and did so many times but instead of getting better, I was getting worse. I was disconnected from the world and was lonely because no one knew or could understand what was happening to me. I was always feeling cold as if I was in a cold room and had to wear thick clothes even in very hot temperature. I lost my appetite and developed heart problems. I couldn't sleep at night and had to depend on sleeping pills. Even when I dose off, I saw different strange spirits and entities trying to kill me. I became afraid of the night time and was scared of sleeping off. My nervous system broke down and I could feel the inside of my body literally shaking. I also felt as if little ants were moving around my head.

In the midst of all this agonizing trouble, I went to meet a priest and he gave me prayers to say for four months. After saying the prayers, I didn't feel any better and had to rush back to him. He told me I didn't say the prayers well and had to repeat them for another agonizing four months. On the last day, I rushed to his office. While I was outside his office waiting for my turn to see him, I saw our Lady of Perpetual Help in the sky. She told me not to be afraid and disappeared. I went to see the priest and told him that I have prayed for eight months without any difference. He was looking at me and didn't know what to say. He prayed for me and I went home.

At home at midnight, I was crying in tears to God and singing sorrowfully to Him. As I was singing in sorrow, I fell unconscious and saw the angels carrying my coffin spiritually into the room. I was the only one seeing this. It occurred to me instantly that I was suffering from a very vicious attack, and that I was supposed to have died in my sleep that night that the cry of my baby boy woke me. But since I was already awake because of his cry, the attack hit me hard and I was dead spiritually but not physically even though I was about to; I was literally like a walking corpse. As I was watching, the angels opened the coffin and brought me out; all my organs were totally dead. At the same time, I saw myself in different kingdoms of darkness fighting for my freedom and God gave me victory in ways I can't explain. After fighting, I continued seeing the angels. They brought my dead body out and started reviving each part; from the hairs of my head to my feet. This healing was accompanied by voices of some angels praising God in heaven. This healing took place from the midnight till dawn. When the angels finished, I regained my consciousness.

The Lord healed me and saved me from a strange attack I could not explain. I really suffered. After the angels revived me spiritually, I didn't recover instantly. I recovered gradually and it took a very long time (7 years) before all the symptoms went away. Before my deliverance, I was in another realm and no one could

explain or understand what happened to me. Anyone who didn't know me would think I was mentally unstable because of the things I was saying and trying to narrate for people to understand. Unfortunately, only few spiritual people understood my plight then. I did so many tests in different hospitals and the results showed I was okay while I was dying. But I thank God who did not allow me to die before His appointed time. May His name be praised forever. Amen.

#### **Healing Session with Jesus**

Mother Mary and the Holy Angels, please I ask you in God's name to assist me as I pray. (Repeat three times with seriousness)

(Now imagine Jesus on the cross covered in His wounds.) Say: Lord Jesus, I need Your help. Please have mercy on me and cure me. (Three times.)

Close your eyes and imagine Jesus still on the cross covered with wounds (for five minutes), thank Him for the sacrifice He has made for you. Tell Him how much you love Him.

# The Lord Is Listening to You Now:

Tell Jesus How much you have suffered in your health.
Tell Jesus to have mercy on you and set you free. Begin
to tell Jesus all the symptoms you feel and how they have

caused you so much discomfort and pain. Tell Jesus Christ to deliver you from every attack against your health (pour out your heart to Him.)

Ask Jesus to deliver you permanently from every kingdom of darkness that is fighting and tormenting you with afflictions, sickness and diseases.

Close your eyes and say repeatedly for five minutes:

Lord Jesus, for the sake of Your death, Holy wounds and Your Most Precious Blood, deliver me from every spiritual power fighting against me.

Place your hand where you are having pains or where you have been attacked and begin to call upon the Precious Blood of Jesus Christ for healing.

Ask Jesus to set you free permanently from every evil spirits or demons tormenting your life by the power and fire gushing out from the wounds of His Sacred Heart. Ask Jesus to erase every evil mark of death upon you with His Most Precious Blood.

Ask Jesus to pour His Precious Blood upon every evil satanic altar that is speaking against your health and your life in every kingdom of darkness.

Tell Jesus to undo everything the enemy has done to destroy you or torture you with sickness and diseases. Begin to plead the blood of Jesus and the fire of the Holy Spirit upon your life; from the crown of your head to the sole of your feet for total healing and liberation. Tell Jesus to release all parts of your body and your spirit anywhere it might have been caged spiritually. Ask Jesus

to remove every poison and strange object which may have been deposited in your body or blood by the enemy. Close your eyes and imagine yourself at the foot of the cross of Jesus and begin to ask Him to go to every kingdom of darkness fighting against you and set you free permanently.

Say the following seven times: Lord Jesus, release your Holy Spirit upon me for permanent healing and deliverance. Holy Spirit of my God, my body is your temple and rightly yours. Do not allow the enemies to destroy it or possess it. Amen.

### Then say:

Lord Jesus Christ, I worship You because You are my Father and my God; the maker of the whole universe. You have heard all I have said and I know that they are settled today. Lord Jesus, let the Holy Spirit begin to flow in my body; from the crown of my head to the sole of my feet for healing. Lord Jesus, please let Your healing power together with Your Precious Blood begin to heal me and cleanse me. Lord Jesus, I beg You, for the sake of Your love, Your mercy, Your Precious Blood and Your Holy name, please cure me, heal me and restore me totally. Lord Jesus, please, never let me remain the way I am. I put all my trust in You, please have mercy on me and heal me. Lord Jesus, please, do not deny me Your mercy and healing. Lord Jesus, remember You said in Your living word in Exodus 23:25 that You will take

sickness away from me. Lord Jesus, remember You said in Jeremiah 30:17 that You will restore me to health. Jesus, I believe and hold You to Your word because You can never lie. You are able and capable to heal me, please heal me. Amen.



(This prayer is to be said in a very quiet place without distraction. A chapel is recommended. If you are not able to pray in a chapel, you can pray in any quiet place available.)

Do not skip any part of this prayer.

### **Opening Prayer:**

God the Father, Son and Holy Spirit; my maker and my God, I thank You for this day and for giving me the opportunity to participate in this spiritual activity for healing. Father, I am a sinner and I ask for the forgiveness of all my sins against You. Remember Jesus died for me so that I can be forgiven of all wrongs and iniquity. Remember that You said in Your word in Jeremiah 3 verse 12 and 13 that You will no longer look on me in anger. You also said that I should acknowledge my sins and You will have mercy and forgive me. Holy Trinity, I acknowledge all my sins and evil deeds and I say that I am very sorry for all of them.

(Pause with your eyes closed and without distraction. Begin to search your mind for all sins you have committed against God and tell Him that you are sorry for all of them.)

Lord, have mercy on me according to Your word in Psalm 51 verse 1 and wash away my sin. Please, wash me with the Most Precious Blood of Jesus Christ according to Your word in Psalm 51. Amen.

Father, Son and Holy Spirit, I ask for Your powerful presence as I pray. Please have mercy on me and do not deny me of Your powerful presence. Remember that You said in Matthew 7:7: "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you." Holy Trinity, I long, ask and seek for Your presence as I pray. Remember that You said in Jeremiah 33 verse 3 that I should call on You and that You will answer. Holy Trinity, I call upon You with all my heart, mind, soul and strength. Please answer me my Lord and my God out of the depth of Your love and mercy and for the sake of Your holy name. Amen.

#### **To Mother Mary Health of The Sick**

Mother, I call upon you in the name of God the Father, Son and Holy Spirit. I ask for your presence, help and intercession as I pray. Mother, please listen to the cry of your child who is calling upon you and have mercy on me. Mother, you are the help of all Christians. You are my constant help in time of trouble and afflictions because God has specially empowered you to be my mother and intercessor. I call upon you, Health of the Sick, I call upon you Refuge of Sinners, I call upon you Ark of the Covenant, I call upon you Queen of heaven and earth. Please come to my aid and help me to get healed. Amen.

# For Angelic Help

Holy Trinity; Father, Son and Spirit; my Lord and my God. I beg You, adding my voice to that of my Blessed Mother Mary, asking You to release Archangel Raphael and all Your healing angels in heaven. Holy Trinity, I beg You, for the sake of the Most Precious Blood that was shed by Jesus Christ, please release your Holy Angels to come and work upon my life and body. Let your Holy Angels minister to me in various ways during this prayer. Amen. Holy Angel Raphael and all the healing angels of God, I ask for your help and presence. Please, come and touch me by the power of God so that I can be healed. I ask you Holy Angels of God to heal me for the sake of the Holy name of our God who is exalted high above all things. Amen.

# Fifth Day

Illness is not limited to the physical parts of the body but also affects the mind. Some people are physically well but are suffering in their minds. Many in the world are suffering from trauma as a result of bad experiences like rape, domestic violence, natural disasters, severe illness or injury, the death of a loved one, witnessing an act of violence. Being traumatized can be so painful and distressing for those suffering from it.

Another illness of the mind is anxiety; a mental health disorder characterised by feelings of worry or fear that are strong enough to interfere with one's daily activities. Also, depression is also one of the illness of the mind people suffer from. It is a mental health disorder characterised by persistently depressed mood or loss of interest in activities, causing significant impairment in daily life. Sometimes people can get so depressed to a point of having suicidal thoughts. Another illness of the mind is bipolar disorder also called: manic depression; a disorder associated with episodes of mood swings ranging from depressive lows to manic highs.

Another illness of the mind can be partial loss and regain of identity or loss of a particular emotional feeling one is supposed to have as a human being. Some people have lost their minds totally and are placed in psychiatric hospitals or are wondering about the streets.

Today, Jesus who is the Prince of Peace will transform our hearts and minds. He will cure our minds from all illnesses and set us free permanently. Do not be afraid, relax your mind! You will be normal again. Jesus is here now to heal you.

### **Testimony: By Mart**

When I was still in high school in 2015, something happened that traumatized me. I was with my friends one day having fun when one of them brought out his phone and told us that he wanted us to watch something. He told us that it was a video of terrorists executing people. He played the video and what I watched traumatized me! For the comfort of readers, I won't narrate the details of the video.

After watching the video, the things I saw refused to go away. I tried all I could to force it away from my mind but it refused to go. It really affected my mind. I could no longer sleep properly at night and I was always having severe headache that made my eyes red and will never go away. It was so severe and painkillers couldn't really help much. The scene refused to go away, following me every second and everywhere and the worst part was that I appeared normal to everyone. No one knew I was suffering. I tried asking some of my friends who watched

the video if they were having any ugly experience and they said no. Then it dawned on me that I was all alone.

I lost my peace, my health and was almost losing my mind. For six months I couldn't sleep normally unless I took sleeping pills because, each time I close my eyes, the scene appeared instantly in my mind. Sometimes, I had panic attacks and tears coming out of my eyes as a result of the severe pounding feeling I experienced in my head. I was lost, I thought I will never come out of the experience.

One Sunday, after many months of suffering, I couldn't bear what I was experiencing anymore and I broke down in tears. I cried to God and asked Him what I had done wrong that made Him to make me to suffer the way I did; I was like a prisoner whom everyone thought was fine. I seriously cried to God and told Him to have mercy on me and save me and He did. Instantly, the pounding headache stopped and my sleep became normal again. Though I was still having little traces of the scene in my mind but with time, I didn't even know when it disappeared. It became like other events in my memory which I think about and forget as I wish. It no longer haunts me and my mind became preoccupied with normal things of life. I really thank God for healing my mind, I was helpless but He helped me and saved me.

#### **Healing Session with Jesus**

Mother Mary and the Holy Angels, please I ask you in God's name to assist me as I pray. (Repeat three times with seriousness)

(Now imagine Jesus on the cross covered in His wounds.) Say: Lord Jesus, I need Your help. Please have mercy on me and cure me. (Three times.)

Close your eyes and imagine Jesus still on the cross covered with wounds (for five minutes), thank Him for the sacrifice He has made for you. Tell Him how much you love Him.

# The Lord Is Listening to You Now:

Tell Jesus to have mercy on you.

Tell Him all you are scared of.

Begin to tell Jesus all the troubles you have been experiencing in your mind (Tell Him all the details and the symptoms of all you feel.) Tell Him how you have suffered.

Tell Him how you have felt helpless and lost without hope.

Telling Him all that is weighing you down emotionally in your mind.

Begin to tell Him about that heart-breaking experience, the traumatic experience you have heard, the depression and anxiety you feel, and any other illness of the brain and mind which you may be having.

Now say: Jesus my God; look with pity upon me and have mercy on me. My Lord and my God, please do not let me continue to suffer this way. Have mercy upon me and heal my mind.

Now close your eyes and imagine the wounded Sacred Heart of Jesus with blood and water gushing from it. Imagine the blood of Jesus from His Sacred Heart flowing into your heart and mind. Do so for three minutes asking Jesus to heal your mind with His Precious Blood. Ask Jesus to heal your heart and mind and make it stable by the power of the Holy Spirit.

Say this seven times: Jesus my God, you are the Prince of Peace. Please, heal my mind and give me your peace. Amen.

#### Then say:

Lord Jesus Christ, I worship You because You are my Father and my God; the maker of the whole universe. You have heard all I have said and I know that they are settled today. Lord Jesus, let the Holy Spirit begin to flow in my body; from the crown of my head to the sole of my feet for healing. Lord Jesus, please let Your healing power together with Your Precious Blood begin to heal me and cleanse me. Lord Jesus, I beg You, for the sake of Your love, Your mercy, Your Precious Blood and Your Holy name, please cure me, heal me and restore me

totally. Lord Jesus, please, never let me remain the way I am. I put all my trust in You, please have mercy on me and heal me. Lord Jesus, please, do not deny me Your mercy and healing. Lord Jesus, remember You said in Your living word in Exodus 23:25 that You will take sickness away from me. Lord Jesus, remember You said in Jeremiah 30:17 that You will restore me to health. Jesus, I believe and hold You to Your word because You can never lie. You are able and capable to heal me, please heal me. Amen.



(This prayer is to be said in a very quiet place without distraction. A chapel is recommended. If you are not able to pray in a chapel, you can pray in any quiet place available.)

Do not skip any part of this prayer.

# **Opening Prayer:**

God the Father, Son and Holy Spirit; my maker and my God, I thank You for this day and for giving me the opportunity to participate in this spiritual activity for healing. Father, I am a sinner and I ask for the forgiveness of all my sins against You. Remember Jesus died for me so that I can be forgiven of all wrongs and iniquity. Remember that You said in Your word in Jeremiah 3 verse 12 and 13 that You will no longer look on me in anger. You also said that I should acknowledge my sins and You will have mercy and forgive me. Holy Trinity, I acknowledge all my sins and evil deeds and I say that I am very sorry for all of them.

(Pause with your eyes closed and without distraction. Begin to search your mind for all sins you have committed against God and tell Him that you are sorry for all of them.)

Lord, have mercy on me according to Your word in Psalm 51 verse 1 and wash away my sin. Please, wash me with the Most Precious Blood of Jesus Christ according to Your word in Psalm 51. Amen.

Father, Son and Holy Spirit, I ask for Your powerful presence as I pray. Please have mercy on me and do not deny me of Your powerful presence. Remember that You said in Matthew 7:7: "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you." Holy Trinity, I long, ask and seek for Your presence as I pray. Remember that You said in Jeremiah 33 verse 3 that I should call on You and that You will answer. Holy Trinity, I call upon You with all my heart, mind, soul and strength. Please answer me my Lord and my God out of the depth of Your love and mercy and for the sake of Your holy name. Amen.

#### **To Mother Mary Health of The Sick**

Mother, I call upon you in the name of God the Father, Son and Holy Spirit. I ask for your presence, help and intercession as I pray. Mother, please listen to the cry of your child who is calling upon you and have mercy on me. Mother, you are the help of all Christians. You are my constant help in time of trouble and afflictions because God has specially empowered you to be my mother and intercessor. I call upon you, Health of the Sick, I call upon you Refuge of Sinners, I call upon you Ark of the Covenant, I call upon you Queen of heaven and earth. Please come to my aid and help me to get healed. Amen.

# For Angelic Help

Holy Trinity; Father, Son and Spirit; my Lord and my God. I beg You, adding my voice to that of my Blessed Mother Mary, asking You to release Archangel Raphael and all Your healing angels in heaven. Holy Trinity, I beg You, for the sake of the Most Precious Blood that was shed by Jesus Christ, please release your Holy Angels to come and work upon my life and body. Let your Holy Angels minister to me in various ways during this prayer. Amen. Holy Angel Raphael and all the healing angels of God, I ask for your help and presence. Please, come and touch me by the power of God so that I can be healed. I ask you Holy Angels of God to heal me for the sake of the Holy name of our God who is exalted high above all things. Amen.

#### Sixth Day

People can be born with certain health conditions. Some of this can be as a result of accidents in the womb or during delivery, prolonged labours, malnutrition of pregnant mother leading to an unhealthy baby etc. Some people are born with sickle cell, genetic disorder and other health conditions which occurred during the development of the baby in the womb.

In John, 9:1–12, Jesus saw a man who was born blind. His disciples asked him, "Rabbi, who sinned, this man or his parents, that he was born blind?" Neither this man nor his parents sinned," said Jesus, "but this happened so that the works of God might be displayed in him. As long as it is day, we must do the works of him who sent me. Night is coming, when no one can work. While I am in the world, I am the light of the world. Having said this, he spat on the ground, made some mud with the saliva, and put it on the man's eyes. "Go," he told him, "wash in the Pool of Siloam" (this word means "Sent"). So, the man went and washed, and came home seeing.

If you were born with a certain health condition that has been disturbing you, do not worry because Jesus will make you whole. He healed the man born blind; He will heal you too. Do you believe in Him? Put your trust in His love and faithfulness and the world will be a witness to the wonders He will work for you.

## An Experience: By Jack

It hasn't only been in my childhood that the Lord has healed me, but I'd like to share with you the following testimony because of the lifetime impact that healing makes upon a child.

When I was one year old, I was supposed to die. When I was born, there was something wrong with my neck that the doctors couldn't fix, and it was inevitable that with the passage of time, the condition would have eventually twisted my neck and I would die. The doctor knew there was nothing he could do to change it.

Five months, three times a week my mother took me for treatments to temporarily relieve my pain. But the doctor was so sure there wasn't anything that could be done to correct it, he only charged my parents for six treatments even though he administered somewhere between 50 and 60.

My parents didn't know the Lord. My mother's cousin didn't know the Lord either, but she'd heard about a Church in Long Beach, California. She'd heard that at that church, Jesus healed people, and she wrote down what was wrong with me and took this note to the church. There she found somebody and asked, "There's a little baby that's dying, and I brought this note. Will you pray

for this baby?" The people said, "We will." They brought it into the Wednesday night prayer meeting.

The next day, my parents began to notice that things had changed. My mother's cousin had told her she'd taken a prayer request over to church. Within the next few days, the doctor said, "This baby is well. There is nothing wrong with him." And not only did the doctor declare me well, he refused to take the money from my parents for the few payments he was going to charge, because, he said, "I had nothing to do with the healing of this baby. This has to have been something God did."

I tell that story for two reasons. Not only do I know that it's in the Bible that Jesus healed during His Ministry, and that He's the same today as He ever was, I know I would not be alive and I wouldn't be able to talk about Jesus to other people today if He hadn't healed me when I was a baby.

I yearn for parents to learn to teach their children about the healing power of Jesus because once a child is healed by the power of Christ, no matter what happens in the years to come, that child will never forget that he is the Lord's. He will never forget that God touched him, that God has a private, personal investment in him, that God healed him and that God loves him. Amen.

#### **Healing Session with Jesus**

Mother Mary and the Holy Angels, please I ask you in God's name to assist me as I pray. (Repeat three times with seriousness)

(Now imagine Jesus on the cross covered in His wounds.) Say: Lord Jesus, I need Your help. Please have mercy on me and cure me. (Three times.)

Close your eyes and imagine Jesus still on the cross covered with wounds (for five minutes), thank Him for the sacrifice He has made for you. Tell Him how much you love Him.

# The Lord Is Listening to You Now:

If you have any condition which you have been suffering from birth, tell Jesus all about it.

Touch the part of your body where you need the healing touch of Jesus and begin to call upon His Precious Blood with your eyes closed for five minutes.

Say the following seven times: Jesus my Lord and my maker, please heal me and make me whole.

Say the following three times: God the Father, Son and Holy Spirit, You made me in Your perfect image and likeness. God, since You have no deformity, illness or sickness in You, please heal me out of Your mercy and make me a perfect image of You.

Close your eyes and imagine yourself kneeling at the foot of the cross of Christ. Begin to call upon the blood flowing from the Holy wounds of Christ for total healing, cleansing and transformation.

Tell Jesus all you are experiencing that you want Him to put to an end.

Tell Him all you want Him do for you.

### Then say:

Lord Jesus Christ, I worship You because You are my Father and my God; the maker of the whole universe. You have heard all I have said and I know that they are settled today. Lord Jesus, let the Holy Spirit begin to flow in my body; from the crown of my head to the sole of my feet for healing. Lord Jesus, please let Your healing power together with Your Precious Blood begin to heal me and cleanse me. Lord Jesus, I beg You, for the sake of Your love, Your mercy, Your Precious Blood and Your Holy name, please cure me, heal me and restore me totally. Lord Jesus, please, never let me remain the way I am. I put all my trust in You, please have mercy on me and heal me. Lord Jesus, please, do not deny me Your mercy and healing. Lord Jesus, remember You said in Your living word in Exodus 23:25 that You will take sickness away from me. Lord Jesus, remember You said in Jeremiah 30:17 that You will restore me to health. Jesus, I believe and hold You to Your word because You

can never lie. You are able and capable to heal me, please heal me. Amen.



(This prayer is to be said in a very quiet place without distraction. A chapel is recommended. If you are not able to pray in a chapel, you can pray in any quiet place available.)

Do not skip any part of this prayer.

# **Opening Prayer:**

God the Father, Son and Holy Spirit; my maker and my God, I thank You for this day and for giving me the opportunity to participate in this spiritual activity for healing. Father, I am a sinner and I ask for the forgiveness of all my sins against You. Remember Jesus died for me so that I can be forgiven of all wrongs and iniquity. Remember that You said in Your word in Jeremiah 3 verse 12 and 13 that You will no longer look on me in anger. You also said that I should acknowledge my sins and You will have mercy and forgive me. Holy Trinity, I acknowledge all my sins and evil deeds and I say that I am very sorry for all of them.

(Pause with your eyes closed and without distraction. Begin to search your mind for all sins you have committed against God and tell Him that you are sorry for all of them.)

Lord, have mercy on me according to Your word in Psalm 51 verse 1 and wash away my sin. Please, wash me with the Most Precious Blood of Jesus Christ according to Your word in Psalm 51. Amen.

Father, Son and Holy Spirit, I ask for Your powerful presence as I pray. Please have mercy on me and do not deny me of Your powerful presence. Remember that You said in Matthew 7:7: "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you." Holy Trinity, I long, ask and seek for Your presence as I pray. Remember that You said in Jeremiah 33 verse 3 that I should call on You and that You will answer. Holy Trinity, I call upon You with all my heart, mind, soul and strength. Please answer me my Lord and my God out of the depth of Your love and mercy and for the sake of Your holy name. Amen.

#### **To Mother Mary Health of The Sick**

Mother, I call upon you in the name of God the Father, Son and Holy Spirit. I ask for your presence, help and intercession as I pray. Mother, please listen to the cry of your child who is calling upon you and have mercy on me. Mother, you are the help of all Christians. You are my constant help in time of trouble and afflictions because God has specially empowered you to be my mother and intercessor. I call upon you, Health of the Sick, I call upon you Refuge of Sinners, I call upon you Ark of the Covenant, I call upon you Queen of heaven and earth. Please come to my aid and help me to get healed. Amen.

# For Angelic Help

Holy Trinity; Father, Son and Spirit; my Lord and my God. I beg You, adding my voice to that of my Blessed Mother Mary, asking You to release Archangel Raphael and all Your healing angels in heaven. Holy Trinity, I beg You, for the sake of the Most Precious Blood that was shed by Jesus Christ, please release your Holy Angels to come and work upon my life and body. Let your Holy Angels minister to me in various ways during this prayer. Amen. Holy Angel Raphael and all the healing angels of God, I ask for your help and presence. Please, come and touch me by the power of God so that I can be healed. I ask you Holy Angels of God to heal me for the sake of the Holy name of our God who is exalted high above all things. Amen.

#### **Seventh Day**

When Jesus walked upon the earth, multitudes of people were touched by His life and Ministry. His Name became a household word because of the reputation of His miraculous deeds. Everyone was clamouring to be in His meetings because miracles and healings were happening everywhere He went.

Like everyone else, they had heard the stories about Jesus. They had heard of the miracles that followed Him everywhere He went, and they had heard about other lepers that had been cleansed by His touch. They had no other hope for a cure as there was no medicine that could help their terrible plight. They knew if they had any chance at all of having a future it would only come through an encounter with Jesus.

Jesus was on His way to Jerusalem and was passing through a village in the regions of Samaria and Galilee. The ten lepers heard that He was coming. What pressure they must have felt. Here was a potential source of healing, but could it happen for them? Was this going to be a great testimony of victory and healing, or would their hopes be dashed in cruel disappointment?

But, these ten men began to yell out to Jesus, desperately crying "Jesus! Master! Have mercy on us!" When Jesus heard their cries and saw their desperate condition, He

called out to them and told them, "Go show yourselves to the priests" as required in the Old Testament law. They believed and obeyed. The Bible says, "And so it was that as they went, they were cleansed." (Luke 17:14)

Can you imagine what that must have been like for these men when suddenly they began to feel the power of God surging through their bodies and saw new tissue and skin beginning to cover the horrible leprous sores that had covered them? They watched in amazement as their bodies began to be healed and saw the bodies of their nine friends be healed as well! Their lives were being saved. Their families and futures were being restored. Their death sentence from the horrible disease of leprosy was being reversed. Everything in their lives had now changed because of the miracle Jesus had just given them! Or had it?

In verse 15, the Bible says that one of them, a Samaritan, when he saw that he had been healed returned back to Jesus and "with a loud voice glorified God, and fell down on his face at His (Jesus) feet, GIVING HIM THANKS."

Only one of the ten that had received a life-saving miracle returned to give thanksgiving to the One who had just saved his life! Jesus received the praise and gratitude of this man but then asked the questions, "Were there not ten cleansed? But where are the nine? Were there not any

found who returned to give glory to God except this foreigner?' And He said to him, 'Arise, go your way. Your faith has made you well." (Luke 17: 12-19).

# **Healing Session with Jesus**

Mother Mary and the Holy Angels, please I ask you in God's name to assist me as I pray. (Repeat three times with seriousness)

(Now imagine Jesus on the cross covered in His wounds.) Say: Lord Jesus, I need Your help. Please have mercy on me and cure me. (Three times.)

Close your eyes and imagine Jesus still on the cross covered with wounds (for five minutes), thank Him for the sacrifice He has made for you. Tell Him how much you love Him.

# The Lord Is Listening to You Now:

Worship and praise Jesus from the depth of your heart for all that He has done for you.

Sing three worship songs to Him from the depth of your heart.

Continue to thank Him for all He has done, and for the things He will still do.

Lord Jesus Christ, I worship You because You are my Father and my God; the maker of the whole universe. You have heard all I have said and I know that they are settled today. Lord Jesus, let the Holy Spirit begin to flow in my body; from the crown of my head to the sole of my feet for healing. Lord Jesus, please let Your healing power together with Your Precious Blood begin to heal me and cleanse me. Lord Jesus, I beg You, for the sake of Your love, Your mercy, Your Precious Blood and Your Holy name, please cure me, heal me and restore me totally. Lord Jesus, please, never let me remain the way I am. I put all my trust in You, please have mercy on me and heal me. Lord Jesus, please, do not deny me Your mercy and healing. Lord Jesus, remember You said in Your living word in Exodus 23:25 that You will take sickness away from me. Lord Jesus, remember You said in Jeremiah 30:17 that You will restore me to health. Jesus, I believe and hold You to Your word because You can never lie. You are able and capable to heal me, please heal me. Amen.

If it touches your heart, please kindly support us so that we can be able to reach more souls and keep up with the work of evangelization.

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